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What is the Area 45 Newsletter?

The Newsletter Committee is responsible for producing a quarterly online newsletter called The Fourth Dimension. This newsletter carries information about Area 45 events and provides a format for exchange of information. It includes Area Assembly and Committee meeting minutes, agenda items for the next Assembly meeting, directions to the next meeting and a listing of Area events.

For the 2022 Area 45 Handbook Click HERE
The Northeast Regional Alcoholics Anonymous Service Assembly is a weekend of Panel Presentations and Floor Discussions on Issues Affecting A.A. Today; the Northeast Regional Trustee’s Report; Saturday Dinner followed by an A.A. Speaker Meeting. In addition, there are several Round Table Sharing Sessions throughout the weekend. They include (but are not limited to): General Service Representatives (GSR’s), District Committee Members (DCM’s), Archives, Cooperation With The Professional Community (CPC), Public Information (PI), Correctional & Treatment Facilities (CTF), Grapevine, Area/Panel Officers, Central Office/Intergroups, Website, Alternate & Area Delegates.

Personal Experiences from NERAASA 2022

This year was my first time at NERAASA. I’ve been in the District level of service about 6 years now. I have always heard good things about NERAASA. It was described to me as an intensive service weekend oriented to your position in service. And that’s what it was! It exceeded my expectations. I got to meet and share ideas with other DCMs and a bunch of others in service. I got to enjoy in some great fellowship to and from the convention on our 5-hour drive. I got to visit the Steel City and go out one night and visit a little pub for a burger. Some of the takeaways I got were:
1) How other Districts are different from ours. Some have their own websites others use Facebook private groups. 2) I got a few ideas for workshops 3) the importance of the Alt chair 4) As DCM I kind of get to be the cheerleader for service. Just to name a few.

The memorable moments for me were when our Delegate Ken brought the NJ flag into the banquet. Also, the Business Meeting after dinner. The Northeast regional trustee report. I also got to talk with Francis a little. One thing that didn’t really disappoint me but shocked me a little (which it probably shouldn’t have because I’ve been in AA a few 24s) was a lot of passion for what happened at last year’s Conference. Along the lines of the preamble rewording. And the passion for what could and should happen with the Renumbering and rewording to be discussed this year.

Overall NERASSA gets a 5 out of 5 from me. I’d recommend it to anyone interested in service.

Pat M. DCM, District 3

My name is Phil and I’m an alcoholic. I am grateful to serve you as the Treasurer for Area 45 Panel 72. In 2021, I participated in a virtual NERAASA, however my involvement was limited then to the two nighttime “Roundtable” sessions for Treasurers and Budget/Finance service leaders. This past February (2022) I travelled to Pittsburgh, PA for my first in-person NERAASA.

If I had to sum up my impression of the weekend in one word, I would choose “Stimulating”. The general format of most sessions included 3 panelists sharing a perspective on a topic of relevance for the April 2022 General Service Conference. The panelists would take turns sharing their own perspectives and/or responding to points made by the panelists. As I think back to my experience of the weekend, I can describe what was going on between my ears like this: First, I was allowing myself to simply listen to the issues and the proposed action items, so I could understand what was being proposed. Second, I was allowing myself to have a “gut reaction”. I was giving myself permission to have an opinion. Third, I tried to open my heart and my mind and listen to (and allow) the words of AAs in the room to shift my opinion, open my mind, and open windows of experience that I (one person) can’t open on my own.

When individual AAs start engaging with and considering items that concern AA as a whole, it’s like changes to AA literature for me, I believe the greatest challenge is to look through the lens of “What’s best for AA as a whole?” Separate from the issues themselves, what I found and felt very deeply was this desire by individual AAs to work through and articulate what they believe to be “at the heart of”, and inseparable from, their own recovery from a hopeless state of mind and body. Each AA has their own unique experience and path, hopefully leading from misery to joy; a life story that parallels our fellow AAs at times, and also veers off into unique personal experiences. We are encouraged to view our particular path to the present day as “the only way I could have gotten sober”. It’s a challenging and scary leap to consider, and then form opinions on, any change to the AA program, because AA (and the Higher Power I rediscovered here) gave me the life I have today.

At NERAASA 2022, I started to more truly feel, and understand, the unifying power of “What’s best for AA as a whole?” I’ll take the advice of my first sponsor and “Keep Going”. Phil K., Area 45 Treasurer
The only thing I knew about NERASSA before registering is that it is a yearly event attended by AAs involved in General Service. I did not know what to expect. I attended with the attitude that whatever I learned and experienced would, I hope, make me a better DCM. When registering for the assembly and reading some of the material online at “https://www.neraasa.org/” I did begin to understand that this gathering is concerned with the business of AA and issues to be discussed at the upcoming General Service Conference.

It was a very busy weekend. The heart of the weekend for me was in the panel presentations and the DCM roundtable sessions. There were six panel presentations on current issues within the fellowship. Each of the six panels had a moderator, a timer, and three presenters. I was impressed by how well prepared most of the presenters were. They had to look at each issue from all sides, regardless of their personal views. After each panel made its presentations, anyone in attendance could express their views on the topic. The sessions were well run. A lot of information was offered by the presenters. I sometimes found it overwhelming.

I also attended two DCM (District Committee Member) Roundtable sessions. Not surprisingly, I heard from other DCMs that are facing the same challenges as we are in Area 45 (and in my home district, District 18 in Cape May County). For example, how do we get more AAs and AA groups to elect GSRs and get involved in service at the district level? Some districts had challenges I never considered. For example, a district of 60+ groups that was considering a split to make the numbers more manageable. And, a district so large geographically that it takes over three hours to drive across.

One of the host committee members (from Area 60, Western Pennsylvania) said on Friday night that past NERASSAs were a place where she “recharged her spiritual batteries”. I confess that at the beginning I did not expect my spiritual batteries to be recharged at this type of event. I am pleased to say that I was pleasantly mistaken. It was a spiritual experience to gather with other AAs and discuss issues facing the fellowship. We did not always agree with each other. However, in general there was a spirit of love and tolerance and the willingness to listen to the other person’s point of view. One of the panel moderators emphasized the importance of communicating proposed changes to the fellowship as a whole. He stated, “Whether you are for or against the proposed changes, the issue is communication.” There is no doubt in my mind that all who attended want what is best for AA as a whole regardless of whether or not we agreed with one another.

I would recommend that anyone active in General Service attend a NERASAASSA in the future. I have already recommended that our district send our Alternate DCM or a GSR next year.

Paul H. DCM, District 18
Our 2022 Mini-Conference

What is the Mini-Conference? The Area 45 Mini-Conference connects the AA member and their home group to the collective conscience of our whole Fellowship. General Service Conference Agenda Items are discussed and voted on at this Conference. The purpose of the Mini-Conference is to provide the Area Delegate with Area 45’s collective conscience on these agenda items prior to attending the General Service Conference.

I have attended mini conferences before. It was really interesting to hear how other groups discussed the changes and the reasons behind why they did or did not make the changes brought up some points that I didn’t even think about before. That was my favorite part listening to other people’s experiences. I would definitely go back and bring more people. I also appreciated how well run the day went staying pretty close to time schedule and having it hybrid seemed to work very well. Justine D., BYOB Bordentown

My name is Kelly and I’m an alcoholic. I currently serve as the Area 45 Newsletter Chair.

I recently attended our Area 45 Mini-Conference on April 3rd. I have attended quite a few of these since getting sober and getting involved in general service, which for me fortunately occurred simultaneously.

I rode down to attend the Mini Conference in person with a couple of AA friends. I had not attended a “live” Area 45 function since February 2020 so I was really excited to 1) get to spend an hour each way having those lovely pre and post meetings in the car and 2) be able to see (and hug!) so many friends that I have known predominantly through Area service.

One expectation that I am sorry to say I had (and shared with my friends on the ride down) was my concern that we would be covering Agenda items that have notoriously been “hot topics”. I wasn’t sure how they would be handled, and I was fearful that trying to discuss them with my fellow AAs, all who have their own opinions, experiences and viewpoints, would result in anger, negativity, and divisiveness.

While I cannot say that folks at my table were not passionate or always agreed, all were respectful and truly listened to one another. I especially treasured those special moments when I thought I felt one way, then heard what someone else had to say, and it totally changed how I felt. I witnessed the same in the others around me and I dare call them true moments of grace.

Gratitude to our Past Delegates Jimmy, S., Fred E., Joe O., Andrew L., and Rich H. for leading the way. I was likewise so impressed with just how effective the Hybrid aspect of the gathering was at beautifully integrating folks online with those physically present (kudos to our newly established Virtual Tech Committee!). As a result, this year’s Mini-Conference was one of (if not THE) most well attended Mini-Conferences in recent Area 45 history. It was reported that we had 63 participants on-line + 62 in-person = 125 people in attendance.

My heartfelt thanks to all who were involved in making the Mini-Conference the success that it was, and my very best to our Delegate Ken T. as he represents the conscience of Area 45 and the interest of AA as a whole at this year’s General Service Conference.

Kelly W. Area 45 Newsletter
My First Convention Experience

Jen G., 57th Convention Chair

In March of 2004, I was 30 days sober. I had a small group of friends that were raving about some convention that I must go to with them. Three women offered for me to stay in their room for the weekend and as scared and nervous as I was, I said yes. It was one of the best decisions I ever made.

Saturday night was the “big” meeting. Prior to that, a group of us went to dinner where alcohol was served. It didn’t bother me until the drinking crowd filtered in. I had such a terrible reaction to watching others drink and my best friend at the time noticed. I said to her “Please get me out of here!” After going back to the hotel, I wanted nothing to do with any of the convention. I was angry, confused and defiant. A kind soul noticed my demeanor and let me sit in the back. I returned to my group in the crowd, and they started the sobriety countdown. The greatest feeling in the world was to be able to stand for 30 days sober and I realized I was right where I belonged.

That was one of my best memories. Another is sitting up talking all night, drinking coffee, going to marathon meetings. It was the beginning of me starting to trust AA and the people in it.

I learned from that first convention that I truly belong here in AA. Listening to the amazing speakers, the laughter and Fellowship helped me to accept that I am an alcoholic and powerless over it and I am not the only one. People from all walks of life, all ages and at different points in their sobriety.

Since that first convention, I have not missed one. I joined the committee at some point and continued to give back what was so freely given to me. I’ve made lifelong friendships by attending each convention. I’ve laughed and cried and had very real spiritual experiences thanks to working the convention and attending each year.

It is an experience that no one should miss. You’re bound to take something with you from the whole convention experience. Whether it’s attending marathon meetings, speaker meetings, workshops and of course the entertainment. You get a front row seat to watching hundreds of alcoholics having a great time without drinking and knowing that you are not alone....ever!!

The AA Grapevine Half-Hour Variety Hour

Our new podcast, the AA Grapevine Half-Hour Variety Hour can be heard anywhere you listen to podcasts. We release a new episode every Monday. Tune in to hear funny, poignant, and always inspiring “meeting after the meeting” conversation about getting sober and staying sober in Alcoholics Anonymous.

Click HERE
I remember some of the first words my sponsor said to me were “don’t tell me how grateful you are, show me.” I was told gratitude was an action word and so it has been with me. I learned very early on that I would never be able to pay back what Alcoholics Anonymous has given to me. AA is the only place where the more you give back or pay into, the more you owe. I was about 9-10 months sober serving as the groups Grapevine Rep. when our Intergroup rep quit. We held a third legacy election, with my name being placed on the ballot by one of the group members. I won. I went to my first Intergroup meet in Audubon on the WHP. They were arguing about some extra money and who should get it. Emotions were running high, as well as the voices. I fell in love with it. Not the arguing, but the love for our fellowship that was on display. I realized everyone in that room loved AA, they just had a different way of expressing it. I joined several committees and took my place on the firing line of AA. One year later I had the privilege of being elected the GSR. Again, walking into the assembly, they were arguing about extra money from the convention, and who should get it, Corrections, CPC, or PI. Once again, I fell in love with it for the same reasons. Once again, I joined several committees. I served both Intergroup and Area at the same time, Unity chair for Intergroup, and Workshop chair for the Area. Each service position enhanced my sobriety. Service allowed me to do things I would not normally do, go places I would not normally go, and meet people I would have not normally met. That was just the beginning of my journey. From there I had positions of responsibility and accountability. I served as the Chair for Intergroup, providing leadership and guidance to the committee members and the Intergroup reps. As we served the groups and provided group services. Then I had the privilege of serving in General services as the Chair of the Area. A huge responsibility. Sometimes it seemed I was the only person on an island, having to make unpopular decisions, disagreeing with friends and fellow panel members, trying to do what was best for AA and not ourselves. I got the opportunity to serve as the Area Treasurer and learn how AA works, how the 7th tradition monies carry the message. I learned how some groups seemed to be contributing almost ¼ of the budget and other groups contribute nothing, but both received the same access and services, the same representation. You trusted me to carry your voice to New York by electing me to be serve as you Panel 58 Delegate to the General service Conference on the Finance committee. (2008-2009). I was the 30th person from Area 45 to serve. I got to experience something that was beyond my wildest dreams. An alcoholic, drug addict from North Philly, standing on the floor to the General Service Conference preparing to have my name called and being seated as the Delegate for Area 45. All this was possible because I was told to put my gratitude into action. Saying yes to service and giving of myself freely and following those who had already journeyed along the path. I’m still in service today. I serve without a title. I make coffee, I sponsor, I service sponsor, I co-host meetings, I take speaking commitments, but most importantly, I cheer on those who are on the firing line of AA making sure that AA stays whole. I encourage the newcomers so they will keep coming back. Thank you for trusting me to serve our great fellowship. I’m sure I’ll greet some of you in the rooms and some at our service events.

Yours in love and service, Fred E.
Fresh from the 2022 Area 45 convention! Many thanks go out to all involved in this historic event. The Archives Committee had a great time and had a chance to "show off" the great variety of items kept in Archival storage. Many visitors from first time convention attendees to seasoned Long-timers spent time in the comfortable confines of the Longport boardroom. I am especially grateful for the company of past Delegate Joe O. and current Registrar George H., as they supported and kept company throughout the weekend.

Debuting this weekend was the PowerPoint presentation of The History of Area 45 in AA. A twenty-one-slide visual document was on a fifteen minute loop and played throughout the convention. Several attendees took time to view the entire loop, including Barefoot Bill, the taper. The next scheduled showing of this PowerPoint is at a workshop being presented by District 18. The Archives committee will be doing a presentation as part of a workshop on the founding and growth of Area 45. Occurring Saturday, April 30, 2022, 10am-3pm. At the Sea Isle City Community Lodge. If you miss this event, don’t despair. The Archives Committee is available to do displays and presentations upon your reasonable request and our availability. Contact the committee at archives@snjaa.org.

Now it’s story time! "The Mystery of the Unmarked Box" About two or three years ago Rob, the former Archives Chair was working hard at organizing the Archives storage locker. It was packed full and in disarray. He and I came upon a large, unmarked and tightly sealed wooden crate. Rob took out his pocketknife and using the screwdriver attachment opened the crate. We quickly discovered a time capsule from about 2013. It was quickly resealed and forgotten as we both had more pressing duties. A couple of years later Rob resigned as Archives Chair, leaving me in that position. I set about continuing the work Rob had started and began investigating the history of Area 45 in AA. During an informal conversation about Area 45 history, former Delegate, Andrew L. said, "you have The Egg don’t you?" This, I discovered was the time capsule opened by Rob and myself. There would be history, but was it time to uncover it? Going back to Andrew L., we found out what we could. At the time "The Egg" was put together Jimmy R. was the Archives Chair. I was able to contact him. He told me that the time capsule was developed for the 2014 Area 45 convention and was to be opened at a future convention to celebrate the 100th anniversary of AA. Jimmy was pleased to know that the time capsule still existed. He believed that it had been lost in the movement of the Archives from one storage locker to another. There was a list of contents and instructions attached on the outside. These are lost. The time capsule (known as "The Egg") is sealed and resides in the current storage locker. It is marked "time capsule 2013". More permanent markings will be put on "The Egg" and it will be left for future Area 45 historians to uncover. If any of you reading this story can enlighten me more, please contact me and have your say.

Yours in service,
Roy C. Archives Chair, Area 45, Panel 72
What’s happening in Area 45?

Area 45 Spring Assembly
HYBRID

May 15, 2022
Elmer Grange
535 Daretown Rd, Elmer, NJ 08318
ID: 444 7455 2253
PW: May45

8:30 am Registration begins
8:45 am DCM/GSR Orientation
10:00 am Assembly
Committee Meeting to follow

In conjunction with Area 45 Corrections Committee

YOU HAVE TO GIVE IT AWAY

Central Jersey Intergroup Corrections Committee is sponsoring an Application Workshop
Date: May 21, 2022
Time: 1:30-3:30
Place: First Presbyterian Church
320 North Main Street
Hightstown, NJ

After a short film and speakers we will fill out applications. Pizza and beverages will be served.

Celebrate Founder’s Day
With District 3

Please join us on June 11th at St Mary’s Guild Hall
Corner of W Broad & Talbot
3pm

Area 45 Archives Presentation
Followed by 2 Local Speakers
AND a POTLUCK DINNER

UNITY RECOVERY SERVICE

FUN IN SOBRIETY

…I love AA.

Features 50-plus inspiring stories
by members of Alcoholics Anonymous about the many ways they’ve learned to have a good time after putting down the drink. Available in English.
The Winter Assembly was held virtually on February 20, 2021 in New Jersey.

GSR/DCM orientation was held at 8:45 AM.

The Assembly Meeting opened with the Serenity Prayer followed by the A.A. Anonymity Statement.

Special Election for Area 45 Secretary

Tanya, Policy Chairperson, read the Anonymity Statement before the Special Election and Assembly:

There may be some here who are not familiar with our Tradition of personal anonymity at the media level.

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.”

We respectfully ask that A.A. speakers and A.A. members not be photographed, videoed, or identified by full name on all media platforms or in any published reports of our meetings, including those reports on public media platforms. The assurance of anonymity is essential in our efforts to help other problem drinkers who may wish to share our recovery program with us. And our Tradition of anonymity reminds us that A.A. principles come before personalities.

Roll Call was done by Rich H, Immediate Past Delegate.

Tanya read the eligibility:

Those eligible to vote for Elections are: Delegate, Alternate Delegate, Chairperson, Treasurer, Secretary, Registrar, DCMs, GSRs and Section Leaders. Alternate DCMs and GSRs are eligible to vote only when the DCM or GSR is not present.

Tanya D read the job description for Area 45 Secretary.

Panel 72 Secretary is now Jean W

Anniversary since the last Assembly

There were 20 people who celebrated an annual anniversary with 325 years combined sobriety.

New to the Assembly

There were 33 new service position holders at the Assembly - 18 GSRs, 1 Alt-GSR, 10 DCMs, 2 Alt-DCMs and 2 unclear positions.

Intergroup Chair Reports:

Cape Atlantic

Good afternoon, everyone my name is Damon and I am an Alcoholic. My home-group is Good Morning Ocean City North and I am the Chairperson for Cape Atlantic Intergroup. We have a new meeting location at Christ Episcopal Church in Somers Point and our business meeting is the 3rd Wednesday of each month starting at 7:30 pm. We have a hybrid meeting format to provide accessibility for intergroup reps and anyone else who may want to attend our meetings. We have had a lot of participation and great attendance the past two meetings and will continue an outreach program to get more groups involved.

In our first two months our transition has been seamless due to the efforts of our previous panel. Our focus is to follow the traditions and concepts while carrying the message to the alcoholic who still suffers.

Dawn I, our vice chairperson will be attending NERRASSA next weekend as a representative of CAIG. She is very excited to go and looking forward to the panels and discussions.
We are very thankful for the 7th Tradition Group Contributions which allow us to operate without tapping into our prudent reserves.

Our website Chairperson, Carolyn M, has jumped right in and continues to update and enhance our website, making information about meeting, events, and announcements readily available.

We have a tentative date for our annual Waves Roundup for December 2 – 4, 2022 and location has not been finalized but 95% sure it will be held at the Showboat in Atlantic City.

I would like to end with this: The Gift of Desperation brought me to a Group of Drunks who showed me Good Orderly Direction which led me to GOD and for that I am Grateful.

Yours in Service

Central Jersey
No Report

South Jersey
South Jersey Intergroup held its elections in December 2021 for the 2022-2023 panel. We're excited to welcome the members into their new positions.

We have also appointed new committee chair members but we still have some vacant positions which need to be filled. We look forward to serving the groups of South Jersey for the next two years.

DCM and Section Leader Reports:

Section 1
Leader position – Vacant

District 3
District 3 ended 2021 & started off 2022 trying to meet in-person again. But due to rising numbers and some people getting sick in January we voted to resume virtual monthly meetings on the second Thursday of each month at 7pm.
We got the meeting time and date changed on the SNJAA calendar
We have a regular attendance of about 6 GSRs Most of which have a district position
As of February 10th we had a bank balance of $705.36
In January we voted to get out to some of the meetings in our District and get group contacts to pass along to the area registrar (hopefully drum up a GSR or 2)
I was able to attend the section one section leader election
I will be attending NERAASA next weekend
We have also started thinking about our first workshop of the year.

District 4 - Vacant

Districts 22 & 23
No Report

District 24

We are reaching out to all groups to get more GSR participation. We meet the third Monday of the month at 7pm. we are going back to meeting live in April.
We are looking for opportunities to work with other districts to hold events.
We will be hosting our annual picnic again sometime is August or September.

District 25

District 30 & 31 - Vacant

Section II
No Report

Districts: 5, 6, 7 - Vacant

District 8

District 8 meetings are held the second Tuesday of the month @ 6pm at the Trinity Episcopal Church in Moorestown.
We have (8) groups in our district and out of those groups we currently have had only (3) GSR’s, (1) Alt GSR, and (2) non-voting group representatives in attendance at each of the two meetings thus far in 2022. Maple Shade Tuesday night group, Masonville group, and the Moorestown Spiritual Sunday night group. Our previous DCM Frank M has remained on at the district level as the district secretary, with Tim A (Masonville) as Alt DCM, and Frank B (Moorestown Spiritual) as treasurer, who reports a current balance of $915.04 as of 2/8/2022 (our last district meeting). We continue to reach out to the groups in our district and will soon be adding a newly elected GSR from Moorestown Men’s, and are waiting for Moorestown Barber group to elect a representative. Several groups in our district show no interest in participating at the district level due to lack of steady group member attendance at their meetings. I have reached out to other DCM’s in the Area to coordinate workshops, events, and other activities in the spring after the convention to attract more participation from the members. Several districts have expressed interest in workshops and gatherings to promote fellowship amongst the districts and I put my contact information for everyone in the chat box during the Winter Assembly and will continue to reach out via the committee members and SNJAA website. District 8 has also made available (4) sponsorships to the AA Convention for those needing assistance to attend the convention. Respectfully submitted.

District 9

I’m happy to serve as District 9’s DCM and Treasurer. We are re-launching District 9 after a faltering during the pandemic. There wasn’t much to report during that time. We are reaching out to our Groups, and look forward to increased participation as the year progresses. District 9 has $743 in its coffers.

Thanks for the opportunity to be of service.

Peace.

District 10

No Report

District 26

Hello, my name is Lisa and I’m an alcoholic. I recently got elected as the DCM for District 26. District 26 has recently had a rotation of service positions. Myself as DCM and Maureen D as treasurer.

Many of the meetings in our district have returned to in person. There are a few that remain virtual and some that are hybrid. Our meeting is the 2nd Wednesday of each month at Logan Presbyterian Church in Audubon, hybrid for now.

Treasury balance $2,239.55

I want to thank Pam A for her service as the DCM. She was a great asset to our district and kept our monthly meetings going during the uncertainty of the past year. And thank you to Stanley C for his service as district treasurer.

We are in the planning stages of an in-person workshop in the future. Also plan to reach out to other districts for possible combined workshop. Reach out to home-groups for representation.

I look forward to attending NERASSA along with Susan W next week.

Thank you to the previous panel for your service. Congratulations to the new panel. And thank you to those working behind the scenes for today’s assembly.

Respectfully submitted in AA service.

District 27

No Report

Section III

Leader position – Vacant

District 12

No Report

District 13 - Vacant

District 14

Verbal Report

Districts 20, 21, 28 & 29 - Vacant
Greetings Everyone! I am the DCM for District 15. We meet every second Wednesday of the month 6:30 pm @ Holy Spirit Episcopal Church in Tuckerton. We are in the midst of planning three events (Spring, Summer, Fall). Right now, we are preparing to update and visit groups in our district and invite new GSR’s. Our treasurer reported at our recent meeting a balance of $4,742.75. I am grateful for the core present at our meetings and their service.

Working on humility and responsibility.

District 16 & 17
Meets the first Thursday of the month. Elected new DCM and alternate DCM. Has budget surplus and voted to donate $500 to GSO. Have been meeting remotely but our scouting locations to meet in person
Thank you

District 18
I am the incoming DCM for District 18. I am grateful to have the opportunity to be of service.

Our most recent district meeting was held on February 6, 2022 at Holy Trinity Episcopal Church, 2998 Bay Ave, Ocean City.

Eight alcoholics attended. Five were GSRs. We are still trying to fill the Secretary and Treasurer positions.

Our treasury is in good shape and I want to thank our local groups for their generosity and support.

Because of that generosity the committee agreed to pay my expenses to attend NERASSA in Pittsburgh, February 25-27, 2022. This is my first NERASSA and I am looking forward to attending.

The committee also approved up to $500.00 in expenses for a workshop scheduled for Saturday, April 30, 2022 from 10:00am to 3:00pm. The topic of the workshop is the story (or history) of AA in Area 45 and District 18. It will be held at the Sea Isle City Community Lodge, 300 John F Kennedy Blvd, Sea Isle City, NJ 08243. A sub-committee has been meeting to plan the workshop.

The committee approved a donation in lieu of rent to Trinity Episcopal Church for our meeting space. The donation is to be made once per year in December commencing December 2022.

Our next District 18 meeting will be March 6, 2022.

District 19
Hi my name is Sandy and I am new. Working on a March 12 Workshop. Reaching out to the groups in my District and will be holding a kick-off District Meeting later this month. We need more group participation.

Area Committee Reports

Archives -
The archives committee continues to be very active. Our membership has taken on some changes. I continue as Chair. Mike C. has agreed to take on the temporary position of alternate/co-chair. He continues to serve as technical advisor. Trish C. continues as technical advisor although she is not in the fellowship. George H. is the historical advisor and has been very helpful in researching Area 45 history. Eve C. remains as minutes taker and connection to The Cape Atlantic Intergroup. Other people have assisted and attended our monthly virtual meetings.

We are currently preparing for an ambitious display at the Area convention in March. An interactive display is planned that is hoped to be relaxing as well as informative. The current convention committee and past Area Chair were helpful in securing the venue for this event. Many thanks! We are also involved in producing a power-point timeline of the history of Area 45, to be unveiled at the convention. While investigating the Area 45 history, we discovered a mystery time capsule now affectionately referred to as “The Egg”. Many long timers, past panel members and committee members have recently searched their personal archives to come up with some identifying data. The original instructions are lost and all that remained was a sealed box. Through conversations with the Archive Chair and co-chair that created the time capsule, and sparse physical data,
the plan is to keep the time capsule sealed and open it, as originally intended, at an Area 45 convention coinciding with the 100th anniversary of AA. My story of how I came upon “The Egg” and dealing with it as archivist, will be submitted to the Area 45 newsletter committee for possible inclusion in their publication.

On behalf of the Archives committee, I wish to thank Panel 70 for their enormous support and welcome Panel 72 in their time of rotation. We look forward to working together to continue to spread the message of AA. Anyone in the fellowship that is interested in being part of the Archives committee or attending our monthly virtual meetings please contact me through the Area 45 website, archives@snjaa.org.

Yours in service,

Audio

I recently accepted the position when the Chairperson asked me. I was the 2022 Area 45 Convention Audio Chair. I am looking forward to being of service.

Budget & Finance

The committee met on January 5th, January 19th and February 2nd. In the first meeting, the focus was on prioritizing the committee’s work for the first part of this year. After considering beginning on the 2023/2024 budget vs. confirming the 2022 budget, the group decided to first check on this year’s needs. The result of that reevaluation will lay a solid foundation as we prepare the next budget for the Area.

In the next couple meetings, requests from committee and panel to update 2022’s budget were discussed. The majority of feedback from chairs and the panel simply confirmed that what was previously approved still looked good. A couple of recommended changes coming out of the committee will be part of a motion later today.

The committee will begin meeting again in March to start work on the 2023/2024 budget, and expect to have that ready to present at the next assembly in May.

Personally, I want to thank the participants in the committee for their excellent engagement and encouragement since coming back into service for the Area, and I look forward to our continued partnership to help the next alcoholic who still suffers.

Gratefully submitted.

Convention – 55th Annual

Good afternoon, I am the Area 45’s Convention Chair for 2023, and I am an alcoholic. Wow, we are less than a month away from a very exciting convention put together for you.

I will email the panel reminding you of who opens which meeting.

All our speakers are in place. Heard back from our GSO, Craig and he is willing and ready for Friday evening, just waiting for the Traveling restrictions to be lifted and it seems like NY is/or has moved to lesser restrictions.

We have 309 + registrations and our team is ready if we need to expand our main event area. The meals were priced well and are being ordered daily.

A reminder that our hotel discounted prices will end on March 4th. You can still book a hotel room by going directly through the hotel. Last day to order meals is on the 8th. No exceptions.

Walk-ins are welcome!

Scholarships are welcome. We do have a form on our website for this.

AA’s Got talent is still looking for volunteers as well as Marathon. We always look forward to volunteers while at the convention.

Look forward to seeing everyone March 18 through the 20th!

Please if you haven’t already, visit us at are45convention.org.

Respectfully yours.
Cooperation with Professional Community/Public Information

We continue to distribute literature and meeting ID business cards to professionals in the community.

A couple of us, actually there are only 3 who have been meeting to create a virtual informational presentation. We are hoping this presentation can be used to inform professionals on how to help the suffering alcoholic who is need of help.

Speaking of help, we need you and cannot do this with only 3 people. Please consider helping and join us at our next planning meeting on next Sunday, February 27th at 4:30.

Please message me at snjaa.org if you are interested.

Thank you and grateful to be of service

Corrections

Thank you for allowing me to serve as your area 45 Corrections Chair. It is both an honor and a privilege to be trusted with such a responsibility. Since taking over the position I have contacted and met up with the past chair to receive all of the previous corrections materials. With materials in hand, we are making preparations to participate in the upcoming convention and look forward to share with all area 45 members the great opportunities that are available within corrections.

Over the last week, I have been in contact with our treasurer to gain access to the LIPS account. LIPS or Literature In Prison Service is area 45’s service dedicated to provide literature to the prisons in need. Once we have access, we will be sending books out to those institutions.

Our corrections committee will be meeting virtually the first Tuesday of every month. Virtual meeting ID and password is available on the area 45 website under the area events section. All are welcome. We have been working to establish a commitment at the Federal Corrections Institution at Fort Dix. To date 12 volunteers have completed the orientation process and are available to begin the meeting once the administration gives us the green light. Unfortunately, they have paused the program due to the current increase in COVID cases and will be revisiting this opportunity soon. The good news is WE are ready and willing when they ask for help. Thank you everyone who has made themselves available.

Looking forward over the upcoming year, our committee will make an effort to explore the possibility of establishing virtual meetings within the prison system. This challenge will take a coordinated effort on our part as we attempt to find the decision makers within DOC to begin the conversation and find a way in which we can help to facilitate.

In the short term, our committee will need volunteers to help staff our table at the upcoming convention. It’s all happening... We just need you to show up!

Area 45 Corrections Committee Meeting (1st Tue every month), 7:00 pm. Details for the meetings are posted on the SNJAA website.

Thank you all for allowing me to be of service. I look forward to working with you all.

DCM/GSR Orientation

At today’s Assembly the following attended: 17 GSRs, 1 Alt-GSR, 1 DCM, 1 Alt-DCM, 0 Section Leaders, 0 Guests for a total of 20 attendees.

Respectfully submitted

Grapevine

No Report, recently appointed

JailCon - Vacant

Newsletter

Good afternoon. It is my privilege to serve as your Panel 72 4th Dimension Newsletter Chair.

First, I want to thank our Panel 72 Area Chair for appointing me to the position. As the Panel 70 Chair, I had the opportunity to speak with our Chair several times to assist with information and materials that would help him as I rotated out and he rotated in, so during one of those conversations I figured I could slip in that Newsletter Chair was my AA dream job. I figured since I was helping him with something he’d take pity on me. Without skipping a beat he jokingly said “you’re hired!” I hope he never regrets the appointment.

Many of you received the Winter Newsletter emailed to you, and if you have not yet seen it, it is also available in the About section of our Area website snjaa.org. There you will find first, that it is very colorful. The intent was for it to be pleasing to the eye but if nothing else it can be used to attract bees and hummingbirds.
Some notable inclusions are a demographic update from our Northeast Regional Trustee, an essay from our Immediate Past Delegate on why we rotate service positions in AA, a spotlight on AA history from our Archives Committee, flyers for some upcoming events and workshops, some links to new offerings from the AA Grapevine, a message from our Panel 72 Delegate, Q&A with a number of our incoming Panel Officers and Committee Chairs on personal experiences with rotation, which include some interesting lightning round responses to questions like “What is your favorite food?” and “What is your spirit animal and why?” all of which REALLY give you some amusing insight into their personalities. Also in the Newsletter are the minutes from our Fall Assembly, and last but not least-- GAMES!

Moving forward, wheels are in motion for topics for and contributions to the Spring Newsletter. If you or anyone you know will be attending NERAASA, the Area 45 General Service Convention, or the Mini Conference, in particular for the first time, please reach out. I would love to include your thoughts and reflections on those events and what you got out of them. Please send an email to newsletterarea45@gmail.com of you’d like to contribute on those topics or have some thoughts on other things you’d like to see in our next Newsletter.

Respectfully submitted

Policy
It is an honor and privilege to serve as your Area 45 Policy & Charter Chair for Panel 72. I am working on getting the final version of the 2022 Area 45 Handbook posted to the Area 45 website. I’m looking for 2 people to serve on the Policy & Charter committee. If interested, please talk to me after the assembly. I will post my contact information in the chat. Thank for allowing me to be of service.

Registration
No Report

Accessibility
Good morning. It is an honor to serve. Thank you for allowing me the opportunity to serve.

I have been working on the signage for the 2022 Convention as PI Chair, which included a process for those who could not climb stairs. I was focusing on Accessibilities as we are offering ASL translation. We are willing to offer a meeting or two in Spanish for the Convention. It is in jeopardy of not happening because I am having difficulties in connecting with more Spanish speaking AA members in Area 45. There will be a Workshop “Sight and Sound in Today’s AA” as presented by Katie, Young People.

I recently received the Accessibilities Kit and I am working my way through it, that’s not pertinent now, I have the kit.

It is really hard to give this report since I was elected as Area 45 Secretary now and will be stepping down from this position.

Thank you and have a great day!

Virtual Tech
Nothing to report. We are up and running.

Website
No Report

Young People - Vacant
Please reach out in your area and send them to the Chairperson, chair@snjaa.org.

Area Panel Reports –

Delegate
I am an alcoholic, and my name is Ken. Privileged to serve as Area 45 Delegate, Panel 72.

Thank you to the hosts, and technical facilitators for making this meeting possible.

Welcome to the new Panel, committee members, GSR’s, DCM’s and Section Leaders.

Thank you All for your vital service to our Fellowship.

Since our Election Assembly last November, there has been much activity, as is every rotation season.

I have been assigned to the Conference Trustees Committee for the 72nd General Service Conference that will be held in Brooklyn NJ the week of April 22nd through April 30th.

Myself, and the newly elected Alternate Delegate Wendy M have been working closely together in preparation for the Conference.
Background material was released last week, and Wendy has been integral in helping me navigate the Conference Dashboard, we spent the day printing all 1000 pages we will need to absorb.

I’ve been with the Trustees Committee virtually twice in the last few weeks, and will again this coming week.

Our committee will also work on 2 items from the Literature committee as a result of the Equitable Distribution process that was voted in at the last Conference.

A couple of items Area 45 will vote on at a future assembly:
The Northeast Regional Trustee vacancy in 2023. Each Area in the Northeast Region puts forward a nomination, an Area 45 Past Delegate for consideration. Bids for the Annual Northeast Regional Delegates meeting in 2024. Each Area in the Northeast has the opportunity to id for this event. This year it will be held in Sturbridge Maas. I along with the rest of the Panel will research both items and report back at our next Assembly.

This is an exciting time for All of us, and I’m still a bit overwhelmed by the opportunity to serve as Delegate to Area 45.

My intention is to do all I can to see the Conscience of Southern NJ is effective collect-ed, and will be in the forefront of my decision making at Conference.

Many thanks to All of the Area 45 Trusted Servants that came before me, and tool the time to prepare me for this moment.

Our immediate past Delegate Rich H, Rose S, Fred E, Andrew L, Jimmy S, Joe O, and Laurie E. They have all been generous with their time, sharing the experience for many years, answering many questions, and encouraging me. I am overwhelmed with Gratitude for the opportunity.

It is an honor and privilege to serve with you All.

Upcoming events:
The Northeast Regional Service Assembly (NERAASA) this year in Pittsburg PA 2/25-2/27.

In closing, let us Always remember why we do what we do here in Area 45.

We serve to meet our Primary Purpose. To stay sober, help the still suffering alcoholic, and to be a part of the well being and growth of our beautiful Fellowship.

In Love & Service

Alternate Delegate

Alternate Delegate

I am blessed to serve as your current Alternate Delegate.

January started busy as I was asked to be the Zoom chair for the Alternate Delegate Regional meeting and Delegate and Alternate Delegate Regional Meeting. So, I had a meeting with my fantastic co-chair from Area 44’s Alternate Delegate, Maureen R., and scheduled both meetings on Zoom for the year.

On January 4th, I attended CJI’s Business Meeting, congratulations to the new Chairperson. I also had a follow-up meeting to plan the Day of Sharing that CJI is hosting this coming October. Please stay tuned for details.

Right after my meeting at CJI, I jumped on the tail end of the budget & finance meeting for Area 45.

I created the room for the two Alt Delegate Regional meetings this month as they are the second and fourth Tuesday of every month.

I want to thank Nickie L for stepping up to do Virtual Tech Chair, and I am grateful she has cheerfully made this transition easy. Saying that, behind the scenes, we had meetings to make sure today went as smoothly as can be.

Besides the meetings and Intergroup Business meetings I’ve been attended, I’ve been doing a lot of reading to be and staying up to date for this year’s General Service Conference. Each day I have read last year’s General Service Conference Report and every conference action item since its start. I also took the time to read all of the current AAWS Directing Staff and Trustees bios.

Based on two Intergroups going hybrid and attending January meetings online, I’ll be going to CJI meetings online until they go back in person or are hybrid. Otherwise, I’ll be rotating going in-person to CAIG and SJI. This past month, I attended CAIG, and next month, I’ll be at SJI.

Thank you for allowing me to participate in my recovery.
Chairperson
Good morning, everyone and thank you for the opportunity to serve as the Area Chair. It is with my deepest appreciation that I thank the security staff and the body of this assembly for making this possible. These events don’t put themselves together. The past 3 months have been quite a ride filled with ebbs and flows. Much of this time has been spent filling the Area Chair Positions. In addition, I have also worked on putting together the Area Calendar. If there is an Area event that is missing, please let me know and I will be happy to add it as soon as possible. Please join me in attending both the Area 45 Convention as well as the Area 45 Mini Conference. Both are on the Area website and will be awesome events to attend. Let’s help our Delegate have an advised group conscience and ensure our voice is heard.

Just a quick housekeeping for Assemblies moving forward: If you have a motion or are thinking about a motion, please contact me before the assembly so we can talk it over. Here we can review the topic, content, wording, etc... This will also give us an opportunity to bring it before the Panel so we can help you along the way.

I am looking forward to participating in all Area Events. This will be a great opportunity for me to learn about AA in all parts of South NJ as we are rich in tradition and vigor. Please feel free to reach out to me at any time. My phone is always open to you. Thank you for allowing me to serve you.

Treasurer
Introduction
Budget Process / Status
2021 Financial Summary
Expenditures
$14,800 actual versus $32,100 budgeted
(We spent less than half the amount forecasted)

Contributions
$33,400 actual versus $24,000 budgeted
(Our groups and individuals contributed 40% more than forecast)
Approaching pre-covid contribution levels ($35,200 in 2019)

Year-End Account Totals
7th Tradition Checking $33,284.96
Corrections/LIPS $8,998.40
International Convention Escrow $5,285.50
CD Prudent Reserve 1 $10,052.82
CD Prudent Reserve 2 $20,105.63

Quarterly Financial Summary
November/December/January (most recent) versus 1 Year Ago
Contributions: $14,600 versus $4,400
Contributions: >300% increase from last Winter to this Winter
Online contributions during this quarter: $1,200 (>8% of total)

Looking Ahead
Budget & Finance Committee Chair is Justin S – THANK YOU
Committee met virtually multiple times in January

Closing
THANK YOU TO ALL CONTRIBUTING GROUPS!

Secretary
Just elected at this Assembly, no report.
Registrar

1) Thank Panel 70 Registrar Scott/Assistant Reg Jean for their service and help on transition to Panel 72. Clearly, they did a huge amount of work during covid crisis. As past Treasurer, transitioned panel 70 TD Accounts Treasury/Budget & Finance roles.

2) Spent a lot of time on learning curve on Registrar Position and Fellowships Connection database Training and Use in Practicing with new DCM/GSR information coming in. Fellowship Connection database information needs somewhat simpler then in past.

3) Updated "Area 45 Contact List" for internal Panel/Committee Chair/DCM Registration for Winter Assembly. Thank Jean for help getting started.

4) Worked with past Delegation on Winter Assembly Orientation and DCM/GSR Registration
   - New Google form to capture DCM/GSR information at Assembly on Google Drive Spreadsheet
   - A lot of information today to process in updating DCM/GSRs.


   Participated in NERAASA Registrar session and Area Registrar to Registrar phone calls.

   Covid crisis and zoom technology created a large number of new virtual meetings without an in-person location and listed in.

   https://aa-intergroup.org/

   These Groups want greater participation in AA General Service Structure. 2021 GSC directed interest virtual groups to join geographic Districts. Virtual Groups can be national/international membership with no physical meetings in Area 45.

   Many implications for service participation and Assemblies. Area 69 requires new Groups to meet for 6 months and select GSR before registering. Two Areas have created Virtual Districts.

   Thanks for time, help and service of everyone.

Questions, comments or suggestions please contact me at 856 979 2734 or email Registrar@snjaa.org

Motions:

Tanya D read the eligibility requirements: Those eligible to vote on matters pertaining to area business are: Delegate, Alternate Delegate, Treasurer, Secretary, Registrar, GSRs, DCMs, Section Leaders and Committee Chairpersons. Alternate GSRs and Alternate DCMs are eligible to vote only when the GSR or DCM is not present. Past Delegates and Inter-group Chairs have a voice but are not eligible to vote. Panel Chairperson votes only to break ties.

Motion #1 The Ad Hoc Committee moves to approve $2,500 for purchase of equipment needed to host Area Events in a hybrid environment.

Points raised in the discussion:
- Makes Area Events accessible since not everyone is able to around other people and locations are not fully available in all places yet
- Participation with the Mini-Conference and Day of Sharing will increase
- Great long-term way to open service to a broader audience
- Allows Area 45 virtual group members or hybrid group members who do not live within our Area to participate and be of serve
- Offering hybrid Cape Atlantic Intergroup meetings throughout 2020/2021 increased participation
- Accessibility, in the traditional sense, alone justifies the expense

Vote: Yes – 46  No - 0  Abstain - 0

Motion => passed unanimously
Motion #2 The Area 45 Budget & Finance Committee recommends the following amendment to the approved 2020/2021 Budget the Core expenses line item Virtual Platform to be increased by $660, from $175 to $835.

Per our Treasurer, this increase is for the annual cost of Wi-Fi Hotspot to allow the equipment we just passed to work and operate the way the Ad Hoc Committee recommends.

Points raised in the discussion:
- A question was raised about the impact of this motion not passing. The response was:
  - Area 45 would have to depend on an individual’s hotspot and Area 45 should be self-supporting and not depend on one person to be available with the asset.
  - Most of the locations for Area Events are not internet friendly, therefore Sections might be forced to provide and increasing their costs to Host Area Events.
- Vote: Yes – 47 No - 0 Abstain - 0

Motion => passed unanimously

Area 45 Winter Assembly Adjourned

Area 45 Winter Committee Meeting

The Committee Meeting opened with the Serenity Prayer.

Motion(s) to be included on the Spring Assembly Agenda:

Tanya D read the eligibility requirements: Those eligible to vote on matters pertaining to area business are: Delegate, Alternate Delegate, Treasurer, Secretary, Registrar, Committee Chairpersons, DCMs, and Section Leaders. Panel Chairperson votes only to break ties.

Motion #1 Motion from the B&F Committee to confirm & adjust the 2022 budget as follows:
- Increase the Archives committee’s 2022 budget from $400 to $640 given actual calculated mileage for chair
- Increase the Website committee’s 2022 budget from $200 to $1000, to overhaul and improve SNJAA.ORG website according to plan and detailed cost estimate prepared by the committee chair
- Confirm that committees which did not spend approved budget allocations for 2021 can “roll over” the unspent amount into the same committee’s 2022 budget
- Confirm no other adjustments are recommended by the Budget & Finance committee at this time

Points raised in the discussion:
- If a Committee Chairperson does not know what their 2021 remaining balance is, they can contact Phil or Justin.
- The Website line-item increase is to support the Area’s decision to change platform and hosting for the Area 45’s website. Some of the changes are for WordPress which is more search friendly, purchasing the Domain Name, improve contribution processing and for the migration. These are not recurring annual changes, however there will be a budget increase for renewals at a future point in time.

Motion => passed and will be on the agenda for the Spring Assembly

Additional Item(s) Discussed:
There was conversation about creating an Ad Hoc Committee for feasibility of Area 45 hosting the 2023 NERD. Ad Hoc committees are put together at the discretion of the Chairperson for one specific purpose. The committee dissolves at the conclusion. It was determined that this is not part of the Area 45 Committee Meeting responsibilities and Ken, our Delegate, would discuss with past Delegates.
Click on the link to play each game! All vocabulary is recovery related. Good luck!

GAME 1: LINK

GAME 2: LINK

GAME 3: LINK

GAME 4: LINK

GAME 5: LINK

GAME 6: LINK