BEST STARGAZING CAMPSITES

Spend an evening outdoors and looking up in one of these parks for mesmerizing stargazing.

STONELICK STATE PARK
2895 Lake Drive
Pleasant Plain, OH 45162
http://parks.ohiodnr.gov/stonelick

CAESAR CREEK STATE PARK
8570 E. State Route 73
Waynesville, OH 45068
http://parks.ohiodnr.gov/caesarcreek

COWAN LAKE STATE PARK
1750 Osborn Road
Wilmington, OH 45177
http://parks.ohiodnr.gov/cowanlake

FERNALD NATURE PRESERVE
7400 Willey Road
Hamilton, OH 45013
www.lm.doe.gov/fernald/sites.aspx
There is a common misconception that camping is not for everyone. The fact of the matter is not everyone has the desire to set up a tent, lay down on the ground and sleep in the manner of our predecessors all those millennia ago. Whether you have never slept under the stars or you spend more nights a year outdoors than in, everyone can have a first camping trip if they choose to go. Unmatched fresh air, picturesque landscapes (if you are in the right spot), a return to simplicity -- the benefits vary from person to person, but the positive influence brought on by this change in environment is universal.

In most cases, no matter your station in life, camping is a viable option. A tent, a sleeping bag, some firewood and some food is enough to get you going, whether you own or borrow the necessary gear. It is easy to find yourself in a state of mindfulness outdoors. Away from modern conveniences where you are focused only on the present matters at hand, you find a sense of happiness from your tasks as they each serve a purpose and benefit you.

To be honest, I never enjoyed camping growing up. My family did not do it very often; there were always mosquitoes; and who thought sitting around a fire like cave people was fun? I am very grateful, however, for the exposure to the activity. Camping isn’t going to appeal to everyone on the first go. (That’s fantastic if it does, though!) For me, it took some practice and developing a “routine” before I became very comfortable with it all. And ever since, I’ve enjoyed camping on forest roads, miles from the nearest vehicle, on beaches and nestled among boulders above the tree line. No matter the confines, my mind is always quiet, my intentions clear and my heart content.
BREAKFAST STYLE
Start the day right with this breakfast treat. Switch out the traditional graham cracker for a breakfast bar or pastry, such as a Pop-Tart. Top with a gooey marshmallow and garnish with freeze-dried strawberries and bananas.

S’MOREOS
Try substituting graham crackers for Oreo cookies, with or without the cream, for a chocolatey delight!

SALTED CARAMEL
A perfect balance of sweet and salty! Start with pretzel chips as your cracker, add a classic toasted marshmallow and smooch with a handful of chocolate covered caramels, such as Milk Duds.
When camping at Adventure Outpost, Adventure Crew prefers a tent under the stars, but cabins are also an option at this robust outdoor venue. Get your feet wet (literally) with a wide range of activities like kayaking, archery, disc golf and wilderness skills. Located within Great Parks of Hamilton County’s Winton Woods, Adventure Outpost also has quick access to biking and fishing. Whether for summer camp or team building, Adventure Outpost is a great destination.
LEAVE NO TRACE

Whether you’re spending a week in the backcountry or a couple of nights camping in the frontcountry, these simple principles will ensure you respect and preserve the natural landscape.

PLAN AHEAD.
Preparing for weather and terrain will help you adventure safely while minimizing damage to the environment.

STICK TO DURABLE SURFACES.
Take the trail, where you’re meant to tread. When traveling waterways, be aware of the riparian zone while entering and exiting your craft.

DISPOSE OF WASTE.
Pack out everything you bring in.

LOVE IT, LEAVE IT.
Enjoy the beauty of wildflowers and rock formations, but don’t disturb them.

CONSIDER YOUR CAMPFIRE.
In the backcountry, be sure to assess the risk of fire damage. When present, use existing fire rings. Source your wood from the area where you’re camping or purchase heat-treated wood. Moving firewood poses a very serious threat to the health of trees -- it can spread pests and diseases.
Ohio's only National Water Trail

Find Your Way

www.GreatMiamiRiverway.com
EVERY ADVENTURE DESERVES

ROADS RIVERS AND TRAILS

MOUNTAIN VIEWS
PACK FITTINGS
QUALITY BOOTS
CAMPFIRE STORIES
DEPENDABLE GEAR
EXPERT ADVICE
STARRY SKIES
DELICIOUS MEALS
TRIP GUIDANCE
TIME IN THE WATER
COZY SLEEP
DRY GEAR
PUBLIC LANDS
EXCELLENT SERVICE

118 MAIN STREET MILFORD, OH 45150 | 513.248.7787
ROADSRIVERSANDTRAILS.COM
Here, the hard edges of city life meet the grit of the outdoors. We believe adventure is riding a bike for the first time, or feeling mud shift under your boots, or falling over your skis. Nowhere else can you find this precise mixture of adrenaline and peace.

Through ADVENTURE CREW, city teens develop the COURAGEOUS SPIRIT to step out of their COMFORT ZONE and discover new worlds -- OUTSIDE in nature, and INSIDE themselves. This deep connection to nature will CHANGE THE COURSE of their lives -- no matter what ENVIRONMENT they're in.
Adventure Crew is a 501(c)3 that regularly connects a roster of almost 1,000 city teens across 24 schools to the great outdoors. Adventures are offered monthly and at no cost to students. Through Adventure Crew, city youth are immersed in the physical, mental, and social benefits of time spent in nature.

CONNECT WITH THE CREW ONLINE

W: adventurecrew.org
FB: @AdventureCrewCincinnati
IG: @AdventureCrewCincy

“When I’m out in nature with Adventure Crew I feel free and at peace.”