



# UNITY DINER

Eat, Drink & Make a Difference

**FESTIVE FOOD MENU**





**MOVING  
MOUNTAINS**<sup>®</sup>

 @movingmountainsfoods  
movingmountainsfoods.com

**pigs in blankets**  ..... **6**

our cruelty free twist on traditional pigs in blankets featuring Moving Mountains<sup>®</sup> Plant Based Sausage delicately wrapped in Moving Mountains<sup>®</sup> sliced bacon, served with cranberry sauce

*\*ingredients kindly donated by Moving Mountains<sup>®</sup>*

**100% of purchase price** is being donated directly to Surge Sanctuary for the care of Matilda & her family!



*Thank  
You  
x*



 @thesurgesanctuary  
thesurgesanctuary.org







## SMALL PLATES

**fried corn** ..... 6.50

fried corn smothered in garlic butter & dusted with paprika, served with aioli

**(Gluten-free option available)**

**tofish bites** ..... 7

bite sized tofish battered and fried and served with our legendary tartare sauce

**(Gluten-free option available)**

*not suitable for EGG and MILK allergy sufferers due to manufacturing environment*

**sweet chilli calamari rings** ..... 7

crumbed calamari tossed with fresh chilli, spring onion, and dressed in our own sweet chilli sauce

**pan seared gnocchi** ..... 7.50

delicate gnocchi in a luscious garlic butter infusion, served with our signature gently spiced tomato ambrosia sauce

**sage & garlic pan fried potatoes** 🌿 6.50

new potatoes pan fried in garlic butter and sage until golden, topped with a tempura sage leaf

**cauliflower cheese** 🌿 ..... 9

cauliflower smothered in a rich creamy bechamel, topped with panko breadcrumbs, pumpkin parmesan and baked to perfection

**maple bacon brussel sprouts** 🌿 ..... 8.50

roasted brussel sprouts tossed with bacon lardons and a sticky maple sesame glaze





# LARGE PLATES

**pan seared cod fillet** ..... 17

our award winning vegan cod, pan seared with a crispy skin cooked in a white wine, garlic, dill & butter sauce and served with new potatoes and seasonal greens

*not suitable for EGG and MILK allergy sufferers due to manufacturing environment*

**tofish and chips** ..... 17

our award winning Beer battered Tofish served with mushy peas, chunky chips served with our legendary UD tartare sauce

*not suitable for EGG and MILK allergy sufferers due to manufacturing environment*

**●OMNI pork steak and bacon** ..... 14

seared Omni pork steaks, sauteed garlic tenderstem, sauteed kale, cherry tomatoes, toasted sunflower seeds, crispy bacon drizzled in garlic aioli and dusted with pumpkin seed Parmesan

**club cultured bbq glazed tempeh** ..... 16

bbq glazed tempeh, sautéed in garlic oil, served with paprika dusted Chucky chips, jalapeño slaw and a side of aioli

*(Gluten-free option available)*

**chicken kale caesar salad** ..... 14

massaged kale in our house-made caesar dressing, cherry tomatoes, pumpkin seeds parmesan, croutons & UD shredded chicken

*(Gluten-free option available)*







# BURGERS

## **REDEFINE MEAT** christmas steak burger 16

Redefine steak beef flank in a garlic butter bun, with cranberry sauce, sage and onion stuffing and a charred brussel sprout slaw

## **MOVING MOUNTAINS** festive feast burger 13

Moving Mountains® patty, cranberry sauce, charred sprout slaw, topped with cheese and Moving Mountains® bacon, served in a brioche bun

## **[MOCK]**® chicken burger 13

southern fried [mock] chicken, cheese, crispy bacon, hash brown, caramelised onions, iceberg lettuce, dripping with bbq + aioli & stuffed in a toasted brioche bun

## **[MOCK]**® lamb burger 13

succulent lamb seared to perfection in a rich tomato sauce, nestled in a garlic-butter toasted bun, enhanced with a raita-Inspired sauce and fresh rocket







# FRIES

## **dirty loaded fries**

13

chunky fries loaded with 3 cheeses, eat planted kebab, smothered in UD BBQ sauce, aioli, jalapeño sauce & topped with fresh herbs & crispy onions

(Serves 2)

(Gluten-free option available)

## **chunky fries**

3.50

triple cooked thick cut chips, tossed in rosemary salt  
add aioli for 50p

## **super cheesy fries**

6

triple cooked thick cut chips, smothered in our melty trio of cheese







# 3D STEAKHOUSE

Redefine Meat is only available at a handful of restaurants in London, including here at Unity Diner. Redefine Meat's 3D printed steak has been featured in media across the world due to it's mind-blowing realistic texture and taste. The 'new meat' steak is considered the "holy grail" of the plant-based industry.



**saucés**

- peppercorn
- mushroom

39G OF PROTEIN PER PORTION  
**AVAILABLE NOW**

## **5oz flank steak & chips** ..... **26**

pan fried 3D printed flank steak accompanied with our famous triple cooked chunky chips, buttery garden peas with a sauce of your choice

## **5oz flank steak & potatoes** ..... **26**

prime flank steak presented with velvety confit Jersey potatoes, served by sautéed garlic greens, complemented with a sauce of your choice

## **christmas steak burger** 🌿 ..... **16**

steak beef flank in a garlic butter bun, with cranberry sauce, sage and onion stuffing and a charred brussel sprout slaw







## SWEETS

### ice cream waffles

sweet ice cream waffle loaded with thick rich and outrageously creamy ice cream made with nuts topped with maple syrup, whipped soya cream and freeze dried raspberries

7

add  
bacon &  
chicken  
+4

### salted caramel cake

extremely indulgent chocolate and caramel cake served with "not your honey" comb, chocolate swirls and grated chocolate

7

### black forest cake

gluten free cocoa biscuit base topped with a dark chocolate, cocoa and coconut filling, finished with a chunky sweet cherry compote, soya cream and an indulgent chocolate sauce

7

### sticky toffee pudding

moist sponge cake, made with finely chopped dates served with whipped brandy cream

7.50





# HOT & ICED DRINKS



<b>double espresso</b>	<b>2.50</b>
<b>americano</b>	<b>2.90</b>
<b>flat white</b>	<b>3.75</b>
<b>latte</b>	<b>3.75</b>
<b>cappuccino</b>	<b>3.75</b>
<b>mocha</b>	<b>3.75</b>
<b>matcha latte</b>	<b>3.75</b>
<b>spiced chai latte</b>	<b>3.75</b>
<b>tumeric &amp; honeycomb latte</b>	<b>4</b>
<b>hot chocolate</b>	<b>4</b>
<b>red velvet latte</b>	<b>3.75</b>

**served with oat milk**

*please ask if you wish to have another choice of plant milk - options include **soy, oat, coconut***

**syrops:** **+30p**

hazelnut, honeycomb, pumpkin spice, english toffee, caramel or vanilla

**tea** **2.50**

everyday brew, lemon & ginger, peppermint, jasmine, superfruit, chamomile, earl grey, honeybush & rooibos & green tea





# SOFT DRINKS



## **flavoured lemonade**

**4**

elderflower, passion fruit, peach, pineapple, watermelon, raspberry, mango

## **juice**

**3.50**

orange, apple, pineapple, grapefruit

## **soft drinks**

**3**

cola, diet cola, lemonade

## **water**

**1.50**

still, sparkling





# SIGNATURE MOCKTAILS



**8.50**  
each

## **vegan propaganda ✦✦**

coconut water, green apple, lime, aquafaba

## **piers morgan's tears ✦✦**

0% gin, orange, pea flower, peach, lime, tonic

## **rupert spritz ✦✦**

seedlip grove 42, passion fruit, mango, lemon, elderflower kombucha

## **me and ewe ✦✦**

seedlip grove 42, orgeat, blueberry, espresso

## **golden spiced mojito ✦✦**

0% golden spiced sprit, mint, lime, sugar, soda

## **surge 75 ✦✦**

0% gin, lemon, sugar, elderflower kombucha





# SIGNATURE COCKTAILS



11  
each

## **vegan propaganda 2.0** ✨

coconut rum, melon liqueur,  
lime juice, aquafaba

## **piers morgan's tears** ✨

gin, cointreau, pea flower, peach, lime, tonic

## **roo's fizz** 🌿

congnac, mulled syrup, bitters & prosecco

## **queenie** ✨

spiced rum, cynar, pineapple, lime, aquafaba

## **unity negroni** ✨

cynar, gin, vermouth, orange slice





# CLASSIC COCKTAILS



**9.50  
each**

## **old fashioned**

bourbon, bitters, sugar, orange twist

## **espresso martini**

vodka, coffee liqueur, espresso

## **pina colada**

rum, pineapple, coconut, lime

## **whiskey sour**

bourbon, lemon, sugar, aquafaba

## **margarita** (make it spicy)

tequila, lime, cointreau

## **mojito**

rum, mint, lime, sugar, soda

## **porn star martini**

vanilla vodka, passion fruit liqueur, passion fruit puree,  
lime, vanilla, prosecco

## **mimosa**

prosecco, orange juice



THE FUTURE IS  
V·E·G·A·N



# WINE



**wild thing merlot**

**wild thing sauvignon blanc**

**wild thing rosé**

by buying wild thing wine you support the born free foundation, a charity working worldwide to save the lives of wild & endangered animals

6  
125ml

6.75  
175ml

7.75  
250ml

24  
bottle

## BUBBLES

**wild thing prosecco**

125ml **6.50**

bottle **24**

**champagne**

bottle **45**

## ORGANIC KOMBUCHA

WINE-STYLE

**rose blush**

**white**

glass **5**

bottle **16**



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# BOTTLES



## **tidal save session IPA**

**5.50**

bombardment of citrus flavours with American hops and a strong malt base

## **two degrees craft lager**

**5.50**

unfiltered pale lager made with british malt, crisp and refreshing, grassy, piney hints & well balanced sweetness

THIS BEER FIGHTS CLIMATE CHANGE

2.5% of the sales of this lager beer goes to support Soil association UK and The Climate Coalition via Work for Good

## **corona extra beer**

**4.50**

## **lucky saint alcohol-free beer**

**5**

## **CIDER**

### **unity pear & nettle**

**5.50**

pear cider infused with nettle & elderflower  
a harmonious medium sweet floral taste

### **henderson's**

**5.50**

a rustic yet refined traditional cider, bursting with a taste of fresh rhubarb

### **yowler**

**5.50**

dark & fruity sparkling apple cider

## **DRAUGHT**

### **posh lager**

1/2 pint **3.50**

a crispyboi classic - All British Lager.

pint **6.25**

the premium craft brew from

Forest Road brewery



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# UNITY DINER



*Please see your server to order*

## PLEASE NOTE

*12.5% discretionary service charge is added to your bill. Currently this is split between our lovely staff and also goes towards Surge Sanctuary + our operational costs from recovering from the pandemic.*

## ALLERGY NOTICE

If you have an allergy it is essential we are made aware of it before you order, please always ensure that you speak to your server.

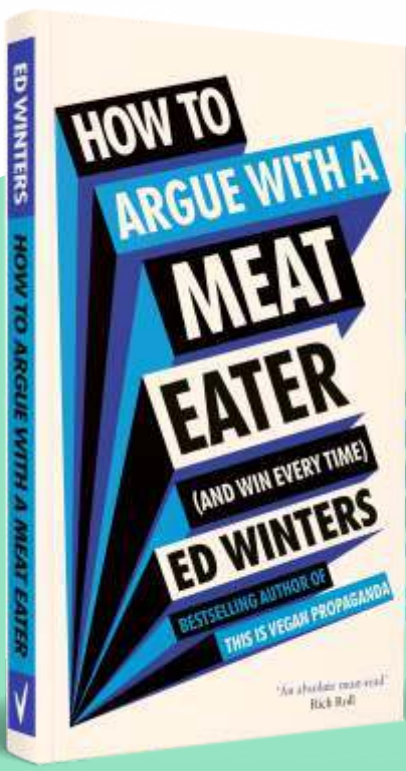
If the allergy is life threatening you must be carrying an EPI pen and liaise with our manager. You should only order from the allergen menu but still be aware that there is still a risk of cross contamination.

We take all reasonable precautions to prevent cross contamination in the kitchen but we do not have a dedicated preparation area in our kitchen/bar for nut-free or gluten-free food.

Our products are 100% plant-based and vegan but some are manufactured in a facility that handles whey protein (milk) and we are unable to guarantee the absence of this allergen, or any others, such as nuts, in our menu.

**Please inform us if you have any allergens  
or intolerances when you place your order!**





Out December 28th  
Hardback Version

## Ed Winter's new book

*How to Argue With a Meat Eater will teach you to not only become a skilled debater, sharing the secrets of renowned vegan educator Ed Winters, but it will arm you with powerful facts and insights that will give pause to even the most devout meat eater.*



Pre-order now at  
[howtoarguewithameateater.com](http://howtoarguewithameateater.com)  
or scan the QR code!



## This is Vegan Propaganda

*"This is vegan propaganda and other lies the meat industry tells you"*

Available to buy from your server

**£14.99**



@tallys\_art



*@TALLYS\_ART has collaborated with SURGE Sanctuary to create a painting of some of the beautiful residents who live there, free from harm.*

*All prints are packaged in eco-friendly packaging and each sale supports the artist and Surge Sanctuary.*

**A3 Fine Art Prints**

**Unframed £25**

**Framed £35**

Available to buy from your server

## Vegan Tee shirts by @tallys\_art

Limited stock and sizes available

**£25 each**





UNITY  
DINER



FROM ALL OUR TEAM  
*Thank You*  
x

*Thank you so much for choosing to eat at Unity Diner and for supporting our mission of creating a more compassionate world for animals.*

*The profits from Unity Diner support the running costs of an 18 acre animal sanctuary here in the UK that is home to over 150 rescued animals, including **Eric, Matilda!***

SURGE SANCTUARY CIC. Registered non-profit organisation | 13091185  
www.surgesanctuary.org | hello@surgesanctuary.org

 @thesurgesanctuary



## DONATE TO THE ANIMALS FOR FREE

*Sign up and donate a free dollar to Surge Sanctuary*

**abillion**  
Social media for social good

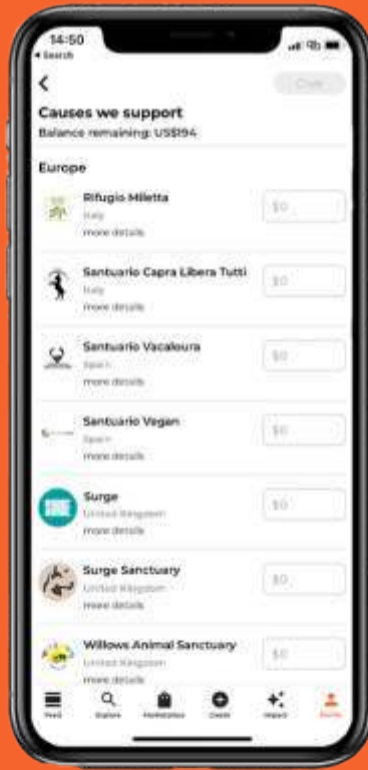


[qrco.de/bdEbYW](https://qrco.de/bdEbYW)

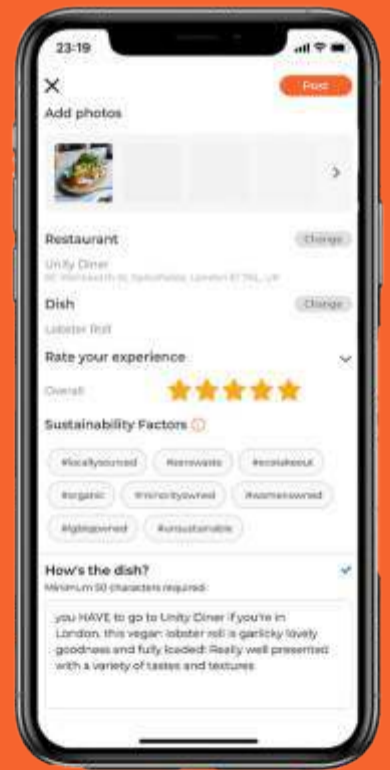
Use invite code  
**EARTHLINGED**  
& receive a dollar  
to donate to  
Surge Sanctuary



1. Download the abillion app via QR code and create your profile



2. Go to the "impact" page and donate your dollar for free



3. Review any vegan meal or product for more free Dollars to donate.

**Why not review your unity dishes for more \$ to donate!**