



## PARENT/ PLAYER AGREEMENT

Parents, please review and sign this agreement with your players so that they know and understand our expectations as a club going forward throughout the season. We are distributing this to everyone in the hopes that it will prevent any confusion or misunderstandings during the season that could degrade the experience for the player. These rules were mentioned at several meetings throughout the offseason as well so they should not be new to anyone reading this.

Our club has the following expectations for players and parents:

**1) Players will be on time and appropriately dressed for training and games.**

Each player will have a full set of socks, shorts, and shirts for training. These are ALL required for players to participate in Rochester FC on field activities or club sponsored events unless otherwise stated by the coach or other club leadership. Players will not be allowed to train or play in games if they do not have the proper equipment. For practice days players are expected to be ready to train no later than 15 minutes before training begins. On game days players should be at the field no later than 45 minutes before kickoff and dressed and ready to warm up no less than 30 minutes before kickoff. We understand that sometimes life gets in the way and you, or your child will be late. In that instance, please make your coach aware of this as soon as you can so that they prepare. Persistent tardiness and/or a consistent lack of proper training attire will be resolved in a meeting with the player, the players family, the coach, and youth director.

**2) All training sessions are closed**

Our training sessions are closed to parents/public unless specified otherwise by the coach or club leadership. We love that you are invested in your child's soccer career and want to be involved as much as you can, however, your presence at the training field is a distraction to both the players and coaches, whether you are sitting quietly on the sideline or screaming and shouting your support. If you wish to stay close for your child's practice, there is a parking lot just to the east of the field where you can park and wait until the end of the session. Rochester FC also has a designated club photographer that will be capturing pictures throughout the season, as such please no photos of training sessions. You are encouraged to take pictures and videos at games, however since training is such a vital part of the success of a season and any distractions to the coach affect the quality of the lesson for the day, please do not take pictures at training.

3) **Playing time is determined by the players efforts**

We are a competitive club focused on developing players to play on our pre-professional USL2 and USLW teams. As such the mentality of training and games is focused on putting the best product on the field that we can in every game. All players will see game minutes, however the amount of playing time is directly determined by the players' effort throughout the season. If your child is concerned about playing time, have **them** talk to their coach. All of our coaches will provide constructive feedback to players who show initiative and take responsibility for their own development by talking to their coaches. If parents email coaches about playing time they will be reminded of this. Throughout the season coaches and club leadership are always evaluating players to determine the best fit for their abilities so if players are not receiving a majority of the minutes at the beginning of the season, that does not mean that will carry through to the end of the season.

4) **Players and parents will respect coaches and game officials from the sidelines**

There is an extreme shortage of referees AND coaches across the state and region. A large part of this is due to constant feedback about every decision made. Our club coaches will be open and transparent about our decisions after the game and will explain them to you away from the field if needed. Parents should refrain from bombarding the coaches with questions immediately after the final whistle. Referees are human, and while we may not agree with them on some calls they make, our club expects all communications with referees to come from the head coach and team captains **ONLY**. This will help ensure that we can continue to play games and not worry about making parents sign up to referee due to shortages.

This list should be considered the bare minimum requirements, as many coaches will have their own team rules in addition to this. Please sign and date this form and bring it to your coach by the end of the second week of training.

Thank you for your cooperation in helping make this a successful season for Rochester FC

X

Parent Signature

X

Player Signature

