WRITE YOUR OWN STORY
A Notion workshop for people looking to create their own custom career plan

THIS ENGAGING, INTERACTIVE AND PRACTICAL LEARNING EXPERIENCE WILL PREPARE PARTICIPANTS TO:
— Evaluate their career progress to date, and map the next phase of their journey
— Overcome career development challenges and feel empowered to drive their own career growth

PART 1: MAPPING THE NEXT PHASE IN YOUR CAREER JOURNEY
Participants will:
• Explore different strategies for growth and development
• Reflect on their own career progress to date – identifying personal themes, success factors and challenges
• Identify and evaluate possibilities for what’s next
• Create a career personal map, taking into account career aspirations, relationships and learning opportunities

PART 2: DRIVING YOUR OWN CAREER GROWTH
Participants will:
• Find out what can help – and what can hinder – their career growth
• Learn how to optimize the behaviors, relationships and opportunities that can lead to personal development
• Get practical tips and tools for overcoming career obstacles
• Create an action plan to drive their career growth

WHAT TO EXPECT
During this one-day workshop, participants will discuss career growth and development. Through individual, partner and group exercises, participants will:
• Learn about career development strategies, as well as common career blockers and enablers
• Reflect on their own careers to date and identify new paths for the future
• Practice skills to address career challenges (e.g., asking for feedback, advocating for self, etc.)
• Receive coaching and advice from others
• Make a personal plan for how to get to the next step in their career journey

Upon completion of the workshop, participants will receive self-paced materials and activities that reinforce the key concepts discussed, and help them to further develop their skills.

WHAT WE HEAR
Employees are asking for help.

“I am so busy that it’s easy for me to forget to slow down and take the time to focus on me – where I’d like my career to go and how I’ll get there.”

“Sometimes the more standard or typical career paths don’t inspire me. I think I might want to shape my own path but I’m not sure how to get started.”