Join RHYTHM OF THE EARTH and Cyndy Paige

Eagle Medicine Retreat

Saturday, April 20, 2024 (10 am – 6 pm) and Sunday, April 21, 2024 (10 am - 4 pm)

Come and steep yourself in a weekend of experiences, celebrations, ceremonies, and powerful integrative healing opportunities that will inspire and guide you to connect with the energies of Spring and the medicine of Eagle. Some have found this weekend to be deeply transformational.

Eagle Medicine is about seeing our path with clear eyes, making wise choices, growing our inner light so it can be shared with others, and being brave enough to fly high inside of our own lives. The Medicine Wheel of Life that I live, breathe, and teach, inspires us through connection with nature and the landscape of Spring. Spring is about new beginnings. As we watch the light increase and the buds unfurl, we are reminded of what is unfolding in our own lives through the warmth of our attention. As we witness the natural world procreate, and bring forth newness, we become inspired to birth our own... What is waiting to emerge in your life? Clarity is not only possible but probable through engaging our whole hearts with the ways of our ancestors. Come journey, dance, drum, sing, share ceremony with us, and feed yourself with ancient teachings that have been passed down from generation to generation. During this non-residential weekend, we will explore many ways to understand and embody the energies of Spring and the Medicine of Eagle. Some of what we will experience:

- Ceremonies
- Sound Healing
- Ancient Sacred Chants
- Meditative Drumming and Shamanic Journeys
- Guided Meditation or Journey to the Eagle's Nest
 - A Sacred Earth Dance (no experience needed)

All are welcome, regardless of your level of experience. There are no prerequisites. This can be an entryway into your experience of the beautiful Medicine Wheel tradition, a gateway to further study in the <u>Circle of Stones</u>, a four-quadrant apprenticeship program, or a standalone healing weekend for your rejuvenation. For those interested in the online Circle of Stones – it opens on April 4th at 6:30 pm.





Schedule, Location, Energy Exchange, and Registration: We will circle from 10-6 pm on Saturday, April 20th, and 10-4 pm on Sunday, April 21st in the stunning Landenberg Loft in Landenberg, Pennsylvania. The energy exchange is \$350.00. The registration deadline is April 8 but please register early because space is limited. Bring your lunch. For more information about me please visit my website. To Register email or call/text 610-563-3918. To provide your energy exchange click or scan.