INFORMATION & APPLICATIONS

**Designed for Students** -
- Ages 17-22, with a developmental disability or autism spectrum disorder.
- Considering attending college in the near future, or already attending.
- Who are diploma bound.

**Cost Includes** -
- Housing for 5 nights, all meals, activities, and program materials.
- Participants are responsible for transportation to and from USD and their own spending money.
- Needs based scholarships are available.

For more information, application materials, and deadlines, contact:

(858) 565-9870 ext. 201
davidd@optionsforall.org
Or visit
www.optionsforall.org

“*The program gave our son the opportunity to learn skills he would need to be successful on a college campus and to some extent in the work force and life.*”

*Jody C., Parent*

“*I had a lot of fun learning what college will be like. I learned about making new friends, being responsible, and taking care of myself. I am not as afraid of going to college as before.*”

*David D., Participant*
Experience….

- All that college life has to offer
- 6 days & 5 nights living on the beautiful campus of University of San Diego
- Classes & activities conducted by educational, community, & student life experts.

Project College is specially designed by the University of San Diego, the Invisible Disability Project, Options For All and the State Council on Developmental Disabilities - San Diego/ Imperial Office.

Join us this Summer!

Mission
To support youth with disabilities in an actual college experience that will inspire and prepare them for ongoing postsecondary opportunities.

Academic Achievement
Discover how to be successful in college classes
- Experience college level classes.
- Learn study strategies, time management and organizational skills
- Develop accommodation awareness

Campus Connections
Experience the many ways college can be the best years of your life
- Explore residential life
- Engage in student life activities
- Network with new people

Healthy Lifestyles
Develop a foundation for managing your health and wellness
- Explore coping strategies and resources
- Learn stress management techniques
- Develop personal safety awareness

New Perspectives
Dispel the myth that post secondary education is out of reach
- Build self confidence
- Learn to speak up for yourself
- Identify life goals