



Listening to Your Stirrings

We are so busy with our day to day busy-ness that we often miss the rumblings of change echoing deep within us. Stirrings are the first signs that what was will not forever be; that something new is being born. These stirrings are important and they are complicated. And it is time for us to figure out what to do with them.

WELCOME!

We are always trying to support each other toward health and wholeness as individuals, and we see how life is most fulfilling when it is woven deeply with others (including the world around us), and that mysterious element we often call the third strand, or “God.”

FabricMpls.com/who-we-are

WHAT TO EXPECT

We’re glad you’re here!
 Take a seat, get comfortable, then...
 Welcome & Songs – Chris Tripolino
 Message – Greg Meyer
 Songs
 Supporting Fabric
 Closing

QR CODES



Communication Card - Send us your prayers, comments, suggestions, jokes



Supporting Fabric - We’re grateful for your support as we continue to grow as church together.

NEXT SUNDAY



Join us as we continue our conversation with *Stirrings in Your Relationships*. More at fabricmpls.com/current



October Book Club for Everyone.

Fabric is thrilled to get to dive into the newest offering from Minneapolis’ Green Card Voices Our Stories Carried us Here: A Graphic Novel Anthology. Buy your copy today. (There are a few to check out too!) More at fabricmpls.com/book-club

There are ‘stirrings’ – ideas, notions, premonitions, rustlings – that appear in the back of your mind of something that might be possible, what might be coming.

We need to learn to LISTEN to our stirrings.

Consider this. It is important to you and to dealing with your stirrings.

If I dare to look deep within myself, what I will discover is something lovely and precious. Not a monster.

God looked at everything God had made, and indeed it was very good. Genesis 1:31

Change begins with Stirrings.

*Do not remember the former things or consider the things of old.
I am about to do a new thing; now it springs forth, do you not perceive it? Isaiah 43:18-19a*

A few things to understand about stirrings.

1. Conventional Thought is the ENEMY of your stirrings.

One alternate word for ‘stirrings’ is most certainly DISRUPTION.

2. Not all stirrings are GOOD.

Not all stirrings should be FOLLOWED but all stirrings should be LISTENED TO.

Interestingly the Bible starts and finishes telling us about how stirrings work in our world.

Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more... And the one seated on the throne said, “ See, I am making all things new.”

Revelation 21:5

HOMEWORK: Pause from time to time this week to be quiet and listen and look for your stirrings. Don't worry about what to do with them, just be curious and slow to comment or judge.