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**Fundraising Commitment:** $1,000

**Sleep Out: Young Professional Edition**

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**How it works:**

**Before**

With support from Covenant House, meet or exceed a $1,000 minimum fundraising goal.

**During**

Join others in the Covenant House courtyard to spend the night outside so homeless youth don’t have to.

**After**

Go home knowing you helped youth facing homelessness and share your experience with others.

**To Register:** stlouis.ypsleepout.org

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**March 20, 2020**

7pm to 6am

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**About Covenant House Missouri**

We welcome youth, ages 16-24, who are runaway, trafficked, at-risk of, or experiencing homelessness with unconditional love, absolute respect and a place to call home.

www.covenanthousemo.org

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**FOR MORE INFORMATION**

Kirsten Brauch: kbrauch@covenanthousemo.org or 314.450.7701
FAQs

Why do we Sleep Out?
Tonight in St. Louis, 600 unaccompanied youth will sleep in our city streets, abandoned buildings and other dangerous places. Covenant House Missouri provides transformative solutions beyond basic shelter to help youth facing homelessness build independent and sustainable lives.

How do I fundraise for this?
Reach out to family, friends and coworkers to sponsor you – it is as simple as sending a few emails and posting your progress on social media! Covenant House will provide you with an online fundraising page, toolkit, tips and guidance to help you reach your goals.

How does the money I raise help?
You are providing a young person with a safe and stable environment with access to food, clothing, physical and mental health services, and career development programs. You are also raising awareness to the issue of youth homelessness and the solutions surrounding them.

Can I form a team or sponsor the event?
You can create a team, join an existing one, or get your company or business to be a corporate sponsor. Contact us for more information.

When can I begin fundraising?
You can begin fundraise as soon as your sign up at stlouis.ypsleepout.org!

Where will I be sleeping?
Sleepers will sleep in our gated courtyard located at 2727 North Kingshighway near Natural Bridge Road in St. Louis. Safety is our primary concern and security will be provided.

What should I bring?
• Weather-appropriate clothing
• Personal toiletries
• Any medication
• Sleeping bag (optional)
• Camping or folding chair (optional)

What should I leave home?
Please refrain from bringing luxury bedding items, pillows, etc. We recommend that you do not wear valuables.

Can I bring my friends?
Having your friends register and raise funds is encouraged! All guests onsite for the evening must be registered Sleepers who have participated in fundraising efforts.