LEADING THROUGH CHANGE
A Notion workshop for people managers experiencing change at work

THIS ENGAGING, INTERACTIVE AND PRACTICAL LEARNING EXPERIENCE WILL PREPARE PEOPLE MANAGERS TO:
— Navigate their personal change experience
— Role model change leadership behaviors
— Successfully engage with and support their teams through change

PART 1: LEADING CHANGE FROM THE INSIDE OUT
Participants will:
• Learn the impact change can have on people and organizations
• Discuss why it’s important to understand how individuals react to change
• Explore their role as a change leader
• Start leading change by understanding and managing their personal responses to change

PART 2: LEADING YOUR TEAM THROUGH CHANGE
Participants will:
• Understand how to navigate the change curve
• Identify approaches and language for productive conversations about change
• Create an individual action plan for leading through change

WHAT TO EXPECT
This one-day workshop will teach participants how to engage and support their team members during times of change. During individual, partner and group exercises, participants will:
• Get perspective from change experts and other leaders
• Create connections with peers and learn from their experiences
• Start to use valuable tools that will help them lead change

Upon completion of the workshop, managers will receive self-paced activities that reinforce the key concepts discussed, and help them to further develop their change leadership skills.

What People Are Saying

“It was great to spend some time reflecting and strategizing about all the changes impacting my team. I left with some clear and actionable next steps.”

“Very relevant and insightful. Every leader will take something valuable away from this session.”

For more information, please contact: hello@notionconsulting.com • www.notionconsulting.com