

My Role Models

People we admire and what we admire about them	What they would do or say when times get tough	What I/we can do or say when times get tough [list specific situations, challenges, or common distractions]
<i>Example: Mom</i>	<i>Example: She's so good at solving problems and moving one step at a time. She always says, "One step at a time!"</i>	<i>Example: When I have a hard time with my next math assignment, I'll solve it one problem at a time, and I'll ask mom for help if I need it.</i>