

OHIO VALLEY UNIVERSITY

RETURN TO CAMPUS GUIDE



MESSAGE FROM THE PRESIDENT

At our core, Ohio Valley University is based on relationships to God and to each other. We value so much the relationships that we have and the new ones that we will be developing during the course of this school year. We are so excited that you are here and part of the family of Fighting Scots!

This school year will look different. The pandemic has made us put some important things in place to provide for a safe environment. Our campus set-up is conducive to social distancing and maintaining a safe environment. We have installed additional hand sanitizer stations throughout the campus. We have COVID-19 guidelines and regulations in place and we are ready for your return!

As I have said from day one, "Together, we are OVU!" So obviously, these uncharted times have showed us we are better together. The COVID-19 pandemic has forced us into a "new normal" and we realize that plans may change as we monitor the guidelines. Following safety measures (like wearing masks, physical distancing, washing hands and doing temperature checks) are a way to follow Christ in his call to love our neighbors, as one loves oneself, and to treat others as we would want to be treated. Each of us want others to look out for our best interest and so we are asking every member of the OVU community to extend that courtesy to others and look to the best interest of others in following these guidelines. By doing so, we become increasingly who the Lord wants us to be!

We are not taking this pandemic lightly, but we also don't want any member of the OVU community to walk in fear every day. As we follow personal and institutional safety practices, let us also trust in God and his providence. Reflect on these words from scripture as we begin this semester. Proverbs 3:5-6 – "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Remember, "Together, we are OVU!"



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ACADEMIC CALENDAR

Ohio Valley University has adjusted the academic calendar to alleviate the concern that those traveling for Thanksgiving Break would become susceptible to COVID-19 and bring it onto campus upon their return for the final two weeks of the fall semester. Though shortened, the fall semester will still meet required instructional hours for each course. Spring Semester is currently set to start on January 11 and end May 5.

spring 2021

Spring classes will begin January 11.

MLK Day (January 18) and Good Friday (April 2) will be observed.

Spring Break is spread across multiple days: 1/18 (Mon), 2/2 (Tues), 3/3 (Wed), 4/1 (Thurs), 4/2 (Fri),

Last day of classes will be April 30.

Final Exams will be May 3-5.

Commencement Ceremonies for the Class of 2021 are currently to be determined.

SOURCES

One of the challenges with implementing best practices during the pandemic is that there are many levels of influence as to what we need to do: federal, state and local authorities, NCAA guidelines, as well as, the new information that can be put out at a moments notice.

Because of this, we are paying special attention to several key sources. These sources have influenced the action we have taken and will shape future decisions for the well-being of our campus community.

Federal

Centers for Disease Control & Prevention (CDC)
<https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/index.html>

State

Gov. Jim Justice's Website
<https://governor.wv.gov/Pages/default.aspx>

WV Higher Education Policy Commission (WVHEPC)
www.wvhepc.edu/coronavirus

Department of Health & Human Resources (DHHR)
<https://dhhr.wv.gov/COVID-19/pages/updates-and-news.aspx>

Local

Mid-Ohio Valley Health Department
211 6th Street
Parkersburg, WV 26101
304.485.7374

Athletics

NCAA
www.ncaa.org

Great Midwest Athletic Conference (GMAC)
<https://greatmidwestsports.com/>

STRATEGIES

PERSONAL SAFETY PRACTICES

Our best defense against the spread of any infectious disease is our basic personal choices: to wash hands frequently for 20 seconds, use anti-bacterial soap, keep our shared spaces clean, wear a cloth mask when near others, don't touch our face, don't shake hands with others, practice physical distancing of 6ft and do daily health assessments for any symptoms of a virus. If each member of the OVU community will be focused and diligent in these areas we will re-open our campus in great shape.

INSTITUTIONAL SAFETY PRACTICES

We began implementing safety practices on campus many months ago. When we come back together on campus you will notice: face masks are required inside academic/athletic buildings and outside when physical distancing is not possible, temperatures will be taken regularly, more hand sanitizing stations are available, directional flow signs are on the floor in the main hallways, high touch areas are cleaned frequently throughout campus, bathrooms are cleaned three times daily, seating areas adhere to 6 ft physical distance requirement and updates are communicated on adjustments to personal/institutional practices.

COPLIN HEALTH SYSTEMS PARTNERSHIP (CHS)

Keeping our campus community healthy is a priority and we are excited to have a new partnership with CHS. You'll see a nurse on-site three days each week in the fall. The nurse will screen individuals who are sick and connect them to a primary care provider using telemedicine (i.e., healthcare delivered via video conference) or they will recommend an in-office visit as needed. We want to thank our partner, Coplin Health Systems, for their willingness to bring healthcare to our campus.

PRAYER

Since we are a Christian university, we believe in the value of prayer. We believe that if members of our community regularly pray, both personally and collectively, we are stronger spiritually, socially, emotionally, and even physically. There is great uncertainty in life, especially during this COVID-19 era, but prayer keeps us grounded in the certainty of the sovereign care of Heavenly Father and His Son, our Lord Jesus, over our lives. Prayer allows the Holy Spirit to minister to our spirit for the assurance, contentment and peace we need to endure trying times.

SPACES

STOTTS (MAIN BUILDING)

Cloth masks are required upon entry and when walking through the halls until further notice starting August 12. Directional flow signs will be placed on the floor and everyone is asked to keep physical distance when traversing the halls. Hand sanitizing stations will be placed in various locations. Temperatures will be taken in the main lobby starting August 13 and all who enter the building are to come through the main lobby.

CLASSROOMS

Seating in classrooms will be set up to maintain physical distancing. Classes will be capped at 20 students. Each room will have a sanitization station that faculty will use to sanitize the classroom. Campus Operations will come through daily to ensure the stations are stocked with cleaning solution, rag cloths for start of the next day of classes and to take away used cloths to be washed.

DORMS

Most students will reside in single occupancy rooms. Bathrooms and the Commons will be cleaned three times a day M-F (8 am, 12:30 pm, 3:30 pm). Furniture has been rearranged in the Commons to adhere to physical distancing guidelines. Hand sanitizing stations are installed at entrances and exits. No over-night guests will be permitted to stay until further notice. Masks will be required to be worn in the dorm halls and Commons from 8 am to 4 pm Monday to Friday.

LOWLAND HALL

Lowland Hall (on south campus) is being set aside to isolate students, who live on campus, that have a temperature of 100.4 F or may contract COVID-19. Area A will be for males and Area C for females. Only after clearance from a medical professional will students be able to return to the dorms.

OFFICE SPACES

Employees/Staff are expected to wear their masks throughout the halls on campus. No masks are required in personal office spaces. Physical distance should be maintained when meeting on office spaces. Employees should sanitize their spaces after others visit.

LIBRARY/COMPUTER LAB

The library stacks will be closed for the first two to four weeks of the semester. Students may use the library for studying, but they must wear masks and observe physical distancing. Students may use OVU computers and printers, but will be asked to use hand sanitizer before using the computer or printer. After using the computer and/or printer, students are asked to wipe them clean with a disinfecting wipe. Hand sanitizers and disinfecting wipes will be available in the computer labs and library.

BOOKSTORE

Every customer is required to wear a mask to enter the bookstore and adhere to physical distancing when waiting in line and shopping.

CHAPEL

Chapel (the actual space) has seating set up for physical distancing with a max capacity of about 75 people. For our daily "Chapel & Assembly Time" we will begin the year by having it in the Alumni Gym AT 11AM. The Governor's flexibility with groups meeting for worship allows us to have a larger group gathered for "Chapel & Assembly" while abiding by physical distance guidelines. We will be asking everyone to wear masks during chapel.

ATHLETICS

The Ohio Valley University Athletic Department will implement a phased-in approach to fall practice and conditioning. This plan applies to all athletic programs except for men's and women's cross country and men's and women's golf which will follow a separate protocol within the guidelines published by the NCAA. The following is subject to change based on NCAA, GMAC, federal, state, and local guidelines and expectation.

PHASE ONE (THROUGH AUGUST 30):

1. Baseline testing of all student-athletes, coaches, and athletic department staff.
2. Gyms, weight room, and other athletic facilities will be closed.
3. No practices, conditioning, or individual workouts.

PHASE TWO (THROUGH SEPTEMBER 30):

1. Monitoring of student-athletes will continue in accordance with federal, state, and local guidelines.
2. Student-athletes may participate in conditioning, individual workouts, and group training activities of no more than 4 student-athletes at a time and in accordance with NCAA compliance.

PHASE THREE:

1. Monitoring of student-athletes will continue in accordance with federal, state, and local guidelines.
2. Team practice and conditioning is permitted in accordance with NCAA compliance.

SAFE DINING AT OVU

The following are details from our new food service provider, Hallmark, and the Director of Food Services about measures being taken to ensure a healthy and sanitary eating environment.

HOW OUR DINING TEAM IS COMMITTED TO YOUR SAFETY

- Daily screening and temperature checks
- Proper use of PPE at all times
- Frequent and thorough hand washing
- Disinfecting all contact surfaces throughout meal service
- Deep cleaning during non-scheduled meal times

SAFE DINING GUIDELINES

- Do not enter the dining area if you have any COVID symptoms
- Wash and Sanitize hands before entering dining area
- Face masks are required in dining area at all times unless sitting and eating
- Follow directional markers and maintain social distance in dining area
- Tables or chairs should not be moved
- Only sit at tables with Green markers, turn to Red when leaving
- If it's Green its Clean!

ECO-TO-GO PROGRAM

In efforts to provide students with Safe Dining Options, we will be rolling out several programs to ensure that students have a choice and we reduce density in the dining hall. We will also be eliminating "Self-Serve" in the dining hall, while making every effort to provide as many dining options as possible. The Eco-To-Go Program will provide all students on a meal plan access to taking food out of the dining hall using a re-usable container. Students will receive a carabiner clip and instruction card when arriving on campus, this clip will allow them to exchange the clip for a clean sanitized container. Those not on the meal plan can participate by purchasing access to the program or as complimentary offered with any purchase of Dining Dollars over \$100.

ON THE RUN MEALS

This offers the students the opportunity to pre-order meals they can pick up in the dining hall and take with them. Simply go to the dining website ovu.hallmarkdining.com

TESTING

Gov. Jim Justice has mandated that all Institutions of Higher Education in WV must test every faculty, staff and student before classes begin.

OVU has been asked to organize a testing event in partnership with WV's DHHR (Department of Health and Human Resources) and the Mid- Ohio Valley Health Department.

Our first testing event was held on August 13 and a follow-up date has been scheduled for August 17. All students are required to test before they attend their first class.



APPENDIX

CDC BASICS ON COVID-19

“COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices (such as wearing cloth face coverings, handwashing, staying home when sick) and environmental prevention practices (such as cleaning and disinfection) are important principles that are covered in this document. Fortunately, there are a number of actions IHE administrators can take to help lower the risk of COVID-19 exposure and spread.

SYMPTOMS

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea


































































This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. *This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.






<https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/considerations.html>

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

COVID-19 SYMPTOMS

VS. FLU, COLD & ALLERGIES

	 COUGH	 FEVER	 BODY ACHES	 CHILLS	 FATIGUE	 DIARRHEA	 SORE THROAT	 SHORTNESS OF BREATH	 LOSS OF TASTE OR SMELL	 CHEST PAIN	 RUNNY NOSE	 SNEEZING	 WATERY EYES
COVID-19													
FLU													
COLD													
ALLERGIES													

 FREQUENTLY
  SOMETIMES
  LITTLE
  RARELY
  NONE

CONTACT STUDENT LIFE
IF YOU ARE EXHIBITING
ANY OF THE COVID-19
SYMPTOMS.

Dr. Dorn Muscar - 304.865.6085
 Evette Booker - 304.865.6080
 Meissa Diop - 740-629-1032
 Mike Snell - 304.865.6453



HOW TO SAFELY WEAR AND TAKE OFF A CLOTH FACE COVERING

Accessible: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

WEAR YOUR FACE COVERING CORRECTLY

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily
- Do not place a mask on a child younger than 2

USE THE FACE COVERING TO HELP PROTECT OTHERS

- Wear cloth face coverings in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, clean your hands

FOLLOW EVERYDAY HEALTH HABITS

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available

TAKE OFF YOUR CLOTH FACE COVERING CAREFULLY, WHEN YOU'RE HOME

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place covering in the washing machine
- Wash your hands with soap and water



Cloth face coverings are not surgical masks or N-95 respirators, both of which should be saved for health care workers and other medical first responders.

For instructions on making a cloth face covering, see:

[CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)

WHEN TO SEEK EMERGENCY MEDICAL ATTENTION

Look for emergency warning signs* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list does not include all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.



SUMMARY OF CDC GUIDANCE FOR ISOLATION/QUARANTINE FOR COVID-19 (JUNE 24, 2020)

This information is based on currently available evidence, resources, information, and expert opinion and is subject to change.

For persons who tested positive for COVID-19 and recovered from COVID-19 illness, CDC recommends that isolation be maintained for at least 10 days after illness onset and at least 3 days (72 hours) after recovery. Illness onset is defined as the date symptoms begin. Recovery is defined as resolution of fever without the use of fever-reducing medications with progressive improvement or resolution of other symptoms. Ideally, isolation should be maintained for this full period to the extent that it is practicable under rapidly changing circumstances.

For persons who tested positive for COVID-19 and had no symptoms, CDC recommends that as long as no symptoms occur, isolation continues for 10 days since the positive test. Depending on a healthcare provider's advice and availability of testing, isolation may end after two negative test results in a row, at least 24 hours apart.

For persons exposed to someone with COVID-19 illness, CDC recommends quarantine (stay home) until 14 days after last contact, twice daily temperature checks and assessment for symptoms.

For persons who are tested for COVID-19 without symptoms (targeted testing) and with no known exposure, quarantine (stay home) until a negative test result is received. Students or staff returning from out-of-state or from a country where there is substantial community spread should continue to self-monitor their health for signs and symptoms of COVID-19 for 14 days following return to campus. During this time individuals are encouraged to avoid going into public places. If a person does need to go into a public place, they should maintain social distancing (keep 6 feet away from individuals) and wear a cloth face covering when going into public places like stores, restaurants, and work/school.

This guidance should not be construed as medical advice. If you have specific concerns, please contact your health care provider.

Fact Sheet provided from WV Higher Learning Policy Commission on July 22, 2020.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

I PLEDGE TO:

1. CARE FOR MYSELF

Monitor for the symptoms of COVID-19 and report to a medical professional if I experience fever of 100.4 F (38 C) or higher, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat or loss of taste or smell.

Wash my hands often with soap and water or use hand sanitizer.

2. CARE FOR OTHERS

Maintain appropriate social distancing, especially in classroom settings or the presence of older members of the community.

Stay home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.

Wear an appropriate face mask as directed by the administration.

Be positive, attentive and helpful to anyone around who may be in need of support.

3. CARE FOR OUR OVU COMMUNITY

Keep my clothing, belongings, personal spaces and shared common spaces clean.

Carefully observe instructional signs and follow directions.