WE THANK YOU

FOOD FOR

THE POOR
All of us are deeply grateful to Food For The Poor for generously supporting ANF during the most critical moments of the crisis in Nicaragua in 2018. God answered our prayers through you.

A friend is a friend at all times, and a brother is born for the time of adversity.

Proverbs 17:17
MISSION
To acquire directly or through strategic partners the necessary resources to contribute substantially and sustainably with the objective of reducing the impact of poverty in the lives of the most vulnerable population in Nicaragua; providing, without a profit, these resources to their beneficiaries in an efficient, effective, and transparent manner, with the assistance of a network of local partners.

VISION
A Nicaragua with greater opportunities, self-sufficiency, and dignity for the poorest sectors of the population.

VALUES
GOD
SOLIDARITY
GENEROSITY
HONESTY
TRUSTWORTHINESS
RESPONSIBILITY
RESPECT
WORDS FROM THE FOUNDERS

After twenty six years of working in Nicaragua guided by God’s call to help the poor and vulnerable, this year has been one of many hardships for ANF, but it has also gifted us with valuable lessons in faith, patience, teamwork, and community.

In April of 2018, Nicaragua was engulfed in a crisis marked by large-scale protests and general unrest, which led to an economic downturn and extensive unemployment. Sadly, many of our partners, especially those that care for the most vulnerable such as orphanages, elderly homes and disability assistance organizations, bore the costs of the crisis and were facing life-threatening resource constraints.

Through the support of our donors, in particular Food For The Poor, Inc. ANF was able to weather the storm, aid local partners, and continue its mission through its programs in the areas of health, nutrition, education, water and sanitation, agriculture, and housing.

We successfully overcame many obstacles due to the commitment and resilience of our team. This group of compassionate professionals worked tirelessly in a time of great adversity to alleviate the suffering of many Nicaraguans and bring hope to those who needed it most.

We are filled with joy when we see how lives are transformed through ANF’s projects around the country. Families that now have a roof over their heads, children that are no longer hungry and are thriving in school, mothers who can offer clean drinking water to their children, fathers who are able to provide food security because of bio-intensive gardens, and grandparents that once again have mobility with the help of new wheelchairs.

ANF is an instrument of God and we feel that with his blessing and guidance, we will carry on being a force of real and positive change for those whose lives have been struck by poverty and indifference. We invite you to be a part of the journey that God is leading for ANF, so that together we can make a difference in the lives of thousands of Nicaraguans.

With our deepest gratitude,

F. Alfredo Pellas, Jr.
President & Founder

Theresa Pellas
Vice President & Founder

Be strong and bold; have no fear or dread of them, because it is the Lord your God who goes before you. He will be with you; he will not fail you or forsake you. Do not fear or be dismayed.

Deuteronomy 31:6,8
Local partner organizations served in 2018

Distribution Network

ANF channels in-kind donations each year through a network of hundreds of local partner organizations, including schools, religious organizations, municipal governments, governmental entities, hospitals, clinics, orphanages, feeding centers, and elderly homes.
OCEAN-FREIGHT CONTAINERS DISTRIBUTED
IN 2018

231 CONTAINERS VALUED AT $32 MILLION

FROM 1992 TO 2018

7,455 CONTAINERS VALUED AT $2.0 BILLION

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>AMOUNT</th>
<th>VALUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEDICAL</td>
<td>1,535</td>
<td>$1.5 BILLION</td>
</tr>
<tr>
<td>FOOD</td>
<td>2,655</td>
<td>$102 MILLION</td>
</tr>
<tr>
<td>EDUCATION</td>
<td>1,050</td>
<td>$101 MILLION</td>
</tr>
<tr>
<td>HOUSEHOLD GOODS</td>
<td>2,215</td>
<td>$273 MILLION</td>
</tr>
</tbody>
</table>
INVESTING IN PROGRAMS OVER THE YEARS

2013 2014 2015 2016 2017 2018

$4.5 $3.7 $5.5 $5.6 $6.6 $6.2

IN MILLIONS OF DOLLARS

Program expenses include:
Health education campaigns, nutritional recovery, school feeding, technical assistance, agricultural projects, animal husbandry, beekeeping, community infrastructure (construction of houses, wells and water systems, latrines, schools, clinics, etc.) and program staff salaries.
CASH EXPENSES IN PROGRAMS PER CATEGORY IN 2018

31% HOUSING
8% SANITATION
6% WATER
13% HEALTH
6% EDUCATION
18% AGRICULTURE

9% LOGISTICS
8% MISCELLANEOUS PROJECTS
1% M&E
BUILDING A BETTER LIFE

ANF with the support of Food For The Poor has been involved in housing programs for highly impoverished families in Nicaragua since Hurricane Mitch in 1998. ANF’s housing programs provide rural communities with dignified living conditions and community infrastructure including clinics, schools, solar lighting, and community centers. Families are also provided with tools and training to improve their livelihoods.

HIGHLIGHTS

- **614 SOLAR PANELS** installed in rural households
- **5 COMMUNITY CENTERS** built
- **820 NEW HOUSES** built, benefiting more than 5,000 people
- **182 ECO-STOVES** installed
PROMOTING HEALTHIER LIVES AND WELLBEING

ANF’s health and nutrition programs deliver mobility assistance devices to people with disabilities, facilitate school-level health education campaigns for low-income students, support nutritional recovery programs for severely malnourished children, carry out direct health projects to promote awareness and prevention of diabetes, and invest in the rehabilitation/construction of medical clinics and feeding centers. ANF also distributes medicine, medical supplies, equipment, and specialized nutrient-rich food to a network of health centers across the country.

HIGHLIGHTS

- **914 WHEELCHAIRS** donated to individuals with disabilities to improve their mobility and quality of life
- **12,200 PEOPLE** received training on healthy lifestyles, nutrition, and environmental issues
- **116 HEALTH CENTERS** received medicine, medical supplies, and equipment
- **30,309 CHILDREN** received de-worming treatment
- **621 SEVERELY MALNOURISHED CHILDREN** received specialized treatment to improve their nutritional wellbeing
NURTURING MINDS FOR THE FUTURE

ANF focuses its educational programs on improving school-level infrastructure and reducing the indirect costs of education as a barrier to access, thereby creating incentives for parents to send their children to school through the distribution of in-kind donations (school supplies and classroom furniture) and the implementation of school meal programs. ANF also supports the construction of classrooms, computer labs, and water and sanitation stations.

HIGHLIGHTS

- **19,500 STUDENTS** received daily meals in 151 schools
- **18 CLASSROOMS** built/rehabilitated in 6 different communities
- **191 SCHOOLS** received school supplies and classroom furniture (valued at $640,000)
SUPPLYING CLEAN WATER AND SANITATION

ANF provides access to safe drinking water and improves sanitation facilities in order to better the living conditions of impoverished communities by drilling and rehabilitating wells, installing water taps, distributing water filters and building sanitation facilities. The majority of WASH interventions complement ANF’s housing initiatives so that together they can improve families’ hygiene, health education, and strengthen the communities’ capacity to manage their new facilities once projects conclude.

**HIGHLIGHTS**

- **24 WELLS** drilled benefiting 3,375 people
- **711 SANITATIONS FACILITIES** built
- **266 WATER FILTERS** distributed
- **730 WATER TAP STANDS** installed
ANF’s agricultural programs support small-scale farmers and their families with inputs, training, equipment, and technical assistance. Food security and agricultural activities are complemented with other initiatives – rooted in principles such as conservation agriculture, agroforestry, and climate adaptation – that can improve the resilience and livelihoods of rural families. Through ANF’s farmer field schools and its Agricultural Training Center (CEA by its Spanish acronym), hundreds of small-scale farmers are trained each year using demonstration plots, module-based workshops, and laboratory-level soil analysis.

**HIGHLIGHTS**

**468 SMALLHOLDER FARMER FAMILIES**
Benefited from agricultural inputs, equipment, training, and technical assistance across the following agricultural activities:

- **45** Beekeeping
- **170** Bean farming
- **195** High-yield fruit production
- **211** Biodigesters to produce organic fertilizer and biogas
- **20** Biointensive gardens
- **468** Farmers trained at CEA
PROVIDING A HELPING HAND IN TIMES OF NEED

ANF seeks to serve a greater number of vulnerable communities in Nicaragua through its support of social service organizations, nutritional rehabilitation centers, and by providing disaster relief to those struck by hurricanes, earthquakes, storms, and floods. ANF provides orphanages, elderly homes, and special needs children with mobility assistance devices, food, medicine, clothes, and therapeutic equipment. Local partner organizations that treat malnutrition are provided with vitamin-fortified cereals, milk, diagnostic equipment, and much-needed furniture. Moreover, ANF provides emergency aid (clothes, food, medical supplies, etc.) and reconstruction efforts in disaster-stricken communities.

HIGHLIGHTS

- **627 DISASTER-STRICKEN FAMILIES** received disaster relief items including food and medicine
- **26,800 PEOPLE** received daily nutritious meals in social service centers

In 2018, due to a sudden economic downturn in Nicaragua, many of our local partner organizations suffered a steep drop in donations and were unable to provide basic services to the poor and vulnerable populations they served. As a result, ANF launched the "Nicaragua Crisis Fund" to provide 11 nonprofit organizations – including orphanages, schools, clinics, and daycares – with emergency cash donations totaling $61,613 to help cover operating costs.
From left to right: Yuris Massiel - José Abdiel (baby) - Exa Federlinda - Yerlin Dilesca
Juana Rosa is an indigenous woman from the Chorotega ethnic group in the community of Chilcauno, Totagalpa. She lives with her husband, Enrique, their three daughters, Exa, Yuris, Yerlin, and 4-month-old grandson José. Juana Rosa’s eldest daughter Exa, was diagnosed with cerebral palsy, a severe intellectual deficit and malnourishment at the age of three. Although Exa is now 28 years old, her mother and father have struggled for many years to provide a nutritious diet for her and the family.

“I thank God because I can provide food for my family. He is the only one who gives us the strength to continue.”

Before the project with ANF, Juana Rosa used to walk 4 kilometers up to 4 times a day with buckets in hand to gather water for her home and crops. Despite her hard work, her daughter was often sick from drinking unclean water and her crops were damaged by the lack of it. ANF provided Juana Rosa with a rainwater collection system for her home. The community also received a tank with a capacity of 2,500 liters to store water. “We are very grateful to ANF because our family has food every day, our drinking water is now clean and my daughter no longer suffers from waterborne diseases. We were also able to improve the productivity of our garden now that we have better access to water,” says Juana Rosa with a smile.

In 2018, Juana Rosa joined ANF’s project with 29 other Chorotega women and received training, technical assistance, and supplies to improve their food security and access to water. With the training Juana Rosa received, she planted a garden where she grows onions, peppers, tomatoes, cilantro, and mint with seeds provided by ANF. A part of the harvest from the garden is for the family’s self-consumption and the rest is sold by Juana Rosa to purchase clothes, rice, sugar, coffee, cooking oil and her daughter Exa’s favorite kind of bread. “You always have to think about your children, specially Exa who relies on me; with what I sell I can buy them their favorite food. I feel happy that I can help.”
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SER I San Antonio
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BAC Florida Bank
Carmen Chamorro de Pellas
Fundación Promoción Social de la Cultura (FPSC)
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Nekupe Sporting Resort & Retreat

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BAC Financial Services
Fields Family
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Aña María García
Arizona State Employees
Ayuda a los Demás
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Free Wheelchair Mission
Fr. Chuck’s Challenge
Fundación Arcoiris
Fundación Coen
Fundación Colmena
Fundación FEMSA
Fundación NICAFRANCE
Fundación Pantaleón
Fundación Centro Pacífico
Fundación Sahilman
GBM Nicaragua
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Grupo Pellas
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Ideal Northern
Ingemann
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King’s Ransom Foundation
La Colonia
Life Outreach International (LOI)
Light a Single Candle Foundation
Matthew 25: Ministries
Medical Association Program
Special Thanks
To our mission critical partners
Food For The Poor Inc.
Grupo Pellas

IN-KIND DONORS

Americares
Catholic Medical Mission Board
Direct Relief
Feed My Starving Children
Food For The Poor, Inc.
Free Wheelchair Mission
Hearts for Friends, Jesuit Preparatory School
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Life Outreach International
Matthew 25: Ministries
Medical Association Program
International (MAP)
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Miami Marlins
Milca Roja
Nadia Vado
Nikki Beach
Padrón Cigars
Valentia Mediterranean Cuisine

SPECIAL THANKS
To our mission critical partners
Food For The Poor Inc.
Grupo Pellas
## STATEMENTS OF FINANCIAL POSITION

December 31, 2018 and 2017 (in USD)

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>1,388,557</td>
<td>2,231,366</td>
</tr>
<tr>
<td>Interest-bearing deposits in financial institution</td>
<td>1,650,000</td>
<td>2,159,743</td>
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<tr>
<td>Investments</td>
<td>1,011,335</td>
<td>-</td>
</tr>
<tr>
<td>Contribution and other receivables</td>
<td>1,582,760</td>
<td>1,572,678</td>
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<tr>
<td>Inventories</td>
<td>4,325,451</td>
<td>19,694,082</td>
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<tr>
<td>Property and equipment, net</td>
<td>1,495,932</td>
<td>1,326,604</td>
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<tr>
<td>Other assets</td>
<td>71,301</td>
<td>63,965</td>
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<tr>
<td><strong>Total assets</strong></td>
<td><strong>11,525,336</strong></td>
<td><strong>27,048,438</strong></td>
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</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>LIABILITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>2,109,473</td>
<td>2,193,311</td>
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<tr>
<td><strong>NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net assets at end of year</td>
<td>24,855,127</td>
<td>21,722,999</td>
</tr>
<tr>
<td>Change in net assets</td>
<td>(15,439,264)</td>
<td>3,132,128</td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>11,525,336</strong></td>
<td><strong>27,048,438</strong></td>
</tr>
</tbody>
</table>
# Statements of Activities and Changes in Net Assets

**December 31, 2018 and 2017 (in USD)**

## Changes in Unrestricted Net Assets

<table>
<thead>
<tr>
<th>Revenue</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-kind contributions</td>
<td>32,564,827</td>
<td>102,795,665</td>
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<tr>
<td>Cash contributions and other</td>
<td>8,051,647</td>
<td>8,443,133</td>
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<tr>
<td>Donated shipping and handling</td>
<td>862,278</td>
<td>1,325,041</td>
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<tr>
<td><strong>Total unrestricted revenue</strong></td>
<td><strong>41,478,752</strong></td>
<td><strong>112,563,839</strong></td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program expenses</td>
<td>54,911,786</td>
<td>107,809,183</td>
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<tr>
<td>Administrative expenses</td>
<td>1,624,791</td>
<td>1,177,322</td>
</tr>
<tr>
<td>Fundraising</td>
<td>381,439</td>
<td>418,642</td>
</tr>
<tr>
<td><strong>Total expenses</strong></td>
<td><strong>56,918,016</strong></td>
<td><strong>109,405,147</strong></td>
</tr>
</tbody>
</table>

## Change in Temporarily Restricted Net Assets

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in net assets</td>
<td>(15,439,264)</td>
<td>3,158,692</td>
</tr>
<tr>
<td><strong>Net assets at beginning of year</strong></td>
<td><strong>24,855,127</strong></td>
<td><strong>21,696,435</strong></td>
</tr>
<tr>
<td><strong>Net assets at end of year</strong></td>
<td><strong>9,415,863</strong></td>
<td><strong>24,855,127</strong></td>
</tr>
</tbody>
</table>
“Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could.”

— St. Gregory Nazianzen