

2024 Men's Meet - Schedule (as of 12/19/23)

SESSION	DATE	TIME	LEVEL
А	Friday, January 12	Check-In: 8:05 AM Awards: 12:00 PM	L8 (All ages)
В	Friday, January 12	Check-In: 12:45 PM Awards: 4:25 PM	L9 (14-15 yr olds)
c 🗡	Friday, January 12	Check-In: 5:10 PM Awards: 8:50 PM	L7 (12-13 yr olds) & L9 (16+ yr olds)
D	Saturday, January 13	Check-In: 8:05 AM Awards: 12:05 PM	L10 (16-17 yr olds)
E	Saturday, January 13	Check-In: 12:50 PM Awards: 4:25 PM	L10 (18+ yr olds)
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM Meet at 7:00 PM	Men's NCAA & Winter Cup Elite Qualifiers
F	Sunday, January 14	Check-In: 8:05 AM Awards: 11:45 AM	L7 (14+ yr olds)
G	Sunday, January 14	Check-In: 12:30 PM Awards: 4:25 PM	L5D1 (13+ yr olds), L5D2 (All ages), L6D1 (All ages), & L6D2 (All ages)
Н	Sunday, January 14	Check-In: 5:10 PM Awards: 8:50 PM	L5D1 (8-12 yr olds)
I	Monday, January 15	Check-In: 8:00 AM Awards: 12:15 PM	L4D1 (All ages) & L4D2 (All ages)
J	Monday, January 15	Check-In: 1:00 PM Awards: 4:25 PM	L3D1 (All ages) & L3D2 (All ages)

Men's age group determinations are based on athlete's age as of 12/31/2024



2024 Women's Meet — Schedule (as of 12/19/23)All sessions are Modified Capital Cup for Gym A, except A05 is Modified Traditional

Gym A

SESSION	DATE	CHECK-IN	AWARDS	LEVEL		
A01	Friday, January 12	8:00 AM	12:05 PM	L7		
A01 TEAMS	Eagles, Infinity, Lakeshore Academy MP, MEGA, Oak Park, OGI, OLPD, PGC, Prm West, r-athletics, Tumble U Gymnastics					
A02	Friday, January 12	12:50 PM	4:15 PM	L7		
A02 TEAMS	Air Force, Broadway Gymnastics, CGA, Elevate Gymnastics, Excel Gym, GLG, I-Power, LSA, STC, Stuck Gymnastics, TAGSEP, Wilmette					
A03	Friday, January 12	5:10 PM	8:55 PM	L8		
A03 TEAMS	Air Force, Broadway Gymnastics, CGA, DMGC, Eagles, GLG, IEG, Infinity, Lakeshore Academy MP, LSA, MEGA, PGC, Prm West, r-athletics, TAGSEP, Tumble U Gymnastics, OGI, OLPD, Wilmette					
A04	Saturday, January 13	8:00 AM	11:30 AM	L9		
A04 TEAMS	Air Force, Chicago Park Dist, Broadway Gymnastics, DMGC, Eagles, IEG, Infinity, I-Power, Elevate Gymnastics, GLG, Jam Hops Ramsey, Lakeshore Academy MP, MEGA, OGI, OLPD, Prm West, PGC, r-athletics					
A05	Saturday, January 13	12:15 PM	3:30 PM	L10		
A05 TEAMS			Lakeshore Academy MP, MEdithletics, STC	GA, OMG,		
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM	Meet at 7:00 PM	Men's NCAA		
A06	Sunday January 14	8:00 AM	11:45 AM	L6		
	Sunday, January 14 Air Force, DMGC, Ele		m Hops Ramsey, Kokomotion			
A06 TEAMS r-athletics, STC, Stuck Gymnastics, TAGSEP, Tumble U Gymnastics, Wilmette						
A07	Sunday, January 14	12:30 PM	3:55 PM	L6		
A07 TEAMS CGA, Eagles, GLG, IEG, I-Power, Lakeshore Academy MP, OLPD, Prm West						
A08	Sunday, January 14	4:45 PM	8:45 PM	L4 & L5		
A08 TEAMS L4: CGA, IEG, Infinity, Lakeshore Academy MP, LSA, Oak Park, Wilmette L5: Hartland Gymnastics, IEG, I-Power, LSA, MEGA, Oak Park, OLPD, PGC, r-athletics, Wilmette						
A09	Monday, January 15	8:00 AM	12:00 PM	L4		
A09 TEAMS	Hartland Gymnastics, I-Power, Jam Hops Ramsey, MEGA, OLPD, OMG, Prairie, Prm West, r-athletics, Tumble U Gymnastics					
A10	Monday, January 15	12:45 PM	3:30 PM	L3		
A10 TEAMS	CGA, GLG, Hartland Gymnastics, IEG, Prairie, Oak Park, Tumble U Gymnastics					



2024 Women's Meet — Schedule (as of 12/19/23)All sessions are Modified Capital Cup for Gym B, except B03 is Modified Traditional

Gym B

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SESSION	DATE	CHECK-IN	AWARDS	LEVEL		
B01	Friday, January 12	8:05 AM	11:55 AM	XP		
B01 TEAMS			tland Gymnastics, IGC, IK, I PD, Prairie, Scamps Gymnast			
B02	Friday, January 12	12:40 PM	4:25 PM	XP		
B02 TEAMS	Bloomfield, Chicago Park District, GLG, MEGA, N Branch Jr. Vikings, Rising Starz, Salto, SSMGC, STC, Stuck Gymnastics, Tumble U Gymnastics, Wilmette					
B03	Friday, January 12	5:10 PM	8:10 PM	XD & XSA		
B03 TEAMS	XD: Broadway Gymnastics, Chicago Park Dist., IK, Infinity, I-Power, MEGA, OMG, Rising Starz, Salto, STC, Tumble U Gymnastics, Wilmette XSA: OMG					
B04	Saturday, January 13	8:10 AM	11:15 AM	XS		
B04 TEAMS	Hartland Gymnastics, I-Power, NSYMCA, Prairie, Salto, Scamps Gymnastics, SSMGC, Stuck Gymnastics, Wilmette					
B05	Saturday, January 13	12:00 PM	3:05 PM	XS		
B05 TEAMS	Bloomfield, CGA, Chicago Park Dist, DMGC, Jam Hops Ramsey, Lakeshore Academy MP, MEGA, N Branch Jr. Vikings, Oak Park					
53 rd Windy City Invitational	Saturday, January 13	Doors open 6:00 PM	Meet at 7:00 PM	Men's NCAA		
B06	Sunday, January 14	8:00 AM	12:00 PM	XG		
B06 TEAMS	CGA, GLG,	Jam Hops Ramsey, Lakesh OLPD, Rising Starz, Sca	ore Academy MP, Kokomotic mps Gymnastics	on,		
B07	Sunday, January 14	12:45 PM	4:45 PM	XG		
B07 TEAMS	Broadway Gymnas	tics, Chicago Park Dist, DMG Prairie, Salto, SSMGC, Tur	GC, Hartland Gymnastics, IGC nble U Gymnastics	C, I-Power,		
B08	Sunday, January 14	5:30 PM	9:30 PM	XG		
B08 TEAMS	Bloomfield, Excel Gym, IK, N	MEGA, N Branch Jr. Vikings,	NSYMCA, Oak Park, Stuck G	ymnastics, Wilmette		
B09	Monday, January 15	9:00 AM	11:00 AM	XB & L2		
B09 TEAMS		n Hops Ramsey, Kokomotion CGA, Lakeshore Academy M	n, NSYMCA, Oak Park, Prairio P, Tumble U Gymnastics	e, Salto		
B10	Monday, January 15	11:45 AM	2:45 PM	L3		
B10 TEAMS	Infinity, I-Pov	ver, Lakeshore Academy MP	ISA MEGA Prm West Wil	matta		