



# HEALTH & SAFETY PROGRAMME

## NCL'S PEACE OF MIND

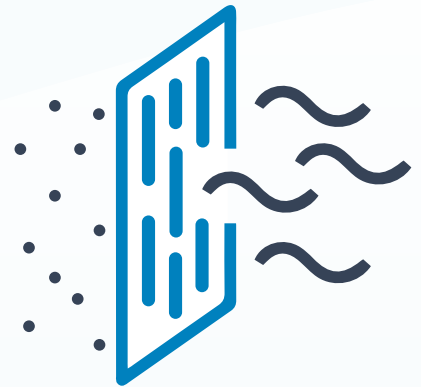
SAIL SAFE | FLEXIBLE BOOKING

The health, safety and comfort of our guests and crew members both on board and on shore is our number one priority. We are ever-evolving our SAIL SAFE programme - taking every precaution to protect you. This is just the start of a wave of new technologies and enhancements we are rolling out, so you can explore the world with us with the ultimate Peace of Mind.



### ALL-NEW AIR FILTRATION

Installation of hospital-grade air-filters, H13 HEPA, that remove 99.95% of airborne pathogens to ensure the air you breathe is clean. H13 HEPA filters are fine enough to catch particles of COVID-19.



### ENHANCED SCREENING PROTOCOLS

All guests and crew will undergo an extensive pre-embarkation health screening. There will be touchless temperature checks and continuous monitoring of guests and crew throughout your voyage. Checks will occur:

- Prior to embarkation
- Upon returning to the ship while in a port of call
- Prior to all meals in dining venues
- Prior to activities in public venues
- Prior to disembarkation



### INCREASED SANITATION MEASURES

All ships are disinfected, evaluated, and certified as virus-free when they re-enter service. Our 24/7 prevention schedule will feature continuous disinfection of public areas and high-traffic touch points.

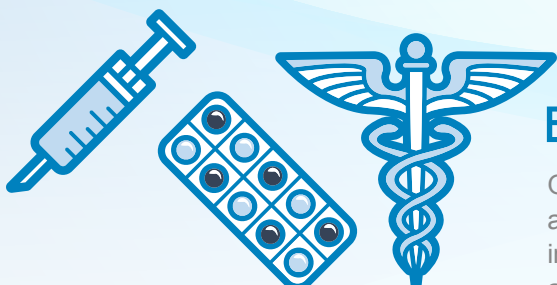
### EXTENDED SHIP TO SHORE SAFETY

We're partnering with our local destinations and tour operators to ensure our industry-leading health and sanitation protocols extend to the shoreside experience. We will only visit safe, open ports of call which may cause changes to your itinerary.



### RESPONSIBLE SOCIAL DISTANCING

To provide even more space for responsible social distancing, guest capacity on board will be reduced. Staggered embarkation and check-in process will be implemented for proper social distancing. In addition, we are committed to reducing capacity in all public areas.



### ENHANCED MEDICAL RESOURCES

Onboard medical centers will be fully equipped with the latest testing kits and medical supplies, including onboard testing for COVID-19. We are increasing our medical team fleetwide, and there will be dedicated isolation accommodations.

For more information, visit [ncl.com/PeaceOfMind](https://ncl.com/PeaceOfMind).

**NCL** NORWEGIAN  
CRUISE LINE®