Maria, a parent, noticed too many sugary foods in her child’s school breakfast. She also learned that students wanted more fresh fruit.

After these changes were made, more students participated in breakfast.

Parents and students at Maria’s child’s school led a campaign to call elected officials. They wanted to help change school breakfast for all kids.

The state passed laws to lower sugar in school meals and to increase fresh fruit.

As a result of these changes, meal participation increased, with benefits throughout the community.