SOCIAL ENGAGEMENT: A Key Ingredient to Well-Being for Older Adults

Staying Connected Helps Older Adults Stay Healthy

The Number of Older Adults is Increasing

- 2018: 49 million
- 2030: 78 million

13.8 million Older Adults Live Alone

Social isolation leads to increased rates of heart disease, depression and many other medical conditions.

Social isolation costs Medicare $6.7 billion every year.

Contact us to learn how you can get engAGED in your community!
www.engagingolderadults.org