Dear Friends,

As spring arrives, we present you with our 2018 Annual Report. I mention spring because I believe HHSI is also beginning to come forth like a perennial with deep roots formed from the merged experiences of Humility of Mary Housing, Inc. and Humility of Mary Shelter, Inc. The strengths and values of the two organizations are united in a clearer and simpler expression as the vision, values and mission of Humility Homes and Services, Inc. We are living this reality in the current fiscal year.

This Annual Report is the last one from the two separate agencies because beginning on July 1, 2018, those two gave way to the newly merged organization. This ongoing process of integrating personnel, resources and services allows us to benefit from the past while creating a new future. We are eager to provide innovative responses to the changing needs of our Quad City communities, especially as lived by persons experiencing homelessness.

I invite you to read this to become more aware of how we are continuing the long Humility of Mary journey with neighbors seeking to assure a home for every person here in the Quad City area. I hope it will inspire you with its positive outcomes.

Thank you for your generosity as partners in this life-giving endeavor. Our strength for the journey comes from the shoulder-to-shoulder solidarity of staff, Board, donors, volunteers, participants and communities. May the vision be realized through your and our commitment!

With great hope,

SISTER JOHANNA RICKL, CHM
Humility Homes and Services, Inc. Board Chair
If there is one thing I want people to know about me it is that I am all about dignity, love and goodness. Before I got my own place through Humility Homes and Services I spent about 10 years living on the streets. I went through a bad separation and ended up moving back to Davenport. I stayed in hotels for a while, but that got too expensive and eventually I just ran out of money.

Being outside led to finding my way to downtown bars and that led to addiction. I worked for most of my life and was also sober for most of my life, but once I became homeless it got harder and harder for me to find work. I got connected with a Service Coordinator at Humility because one of my best friends was in the Permanent Housing Program until he passed away. The staff at Humility were always offering me assistance and eventually I decided to take it.

I moved in to my own apartment in August (2018) and honestly I haven’t really adjusted yet. It still feels unreal, but one of the things that is important about Humility Home’s programs is that they expect you to fulfill your own expectations and not the expectations of the program. They want you to do better for you, and not to just fit into a box of ideals. I am trying to help support Humility Homes and Services by being a voice for participants and reminding people that there is help. 5 years from now, where do I want to be? I just want to be alive, alive and helping other people make some progress.
Homelessness is a systemic social injustice—a reversible circumstance and not a personal characteristic.

The solution to homelessness is increasing accessibility to affordable, safe housing for households with extremely low-incomes. It is far more cost effective to create affordable housing options with supportive services than to expand emergency shelter beds.

The cost of homelessness in Scott County, Iowa per day
(as of March, 2018)

It’s more expensive not to provide housing than to provide housing services. Investing in quality, affordable housing and supportive services increases individual productivity and the overall well-being of our community.

<table>
<thead>
<tr>
<th></th>
<th>Cost per Day</th>
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<tbody>
<tr>
<td>Detox Unit</td>
<td>$1,326.00</td>
</tr>
<tr>
<td>Inpatient Behavioral Health Center</td>
<td>$1,019.00</td>
</tr>
<tr>
<td>Iowa Department of Corrections Facility</td>
<td>$86.35</td>
</tr>
<tr>
<td>Emergency Shelter</td>
<td>$79.73</td>
</tr>
<tr>
<td>Permanent Supportive Housing</td>
<td>$29.21</td>
</tr>
<tr>
<td>Rapid Rehousing</td>
<td>$11.02</td>
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Loss of affordable housing in the Quad Cities from 2000–2017
(American Community Survey)

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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>LESS THAN $500</td>
<td>13,950</td>
<td>6,483</td>
<td>8,159</td>
<td>-5,791</td>
<td>-42%</td>
</tr>
<tr>
<td>$500–$999</td>
<td>10,086</td>
<td>15,461</td>
<td>26,442</td>
<td>16,356</td>
<td>162%</td>
</tr>
<tr>
<td>$1,000 AND MORE</td>
<td>463</td>
<td>2,083</td>
<td>8,305</td>
<td>7,842</td>
<td>1694%</td>
</tr>
</tbody>
</table>
The Housing First philosophy offers the structure of our work across all programs

Housing First connects individuals and families to housing without preconditions and barriers to entry, such as sobriety, treatment or requirements to participate in services. As a participant becomes more stable, services are offered to help them identify longer term housing options and supports needed to achieve permanent, stable housing.

Humility Homes and Services, Inc., owns and leases 93 apartments and a 70 bed emergency shelter. On any given day, from 200-250 adults and children under the age of 18 are participating in one of our 11 housing programs.

Rent-It-Forward

Funded entirely through community support, HHSI’s Rent-It-Forward program assists families who are not eligible for federal and state housing assistance programs. Participants are offered very affordable rents at properties owned by HHSI, the support of a Service Coordinator as needed, and access to the Fresh Start Center to obtain the household items and clothes they need to furnish their new homes. The family’s goal is to experience stable housing and progressively strengthen their foundation to help them pursue the educational and employment opportunities they desire.

- 6 households
- 2 households exited to new rental agreements during FY18
- 6 adults
- 13 children under age of 18
- 390 days
- 851 days

Average length of stay for those who exited to their own destinations during FY18

Average length of stay for those who were still in the program on June 30, 2018

Humility is “that habitual quality whereby we live in the truth of things .... the truth that our life is a composite of light and darkness; the truth that in our littleness we have been given extraordinary dignity.”

ROBERT F. MORNEAU
Permanent Supportive Housing
(57 homes are set aside for PSH participants each fiscal year)

Partially funded with federal funds and community support, PSH assists single adults and families who are living with multiple disabilities and have experienced long-term, chronic homelessness. Participants with incomes can pay up to 30% of their monthly income for their rent. HHSI pays 100% of the rent for participants without incomes. All participants have the support of a Service Coordinator and access to the Fresh Start Center to help them remain safely housed and out of more costly systems of care. For most of our participants, PSH offers the most stable housing they have experienced in their adult life.

Nationwide and locally, evidence supports the return on investment for PSH. A study of PSH participants in Los Angeles and Iowa City saw particularly large drops among those enrolled in the housing program in the use of emergency department and in-patient services. Overall, the LA study found that for every $1 invested in the housing and support program, Los Angeles County government saved $1.20 in health care and other social service costs. Locally, the PSH program costs $29.21 per person / per night or approximately $876.30 per month for HHSI to manage the PSH program, a significant cost savings to other social service costs.

Emergency Shelter

HHSI’s 70 bed emergency shelter is the Quad Cities’ largest and only Housing First emergency shelter. It is vital to the Quad Cities’ overall crisis response system to ending homelessness. With the support of a HHSI Housing Specialist, all participants who engage in supportive services in the emergency shelter establish a housing plan within the first 14 days of entry. While at the Shelter, participants obtain clothing and personal hygiene products at HHSI’s Corner Closet.

It is important to remember shelters are not destinations, but rather, a process by which our participants get housed again. It costs $79.73 per person / per night to provide emergency shelter services, or approximately $2,400.00 per month.

“\textit{We see and live our own humanity in being present in the humanity of others, believing and embracing that everyone should have a future that is not dictated by their past.}”

\textit{Iain De Jong}

Emergency Housing Exit Destinations from July 1, 2017–June 30, 2018*
(502 Single Adults)

- 131 individuals exited to positive destinations (28%)
- 181 individuals exited to temporary destinations (39%)
- 26 individuals exited to institutional destinations (6%)
- 122 individuals exited to other destinations (27%)

* In November 2018 HHSI secured funding to hire three full time Housing Specialists to assist participants safely exit to positive destinations. As a result, so far in FY19, 40% of our shelter participants have exited to positive destinations.
Revenues

$1.78M (52%)
Grants

$1.29M (37%)
Donations

$169K (5%)
Participation Fees

$111K (3%)
Endowment Fund Income

$92K (3%)
Investment Income

$9K (0%)
Property Management

Expenses

$2.615M (77%)
Program Expense

$452K (13%)
Property Expense

$347K (10%)
Administration Expense

HMHI and HMSI Dashboard Data—June 30, 2018
Fiscal Year runs July 1–June 30

<table>
<thead>
<tr>
<th>program</th>
<th>FY2017 households served</th>
<th>FY2018 households served</th>
<th>households served on June 30, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRANSITIONAL HOUSING</td>
<td>32 (68 kids)</td>
<td>29 (53 kids)</td>
<td>18 (27 kids)</td>
</tr>
<tr>
<td>VETERAN’S HOUSING PROGRAMS</td>
<td>149 (24 kids)</td>
<td>182 (39 kids)</td>
<td>34 (6 kids)</td>
</tr>
<tr>
<td>EMERGENCY SHELTER</td>
<td>506</td>
<td>502</td>
<td>65</td>
</tr>
<tr>
<td>PERMANENT SUPPORTIVE HOUSING</td>
<td>65 (11 kids)</td>
<td>66 (11 kids)</td>
<td>46 (11 kids)</td>
</tr>
<tr>
<td>RENT-IT-FORWARD</td>
<td>6 (13 kids)</td>
<td>6 (13 kids)</td>
<td>5 (12 kids)</td>
</tr>
<tr>
<td>RAPID REHOUSING</td>
<td>N/A</td>
<td>62 (5 kids)</td>
<td>57 (5 kids)</td>
</tr>
<tr>
<td>SINGLE ROOM OCCUPANCY UNITS</td>
<td>8</td>
<td>7</td>
<td>5</td>
</tr>
</tbody>
</table>

= families  = single adults  = combined

1 June 30, 2018 was the last day as Humility of Mary Housing, Inc., and Humility of Mary Shelter, Inc.
2 In 2015-2016, the federal government started to phase out funding for TH programs. HHSI is ensuring all households maintain their housing stability during the transition.

Total Shelter Overnight Stays from July 1, 2017–June 30, 2018
Women’s Shelter: 5,858  |  Men’s Shelter: 14,926  |  TOTAL: 20,814

For Our Community: 2018 Annual Report
“Humility Homes and Services has been a blessing to me and my six children. They have helped me 100% with setting goals for jobs, how to manage my finances, and getting my children resources for activities... Humility has given me hope that single parents in a domestic violence situation do have the courage to move forward in life and can be successful enough to provide for their family. I would definitely not be where I am today had it not been for Humility Homes and Services.”