TTS Independent Evaluation Results

This 15-month independent study in Detroit Head Start focused on reducing the family exposure to 18 social determinants using a client self-reporting Likert scale for pre and post study reporting.

This study was completed with no new funding other than research and evaluation. Existing staffing (parent educators) and training budgets were used to implement Transition To Success in Head Start for this study.

Results of this independent evaluation indicate statistically significant improvement in 14 of 18 social determinant domains, including but not limited to income, employment, medication compliance, healthcare, education, transportation and financial management.
This 12-month independent evaluation of Transition To Success was completed at FSDWC, an outpatient, behavioral health, Medicaid Clinic in Detroit. Other than research and evaluation there was no additional funding for staffing and TTS training was accomplished within the existing training budget. In this study Master level, State of Michigan licensed therapists were trained in TTS, integrating social determinant screening and care management into the therapeutic response.

With an average length of stay of 6 outpatient visits clients reported statistically significant improvement in 8 of 18 domains, including but not limited to income, employment, food and mental health. All services provided were reimbursed by Medicaid at a cost of less than $600.00 to the insurer.
SAS Services, LLC (SAS) was contracted by Child and Family Service and Goodwill Hawaiʻi to evaluate the pilot implementation of Transition-To-Success (TTS) model on Maui and Kauaʻi.

**Head Start - Kauai, Hawaii**

This 20-month independent evaluation of Head Start Kauai focused on reducing family exposure to the social determinants of health and was accomplished with no new funding other than research and evaluation. Using a client self-reporting Likert scale, for pre and post scoring Head Start parents reported statistically significant improvement in 9 of 18 domains, including but not limited to shelter, employment, income, mental health and financial management.

**Neighborhood Place - Maui, Hawaii**

This 20-month independent evaluation of a human service provider in Maui was focused on reducing individuals and family's exposure to the social determinants of health. With the exception of research and evaluation results were accomplished within existing funding streams. Using the Arizona Self Sufficiency Matrix, a client self-reporting tool, using a Likert scale with pre and post scoring, clients reported statistically significant change in 12 of 18 social determinant categories including but not limited to employment, food, transportation. Of note is the statistically significant decrease in adult education. This decrease corresponds with an increase in employment, indicating a childcare service gap for working parents. Also of note is a statistically significant increase in the reporting of substance abuse concerns. This increase reflects a higher level of trust and willingness to identify and address these concerns.

**Statewide - Hawaii**

This 20-month independent evaluation of CFS statewide programs was focused on reducing individually and family's exposure to 18 social determinants. With the exception of research and evaluation, results were accomplished within existing staffing and training budgets. Using the Arizona Self Sufficiency Matrix, a Likert scale client self-reporting tool, clients reported statistically significant improvement in 11 of 18 Social Determinant domains including but not limited to, employment, food, transportation, mental health and financial management. Of note the increased reporting of substance abuse issues reflects the clients increased level of comfort and trust addressing their substance use concerns.