



COMMUNITY IMPACT UPDATE

Hello,

September is here, and I know that many of our friends, family, and community members are still feeling the impacts of the global pandemic. Whether its economic stress, or physical and mental health concerns, either directly or indirectly related to COVID-19 – this virus will continue to impact our community for the foreseeable future.

CUPS responded quickly in March when the crisis came to our doors, and we are still adapting our approach to be able to support our community in the most effective ways during this pandemic. As schools prepare to reopen this week, our Child Development Centre team members are also double-checking their inventory and reviewing new protocols. At the same time, our Family Development Centre is preparing for another semester of online learning for parents while our Care Coordinators continue to deliver their services from various locations around the city.

Safety for staff and clients has been a top priority for us over these past six months. While some staff have continued to support clients on-site under heightened safety protocols, many others have continued their roles from remote locations. As we look to transition more staff back to the workplace, we do so with the support and endorsement of Alberta Health Services. Back in the summer, CUPS invited representatives from AHS to tour our main site and review our safety protocols and plans. We wanted to make sure that not only were we making the right decisions for our staff and clients, but also that the donations made to support our COVID-19 response were invested in measures that met the recommended standards. We reviewed how we move people through our building, and how we use different spaces. The result is a safe and efficient space that empowers clients and CUPS team members to continue working together towards individual and family resilience.

We will be scheduling introductions to CUPS tours this fall, and you can email conort@cupscalgary.com if you'd like to learn more.

Lastly, thank you. The community has supported CUPS in many different ways through these unprecedented times. Your donations, kind words and diligence in keeping informed about our work has helped us progress through this very challenging time, and we are all grateful for your continued generosity.

- Carlene



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Top 10
Impact Charity
2017, 2018 & 2019

CUPS SERVICE STATUS:

Our team remains fully operational and engaged with our community. We are providing services remotely and in our clinic.

OPERATIONAL SERVICES:



HEALTH services

CUPS health professionals continue to deliver [primary health care](#) and [women's health services](#) at our clinic, remotely, and at partner and collaborative locations.



MENTAL health

Clients continue to receive the care and treatment that they need as [CUPS Mental Health Team](#) continues to work with clients in-person and remotely.



HOUSING supports

CUPS Integrated Care team members who deliver [housing services](#) continue to provide the support vulnerable Calgarians need to find real homes and stay in them through the crisis and beyond.



PARENTING programs

The focus on building strong families has never been more important than it is today. Our team continues to deliver [family development services](#) using technology to cultivate supportive relationships through Nurturing Parenting programs.

PROGRAMS AND SERVICES PREPARING FOR FALL PROGRAMMING:



EDUCATION programs

Our three to six year-olds and their educational supporters, are preparing for a return too school on September 8. This is an exciting time for everyone, and while new protocols change how students and team members do some things, there is no taking away from the quality of education and care that our students receive.

Past graduates of CUPS Child Development Centre who have moved on to the next phase of their academic careers are applying for scholarships and bursaries with CUPS support. We wish them all well.

HOW WE CHANGE LIVES AND BUILD RESILIENCE:



BRAIN science

At CUPS, we apply brain science to our vision and our practice. It shapes our Resiliency Tool, which we developed to help us see the full picture of each client's circumstances. And it informs the integrated care plans we create.

When used over time, the Resiliency Tool helps inform care plans and guide changes that build resilience that spans generations.



CUPS COVID-19 FUND

DONATE now

We are grateful for all of the support that we have received for the CUPS COVID-19 Fund. Your generosity helps our team to continue safely providing effective services to clients and patients.

Your support is needed today. [Please click here to learn more.](#)