



ARAGOSTA MAMMA

COMMERCIAL FISHING COMMUNITY + CULTURE

About Aragosta Mama

**Mama of a super cute fishing family,
living on Orr's Island and working for the
Maine Coast Fishermen's Association.**

Writing about seafood, the ocean, and
the lifestyle of a fishing family and
industry advocate.

Recently started writing about living with depression &
anxiety & coping with stress when my family is at sea.



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www.aragostamama.com



Mama's Goal



For local **seafood** to be as cool as kale,
for **fishing** families to be celebrated,
and for people to connect more
deeply to & appreciate the **ocean**.

*Like Pioneer Woman for the
Working Waterfront.*

Values



Fishermen are harvesters of healthy food from the ocean and worthy of space in the food system, and local seafood should be a food system priority.

Fishing families care deeply about the ocean, and the experiences fishermen have working on the ocean is an important part of climate change conversations, and we should *all* be more mindful of how our actions on land impact the ocean.

Speaking openly about mental health & wellness is important to fishermen and their families because of the inherent risk and uncertainty associated with their businesses.

Current Projects & Work



DIRECTOR OF COMMUNITY PROGRAMS

Fishermen Wellness, Working Waterfront & Seafood

PRESIDENT OF THE BOARD

The longest-running tuna tournament
in the country.



CMO & MOM OF THE OWNERS

est. 2020



Written for & Featured in

Huffington Post Green
Commercial Fisheries News

National Fisherman

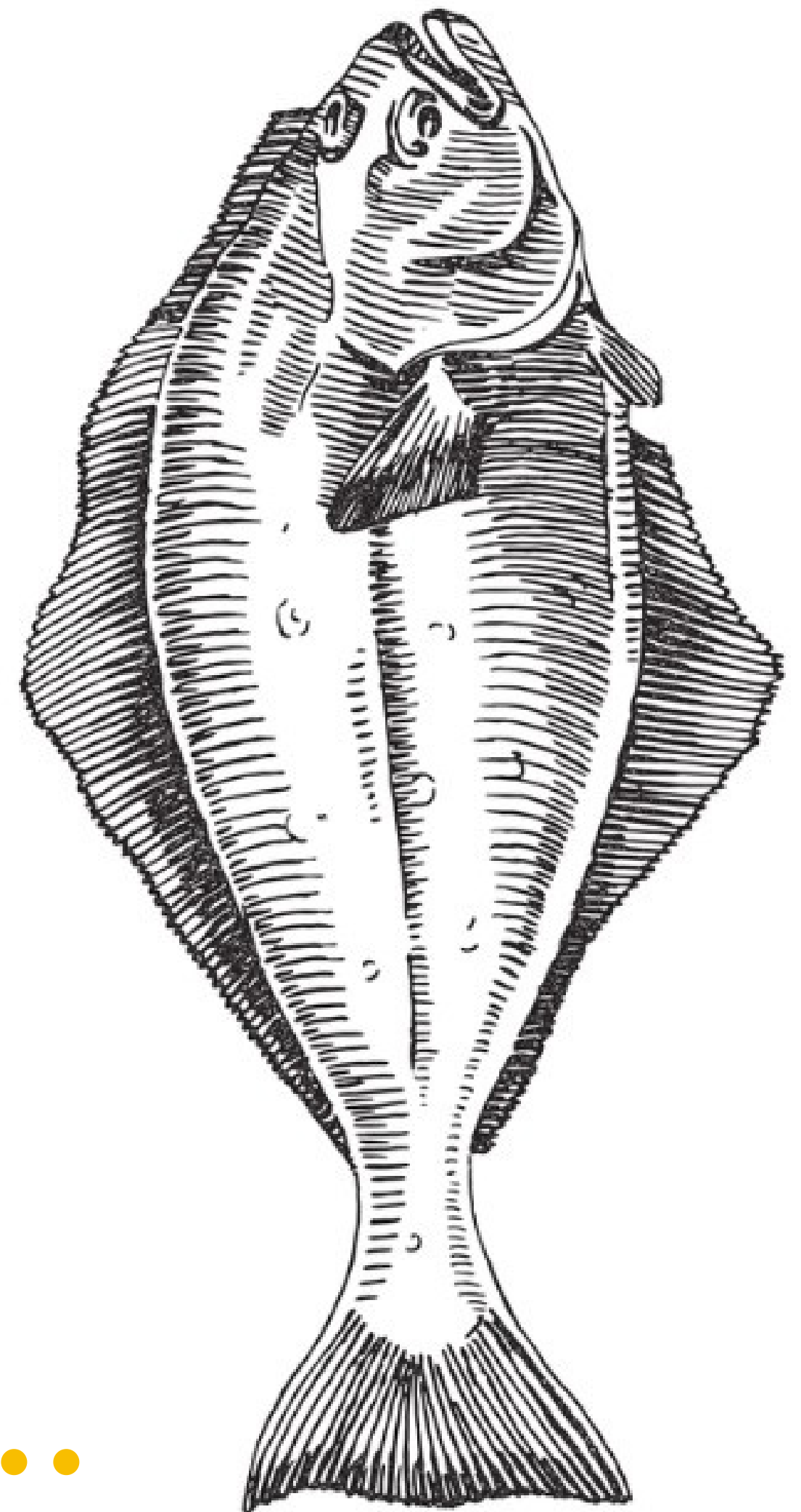
Civil Eats

National Geographic

Heated

Hakai Magazine

Connected: A Search for Unity (TV)



My Family

Herman



Riley, 12



Jocelyne, 16



The Fleet

F/V Orca



F/V Jocelyne K



F/V Wreaking Havoc



Aragosta Mama

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