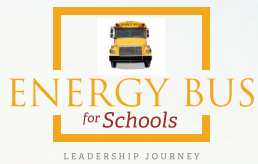


The Energy Bus for Schools

Driver's Manual

SECONDARY



Supplement to Activity Guide





GOALS Chart



– Gas Up & Go!



– Onward & Ongoing!



– Attitude is Everything!

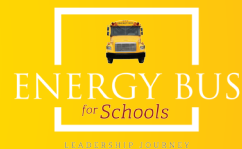


– Leave Room for Fails!



– Stay the Course/Stay Focused!

Driver's Manual

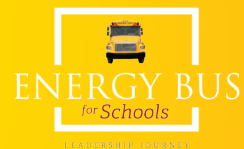


Fulfilling My Passions

Short Term Goals	Long Term Goals

Notes:

Driver's Manual



Strengths

I'm Great at:

How Does This Reflect your Strengths?

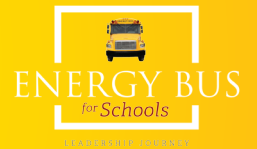
--	--

Things I'd Like to Improve on:

Steps I'll Take to Accomplish Improvement:

--	--

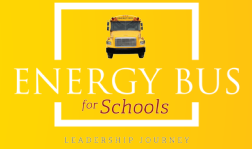
A stylized illustration of a car's interior, focusing on the dashboard and steering wheel. The dashboard features two circular gauges with red needles and a central digital display. Above the gauges is a rectangular screen with a blue and white striped pattern. To the right of the screen are several circular icons: a green one with a car icon, a blue one with a car icon, a yellow one with a car icon, and a purple one with a car icon. The steering wheel is black with a red center and a yellow and red striped rim. Below the steering wheel is a black gear shift lever. The entire illustration is set against a yellow background with a white circular glow behind the dashboard area.



What's Important to Me? & How am I Contributing to or Investing in Each?

[illegible]

Driver's Manual



Needs Assessment

What is a Needs Assessment?

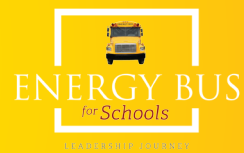
A needs assessment is an activity that helps to identify and respond to a specific “need” or problem in your community, at school, or even at home. Once you complete the needs assessment, you can come up with a step-by-step plan (strategic plan) to determine what the priorities are (what is most important to fix first), make improvements, and provide resources. An example of a resource could be volunteering your time, or donating items in need.

Activity:

Ms. Smith and her 8th grade students conducted a needs assessment of the local animal shelter in their neighborhood after determining that there were many stray animals in the area, and the shelter was not equipped to handle them. Here is a list of specific problems they found at the animal shelter. To create a strategic plan for these needs, try listing them in order of importance or prioritizing them. Use the space below.

1. Limited dog food _____
2. Limited blankets _____
3. No dog beds available _____
4. No planned activities for the dogs _____
5. Limited staff to walk the dogs _____
6. No planned adoption events in the neighborhood _____
7. No animal shelter manager on site _____
8. No grooming services available _____
9. No veterinarian available to help sick dogs _____
10. No list of potential foster families _____

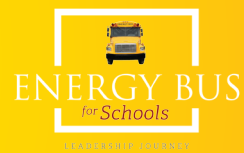
Driver's Manual



My Healthy Challenge

My Goal	Date & Check-In Notes

Driver's Manual



The Energy Bus Principles Chart

I'm the Driver	
Create a Positive Vision	
Drive with Purpose	
Fuel your Ride with Positive Energy	
Transform Negativity	
Love your Passengers	
Enjoy the Ride	