Media Story Ideas and Article Topics

Based on Linda Swindling’s book
Stop Complainers and Energy Drainers: How to Negotiate Work Drama to Get More Done
(Wiley, 2013)

The Top 5 Ways to Stop a Complainer
The Top 10 Reasons to Stop a Complainer
Why Whiners and Complainers Won’t Win
How to Convert Complainers to Contributors
How to Weed Out the Whiners in Your Office
Why Do People Think You’re a Whiner…And What to Do About It
What Complainer Type Are You: Five Complainer Types that Drive Everyone Crazy
Why You Should Complain and How to Do it Right
Are You Suffering from Complainer Fatigue: How to Determine if the Office Whiner is Bringing You Down
Why 73% of People Will Turn Down a $10,000 Annual Raise and Why You Should be Worried about It
Could You Be a Complainer?
The Cost of Complainers
Stopping a Culture of Complainers
Surviving a Toxic Boss