Mission & Vision

Mission FCR provides a welcoming, inclusive, and safe environment for all survivors of trauma, including those impacted by domestic and sexual violence, substance abuse, bereavement, and other causes. With the understanding that the aim of equality and justice is ongoing, we are committed to modeling diversity, inclusivity, and equity within our organization to reflect the communities in which we serve.

Vision We want to inspire healthier communities free from family and community violence. Through our work in support of vulnerable populations, one day all children and adults will be able to thrive in a safe, just and equitable world.

Dear Friends and Supporters,

As we reflect on the past year, it was an exceptionally challenging time for all of us, in so many ways, but ultimately an incredible coming together of caring people to help support survivors of trauma and violence in our community. The work and generosity of our Board, staff, volunteers, and donors to keep our “doors open” to those in need was unprecedented. We are so grateful. Because of that, our programs did not miss a beat. Our clients had a place to go for services, virtually at first, then in-person once we were able.

For more than fifty years, FCR has endeavored to support adults and children who are experiencing violence and trauma in their lives, and to educate our community to help bring about change and ensure a safer and happier future for the next generation free from violence.

So, as we look towards the year ahead, we assure you that we remain committed to this life saving work and hope you will stand with us to help bring hope and healing to those we serve and to our community.

Patricia Kelleher-Parker
President & CEO

David Madoff
Chairman of the Board

Executive & Senior Management

Patricia Kelleher-Parker
President & CEO

Janice Peneno - Vice President

Rochelle St. Martin - COO

Claudette Kelly - Director, Medical Billing

Jadaiya Stanley - Director, Domestic Violence Services

Nicole Modes - Director, Mental Health Services

Joanne Hoops - Director, Development & Communications

Catherine Stowe - Director, DV Visitation & Transitional Housing

Sue Siegel - Director, FBS Visitation

Sara Keough - Director, IPAEP

Board of Directors

David Madoff, Esq., Chairman

Susan Kantor, Treasurer

Linda Kenney-Logan, Clerk

Shirley Asack-Loges

Cheryl Discoli

Phyllis Ellis

Sarah Noble

Debra Prepas

Stephen Prone

Beth Scherer

Julie White

Communities We Serve

We serve the urban areas of Brockton, Stoughton, Quincy & Hyannis and 26 other towns throughout Massachusetts
Financial Overview

Our programs are mainly supported by state and federal contracts, federal, corporate and foundation grants, health insurance reimbursements and individual contributions. We appreciate the generous support from all those who contributed to our programs and services in 2020 allowing us to continue to provide much needed services and launch new initiatives during the pandemic throughout 2020.

REVENUE

- Government Funding incl. Covid Relief: $2,588,449
- Fundraising & Grants: $255,583
- Contributed Services & Facilities: $75,087
- Earned Income: $409,522
- Total Revenue: $3,328,641

EXPENSES

- Management, General, Fundraising: 16%
- Visitation: 23%
- Survivor Services: 21%
- Behavioral Health Services: 14%
- Healthy Relationships: 6%
- Intimate Partner Abuse Education: 6%
- Transitional Housing: 14%

www.fcr-ma.org
Supporting adults, children & adolescents

Key Programs

Clients Served

- Domestic Violence: 515
- Mental Health: 129
- DV Supervised Visitation: 486
- FBS-Supervised Visitation: 423
- IPAEP: 320
- Hotline Calls: 490

Highlights

Provided Emergency Safe Home Services for 26 families

Permanently Housed 24 families

Provided Food & Basic Necessities Assistance for 200 adults, adolescents and children

Safe Housing

Desiree and her 2 children Ana and Jonathon had been experiencing daily physical, emotional and verbal abuse perpetrated by the children’s biological father. Desiree found the courage to leave the relationship and took the kids to stay with a family member.

Desiree knew she needed help for herself and for her children. She came to FCR where she and her family received counseling and advocacy assistance.

Desiree was also referred to FCR’s Housing Program. Working with her housing advocate, Desiree was able to obtain safe, affordable housing for herself and her children.

Through a team-based approach, staff at Family and Community Resources, Inc. work together to enhance survivors’ sense of safety and empower them to achieve their goals and thrive to live healthy and meaningful lives.
Pandemic Pivot
How two programs adapted during unprecedented times

Family Based Services Visitation Program
When the state shut down in March, our FBS Visitation Program for families involved with the MA Department of Children and Families (DCF) did not miss a beat. As we recognize the importance of maintaining the parent-child relationship when children are in foster care, we knew we needed to act fast to establish a protocol for family time. The program quickly pivoted to providing virtual supervised visitation for the over 50 families involved in the program, coordinating times with visiting parents and foster parents! Families quickly adapted to family time on zoom. As soon as some restrictions were lifted and the weather warmed up, we moved outside for socially distant & safe family time - which the families loved and needed!

Mental Health Services
In March 2020, our Mental Health clinic also needed to quickly establish virtual sessions with its clients. The pandemic added additional stressors and trauma for many of those who come to FCR for counseling services. Most embraced virtual sessions. We also noticed we had less cancellations as people did not have to figure out a way to get to the office or arrange childcare for their appointments.

One grateful client, a long-term survivor of DV, said, “You have been a lifeline to me throughout this whole time. There are weeks where I literally talked to no one until you called. Sometimes just knowing I would have the call the same time every week helped me cope and feel less isolated and alone. It also gave me something to look forward to each week. I am so grateful for you.”

Staff also assisted her, and many others, with access to food and PPE from our pantry during the pandemic.
Covid-19 Relief

Over the course of the last year, FCR was fortunate to receive COVID-19 Relief grants and special funding which helped to keep our doors open, and many of our clients safely housed.

Thank you to
The Boston Foundation
The Brockton Redevelopment Authority
Eastern Bank
Massachusetts Office of Victims Assistance
Rockland Trust
SouthCoast Community Foundation
United Way of Greater Plymouth County

One grateful recipient of relief funds was able to pay back rent owed. As a survivor of sexual violence, she said this money would help ensure her basic needs were taken care of so she could focus time on healing and creating a better future, stating her words of hope - "this reaffirmed my belief in community support."
Healthy Relationship Program Launch

The Healthy Relationship Program, established through a grant from The Department of Public Health educates students and young adults on the complex issues of dating and relationships while supporting and empowering youth to become peer leaders and agents for change in their social circles & communities. The program works with high school students from the Brockton area using the Safe Dates curriculum in a 6-week program, in partnership with The Boys & Girls Clubs of Metro South, and Cape Verdean Women United.

Students learn what constitutes healthy and unhealthy dating practices, the causes and consequences of dating abuse, and the skills and resources to develop safe, healthy relationships of their own.

The pandemic did not stop these engaged teens from completing the course and heading out into their communities to host Covid safe events virtually and in person to help educate their friends about what a healthy relationship should be.
Diversity and Inclusion Committee

In the wake of the death of George Floyd, FCR formed a Diversity and Inclusion Committee. Over the past year, this diverse group of Board and staff members met bi-weekly and completed several tasks. The mission, vision and values statements of the organization were re-worked to reflect our goals of equity and inclusion for all. Internal HR policies and practices were reviewed and updated to promote those goals.

With the help of Artists in Recovery, the group and several other staff and volunteers painted an inclusive mural on the front wall of FCR headquarters in celebration of Juneteenth. In the coming year, the committee will organize a series of community service projects during Domestic Violence Awareness Month in October, as well as schedule a cultural competency training for all staff.

Chair of the Committee, Sara Keough, Director of Family Violence Offender Services said, "The diversity and inclusion committee serves several purposes, one of which is finding ways to attract staff members who not only reflect the cultural landscape of Brockton but also understand the needs and interest of the community. Additionally, our focus includes strengthening our partnerships with other organizations to increase awareness of the services we provide. We are committed to gaining insight into social and cultural barriers within the communities we serve, and taking measures to help reduce those barriers."
Donors & Volunteers

2020 started like any other. We were excited for our upcoming events, like Kids at Heart and our spring gala! Support from donors who attend or sponsor events & fundraising drives, donate in-kind gifts for Janice’s closet & our food pantry for DV clients, contribute to holiday drives, and participate in event raffles and silent auctions is invaluable!

We are so grateful to everyone who supported our mission last year, allowing us to keep our 'doors' open to those in need as COVID-19 evolved.

The first two months of 2020 went off without a hitch. More people than ever attended our Kids at Heart fundraiser in February. Then COVID shut the world down and our Spring gala with it. But our intrepid Fundraising Committee immediately began initiating plans for a virtual Walk for Survivor Safety in October, and thanks to both new and old supporters far and wide, a new benchmark for the Walk was established when over $20,000 was raised to support FCR survivors and their families. Giving during the Holiday Season also surpassed all expectations. Donors responded to a generous matching challenge gift from the Prone Family Foundation, and our Giving Tuesday Campaign and Annual Appeal exceeded all goals. Although our Spring Gala was cancelled once again in 2021, we continue to move forward because of the amazing efforts of our volunteer fundraising committee, our dedicated staff, and our fantastic donors!!!
"When the pandemic quarantine started and the news was reporting on the dangers of domestic violence during this time, I went looking for a battered woman’s shelter in my area to donate to and found FCR. When not at my day job working for a financial services firm, I am the chief instructor at a local karate club. The traditional martial arts comes with a set of morals, one of them being, we don’t train to defend ourselves, we train to defend others and we train to help others learn to defend themselves. I also believe you practice what you preach, which motivated me to make my donation. But then, the more I thought about my donation, the more I thought about situations in my life and students I have had that make it even more meaningful for me.

I was reminded of a student who started dating a controlling guy. It was apparent that he was afraid of any influence I would have on her. He pressured her into leaving karate and then she married him. Luckily for her, she met my sister who had already been down a similar path in her own life with an abusive ex. She was able to support my former student as she worked through her decision to leave him. She is now remarried to a nice guy and has become a mom.

We have run women’s self-defense clinics and have noticed after teaching some simple techniques, the women sometimes shut down. A while back, my son taught one of his friends a move and she said, “I could just have done that”. He believes she was assaulted and is still dealing with it.

There are so many more stories, and because of that, I will continue to practice what I preach and do what I can to help my students and others."
We ended our year with a thrilling day to celebrate Board Member and President of the Brockton Area Branch NAACP, Phyllis Ellis on being selected as the Mayra Kraft Community MVP Award Winner for 2020-2021!

“To have Phyllis be selected for the prestigious Myra Kraft Award means a lot to all of us at Family and Community Resources because we know how active Myra Kraft was in the community and her volunteerism and advocacy for so many causes is something for which we should all aspire. This award is affirmation for Phyllis for all that she has done, and is still doing, to make our community a safe and healthy place for all to live and thrive. She is always upbeat with a “can do” attitude, and a willingness to help no matter the task.

Despite her numerous commitments and engagements in Brockton and beyond, Phyllis brings to Family and Community Resources an energy and enthusiasm that is an inspiration to all of us,” said FCR’s President & CEO, Pat Kelleher-Parker

President Ellis was nominated by FCR for this prestigious award. The prize received will allow us to continue our work in the Brockton Community.
Domestic/Sexual Violence – Survivor Advocacy Support Services

24-Hour Crisis Line Multi-lingual Survivor Services
Mental Health Services
Survivor/Trauma Support Groups For Women & Men
Children Exposed to Domestic Violence Services
Supervised Visitation Centers
Family Violence Offender Programs
Transitional Housing Support
Community Education and Training
Teen Peer Led Healthy Relationships
Intern & Volunteer Opportunities

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