









# WHAT YOUR COUNSELOR WILL EXPECT FROM YOU

-  To come each week prepared to listen, speak, and ask questions (James 1:19; Galatians 6:6).
-  To have a learner spirit; you're giving your counselor permission to speak truth into your life (Psalms 143:10; Proverbs 13:13).
-  To be patient and give counseling time (Romans 12:12; Galatians 6:9).
-  To meet with your counselor at the same time each week. Typically, we meet with someone between 12-20 weeks (Proverbs 13:4; Galatians 6:9).
-  To bring your Bible, be committed to obeying God's Word, and apply it to your situation (Proverbs 30:5; James 1:22).
-  To be transparent, honest, and willing to experience some temporary emotional discomfort as issues are unpacked (Hebrews 12:11; James 5:16).
-  To complete the homework assignments each week. Change happens throughout the week as you apply truth (Proverbs 13:4; Proverbs 16:3).
-  To grow in your trust of God, His Word, and in your relationship with Jesus Christ (Matthew 6:33; 2 Corinthians 3:18).

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## BIBLICAL COUNSELING

DESERT SPRINGS CHURCH  
[desertspringschurch.org/counseling](http://desertspringschurch.org/counseling)





# DESERT SPRINGS CHURCH **BIBLICAL** COUNSELING

Welcome to Desert Springs Church Biblical Counseling. All of us experience questions, problems, and trouble at different times in our life. Some of them come from our own choices and some come from others' choices – often they are a combination of both. But the truth is God allows these things to occur to help us seek Him and His answers.

If you desire to find real solutions to your problems, we are here to help you. Each of our counselors, whether pastors or laypersons, have completed a demanding, multi-year biblical counseling training and certification process and have experience in helping people through issues similar to your own.

We've had the privilege of seeing many people and families get the answers, solutions, and help they needed and were looking for. Regardless of the issue you arrive with, we believe that God's Word, the Bible, is sufficient to answer any of life's questions, problems, and troubles. We understand it takes courage to ask for help and look forward to the privilege and opportunity to help you.

## WHAT YOU CAN EXPECT FROM YOUR COUNSELOR



Expect to experience biblical love and compassion from your counselor (Ephesians 4:32; 1 Timothy 1:5).



Expect them to listen patiently and attentively to you (Proverbs 18:13; James 1:19-20).



Expect they will always be asking questions to better help both of you understand you and your situation (Proverbs 18:13).



Expect them to provide you with hope (Romans 8:28-29; 1 Corinthians 6:11; 1 Peter 5:10).



Expect to receive a biblical definition and understanding of your problems or situation (1 Corinthians 2:13; 2 Timothy 3:16-17).



Expect them to use the Bible to guide, correct, inform, and instruct you (e.g. 2 Timothy 3:16-17).



Expect to be given homework each week; change happens day by day (James 1:22; Psalm 139:23-24).



Expect to experience the Spirit of God work through His Word to bring about change in your life (Psalm 139:22-23; Romans 12:2; 1 Corinthians 6:11).



Expect to be pointed often to Jesus Christ and His gospel (Luke 4:18; 6:20-35; Romans 1:16).

