



Finding Pleasure in Work
Working Well
 Luke 12:13-21

Q. HOW DO YOU FIND PLEASURE IN WORK?

Hedonistic Paradox

The way to attain pleasure is not to seek for it, but for something else which when found will have yielded pleasure through the finding. *Dictionary of Philosophy*

Are you pursuing something that will have yielded pleasure through its finding?

What yields pleasure?

- P _____
- E _____
- R _____
- M _____
- A _____

Work

Ecclesiastes 3:9-10, 12-14

What gain do workers have from their toil?

It is God's gift that all should eat and drink and take pleasure in all their toil. (3:13)

Answer: _____ & _____

What are you working for?

Are you glorifying God in how you work?



ENCOUNTER GROUPS

Spiritual Growth Small Groups at Emmanuel Reformed Church

Getting Started

On a scale of 1 to 10, how would you rate the level of “positive emotion” in your life? Explain?

Sunday’s Message

Briefly review the sermon together.

Is there a part of the message you want to discuss?

What stood out to you as worth remembering?

What do you think about the idea of **toil** and **pleasure** coming together at the same time in your day?

How often have you experienced pleasure in toil?

What makes the difference?

We are called to “do good.”

How do you define what “doing good” is?

How does connection with a church family help you and others pursue things which yield pleasure? (review PERMA in view of church)

Going Deeper

Being a slave can be the worst of all worlds. When the Bible was written slavery was common (approx. 1/3 of the population of the Roman Empire), and there is direct advice to slaves who became Christians. Consider these verses, and how they can guide you no matter what your work situation:

Colossians 3:22-24, Ephesians 6:5-7, 1 Peter 2:13-25

How do these verses challenge you?

How do they relate back to “do good” & “do well”?

Application

What part of the work you do in a typical week do you need to start thinking about doing “as to the Lord”?