A plan for improving the health, well-being, and quality of life in our community.
Executive Summary

In 2017, Vinton County, Ohio, in collaboration with the counties of Athens, Hocking, and Perry (SE Region), entered into an agreement to develop a regional Community Health Improvement Plan (CHIP). The Center for Public Health Practice located in the College of Public Health at The Ohio State University was retained by the group as the facilitator. Each county had previously completed a Community Health Assessment (CHA), which was then used to inform the development of work plans that this CHIP is based on.

33 community partners from Vinton County participated in the development of this CHIP, which began with creating a shared definition, or vision, for health. Vinton County's vision is:

**Healthy people + Healthy environment = Healthy Empowered Community**

The community partners then examined the data provided in the CHA, and along with their knowledge of the community, selected the health priorities of:

**Substance Abuse, Access to Affordable Care & Child Abuse and Neglect**

Vinton County collaborated with the SE Region to determine where shared planning might occur. The following shared priorities were identified:

**Substance Abuse & Chronic Disease**

Representatives from all four counties formed planning work groups to complete a systematic process of drafting work plans that would address the common priorities. Following the shared planning process, Vinton County conducted a similar activity of forming planning work groups and drafting work plans for access to care and child abuse and neglect. The work plans detail the specific goals, objectives, and measures that will be used to address priorities and track progress. Both the regional and Vinton County specific planning work groups considered several overarching principles in their work: The Health Impact Pyramid, the concepts of evidence based public health practice, and priority alignment with Ohio’s State Health Improvement Plan.

This CHIP is a plan that identifies health priorities, goals, objectives, and action steps that can be used by the community to guide them in the development and implementation of projects, programs, and policies that are aimed at improving the health of the residents of Vinton County.

Implementation of the CHIP will begin in late 2017. On an annual basis, Vinton County will publish a report outlining progress made towards accomplishing the goals outlined in the work plan and reconvene community partners to discuss progress and necessary revisions. The original group of community partners will be invited to continue to serve as the CHIP steering committee providing ongoing guidance and support for implementation and future revisions. The composition of this group will be expanded and maintained as this work progresses. The CHIP is slated to be implemented over a three-year period.
Letter from the Health Commissioner

The Vinton County Health Department is pleased to present the Community Health Improvement Plan as a roadmap to maintain and improve health and well-being of residents of Vinton County. The plan is the result of collaboration and work of community members, local and regional stakeholders, health department staff and The Ohio State University consultants.

The goals of the Community Health Improvement Plan arose from the Community Health Assessment which was also a collaborative community effort. The county health improvement goals are aligned with the goals of the State of Ohio. The target timeline for meeting the goals is three years with yearly review and assessment.

The Vinton County Community Health Improvement Plan describes hopes and goals for community health improvement. The county is fortunate to have many agencies and residents who are committed to improving the health of residents of the area. Thank you to all who participated in this effort. Thank you to the dedicated and knowledgeable staff of the Vinton County Health Department. The work goes on.

Susan Crapes, MD
Commissioner/Medical Director
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Introduction

In 2015, the Vinton County Health Department (VCHD) embarked on a process to assess the health of its residents. This Community Health Assessment (CHA) looked at disease rates, quality of life issues, causes of death, and community resources to paint a picture of the health of Vinton County. In order to address the major health issues identified in the CHA, VCHD embarked on a comprehensive strategic planning process focused on the health of the community. This began with the generation of a vision of health for Vinton County, followed by a review of the CHA data, selection of health priorities based on that data, and finished with the creation of a Community Health Improvement Plan (CHIP) on how to address those priorities. The CHIP is comprehensive and long term, detailing actions steps that will be used by organizations as they implement projects, programs, and policies in Vinton County.

This report begins with a brief description of the process used to engage the community and stakeholders in the development of the CHIP. Following the process summary, there is a section for each identified priority. This report lists the goals, key measures, and an overview of the objectives selected for each health priority accompanied by data that is evidence of its significance. A work plan that includes more detailed objectives, action steps, and evidence-based strategies for each priority is available in Appendix A. This report concludes with a discussion of next steps relative to implementation, ongoing monitoring, and evaluation of the CHIP. A list of key terms and acronyms can be found in Appendix B.

The Process

In an effort to efficiently plan for community health improvement initiatives, the VCHD collaborated with three other counties (Athens, Hocking and Perry) in the Southeast Ohio Region (SE Region). Together, representatives from these local health jurisdictions were responsible for providing oversight and financial support for the CHIP development process that would be used by all in the SE Region. To design the CHIP process and facilitate the CHIP project meetings the Center for Public Health Practice at the Ohio State University’s College of Public Health was retained.

In Vinton County, 33 partners representing various sectors of the community were engaged in the development of the CHIP, which occurred over an eleven month period. The partners comprised the Vinton County Community Health planning group (“planning group”). The process began with the creation of a definition, or vision, of health that articulated the ideal future state of health in Vinton County. The vision served to guide the development of the CHIP. Creation of the vision of

| September 2015 | •Community Health Assessment completed & released |
| July 2016 | •Regional planning partnership established |
| December 2016 | •Vinton County prioritization |
| March 2017 | •Regional prioritization |
| April 2017 | •Workgroup formation, work plan creation |
| August 2017 | •CHIP released |

Figure 1: Timeline
health was accomplished through a systematic process of gathering inputs from the planning group about what they thought an ideal future in Vinton County looks like. The vision of health for Vinton County is:

**Healthy people + Healthy environment = Healthy Empowered Community**

Following the visioning process, the planning group developed priorities and created the action plans that compromise the work of the CHIP.

**Developing Priorities**

After an extensive review of the data from the CHA and using their knowledge of the community, the planning group discussed possible health priorities for the county. Vinton County’s prioritization meeting took place in December 2016. The planning group was asked to consider several selection criteria when brainstorming potential priorities. This selection criteria included the following:

- **Magnitude of issue** – How big is the problem in Vinton County? Does this health issue impact a high number of residents or high percentage of the population?
- **Severity of issue** – Is it a leading cause of death? How likely is this issue to lead to premature death or serious illness across the population?
- **Impact of issue on vulnerable populations** – Does it impact populations like minorities, children, and the elderly more than the general population? Does it affect a particular geographic area or social economic status more than another? Are the social determinants of health (including housing, education, and income) a factor contributing to this health issue?
- **Impact on Vinton County** - Is the issue a greater problem in Vinton County than in the state of Ohio?
- **Feasibility to impact the issue** – Do we have the resources and ability to create positive change?
In addition, there is an effort across the state of Ohio to have all local CHIPS align with Ohio’s State Health Improvement Plan (SHIP). The 2017 SHIP priorities are Mental Health and Addiction, Maternal and Infant Health, and Chronic Disease. (See Figure 2 for CHIP alignment with state and national priorities).

Once a list of potential priorities had been generated, the planning group underwent a systematic process to narrow the priority list down to identify the three most pressing health issues in Vinton County:

- Child Abuse and Neglect
- Access to Affordable Care
- Substance Abuse

Planning groups from the other SE Region jurisdictions independently reviewed their CHA reports and selected their own strategic health priorities following a similar process. Once completed individually the SE Region worked together to prioritize regional health priorities. In March 2017, representatives from all four counties came together to review common pressing health issues found in the CHAs in each county. The regional group identified the most pressing health issues in the SE Region to be:

- Substance Abuse
- Chronic Disease

Work Plan Development and Guiding Principles

In order to undertake community health improvement planning in an efficient way, key stakeholders in the SE Region determined that shared planning should occur. In March and April of 2017, two regional planning meetings occurred to draft work plans focusing on the shared priorities of Substance Abuse and Chronic Disease. Representatives from a variety of community sectors in the four counties of the SE Region convened to draft regional work plans. The groups considered the priorities and needs of their own communities, as well as the priorities and needs of the region in order to identify goals, key measures, objectives, action steps, time frames, and accountable persons related to each priority area. The product of the two meetings were two regional work plans focusing on Substance Abuse and Chronic Disease.

Following the regional planning, in April 2017, the VCHD convened a group of community members to draft work plans focusing on the non-shared priorities of Access to Affordable Care and Child Abuse and Neglect. A
similar process was undertaken to identify goals, key measures, objectives, action steps, time frames, and accountable persons related to each priority area. The product of this meeting was two additional work plans focusing on Access to Affordable Care and Child Abuse and Neglect.

Having considered the regional Substance Abuse and Chronic Disease work plans and anticipated issues with monitoring them over the course of the CHIP timeline, the SE Region made the decision that each LHD would create localized work plans using guidance from the regional work plans. To facilitate this change, in July 2017, the Vinton County Health Department convened a group of stakeholders to review the regional plans. The group undertook a systematic process to review the regional work plans and assessed them based on their applicability to Vinton County alone. Local work plans were then created for Vinton County specifically. The product of this meeting was two Vinton County specific work plans focusing on Substance Abuse and Chronic Disease. Those work plans, combined with the Access to Affordable Care and Child Abuse and Neglect work plans, define the actions of this CHIP. Detailed work plans can be found in Appendix A.

The work groups were tasked with considering the Health Impact Pyramid (including the use of Policy, System, and Environmental (PSE) changes) and the importance of including evidence based public health practices when determining what to include in the work plans.

The Health Impact Pyramid describes the effectiveness of different types of public health interventions. Interventions focusing on socioeconomic factors, at the base of the pyramid, have the greatest potential to improve health. Although interventions at the higher levels have less of an impact on health, the likelihood of long-term success is maximized when strategies are implemented at all intervention levels (Frieden, 2010). The Pyramid was reviewed as part of the instruction to the planning group(s), and was visually present throughout the process. PSE Changes are those that create sustainable change, impacting things like regulations and procedures, the rules of an organization, and the physical environment. PSE Changes focus on the broadest sections of the Health Impact Pyramid.

Evidence based public health practices (EBPHP) are tested programs, policies, and interventions that are proven to be most effective in successfully changing behavior. They create sustainable changes that improve health. To support this work, including PSE options, OSU provided workgroup members with a menu of potential EBPHP that addressed the community’s chosen priority issues.
Priority: Substance Abuse

**Justification:** Child abuse and neglect and socioeconomic status are both major contributors to the risk of developing a substance abuse disorder. Vinton County has both higher rates of child abuse and neglect and a lower average socioeconomic status than the State of Ohio.

Substance abuse, particularly opioids, is a leading health concern in Vinton County. According to the 2015 Community Health Assessment:

- In 2012 the county was identified as a “hot spot” for abuse of prescription opioids, and opioid usage has continued to increase since then.
- Between 2013 and 2014, the per capita rate of prescription opioid doses in Vinton County fell by 3.8 percent, though at 102.7 doses per person it was still the second highest rate in the entire state.
- The issue has also led to an increase in crime and certain communicable diseases, such as Hepatitis C.

To help address the issue, we have established the following goals and objectives:

**Goals:** Reduce drug overdose deaths; Reduce drug dependency/abuse

**Key measures:** Decrease in drug overdose death rate

**Objectives:**

- Establish drug court in Vinton County for the purpose of implementing a medication assisted treatment program (MAT)
- Conduct a feasibility study on potential to establish a jail and detox facility in Vinton County
- Improve overdose death reporting in Vinton County
- Provide prevention education programs in Vinton County Schools
- Create a resource guide of community support groups

**Vulnerable population(s) impacted by the CHIP:** prisoners, youth
Priority: Child Abuse and Neglect

Justification: Both substance use and poverty are contributing factors in the elevated rate of child abuse and neglect in Vinton County.

Child Abuse and Neglect is a complex issue that requires a variety of interventions and many resources to address. It is a major public health issue in Vinton County, where despite a collaborative relationship among community agencies, the lack of sufficient resources prevents the community from adequately addressing the issue. In addition, there are low numbers of parenting education resources due to issues with attendance and funding.

To help address the issue, we have established the following goals and objectives:

Goals: Increase services for families to prevent child abuse and neglect; Improve out of home placement options for children; Increase social support funding

Key measures: Child abuse and neglect investigations; Kinship programs; Vinton County Children Services funding

Objectives
- Decrease investigated cases of child abuse and neglect
- Increase behavioral health services providers
- Implement a kinship educational support service/program for families
- Increase available family foster homes in Vinton County
- Pass the Social Service levy in Vinton County
- Increase Social Support funding

Vulnerable population(s) impacted by CHIP: youth

In Vinton County, there were 202 drug related child protective services investigations in 2016.
Priority: Access to Affordable Care

**Justification:** Vinton County’s rural location and lack of comprehensive transportation system reduces the access to health care services for residents.

Access to affordable, quality health care is an important component to overall health. Vinton County is 25 miles from the nearest urgent care facility. Exacerbating the problem, many residents lack adequate transportation options. The group will leverage current educational opportunities and the collaborative nature of agencies within the county to improve transportation and care options for the residents of Vinton County.

To help address the issue, we have established the following goals and objectives:

**Goals:** Expand transportation options for Vinton County Home Health patients; Expand capacity of current health care providers; Increase social support funding

**Key measures:** Reports of transportation barriers; Number of health care workers

**Objectives:**
- Increase Vinton County Home Health face-to-face medical appointments completed
- Increase the number of community health workers serving Vinton County
- Establish a direct care facility in Vinton County

**Vulnerable population(s) impacted by CHIP:** residents without transportation, residents who are underserved

Vinton County has the highest primary care provider ratio in the state of Ohio at 13,239:1.
Priority: Chronic Disease

Justification: Access to opportunities for healthy eating and active living are impacted by socioeconomic status. In Vinton County, low income residents are less likely to have access to fresh produce and opportunities for physical activity. In addition, tobacco use is closely tied with socioeconomic status.

Vinton County ranks 83 out of 88 Ohio Counties in the annual County Health Ranking report. There are higher rates of diabetes, high cholesterol, heart disease, high blood pressure, obesity, and asthma in the county, when compared to the state average. According to the 2015 Vinton County Community Health Assessment, Vinton County has a diabetes mortality rate of 57.1 per 100,000 population, compared to a rate of 26.1 for the state of Ohio. The CHIP focuses on improving access to opportunities for healthier living, including increased physical activity, improved nutrition, and decreased tobacco use.

To help address the issue, we have established the following goals and objectives:

Goals: Reduce the incidence of chronic disease in Vinton County
Key Measures: Heart Disease and Diabetes mortality rates

Objectives:
- Increase physical activity rates
- Increase access to healthy, fresh foods
- Decrease tobacco use

Vulnerable population(s) impacted by CHIP: food insecure residents, WIC recipients
Summary and Next Steps

The 2017 Vinton County Community Health Improvement Planning process aimed to identify the most pressing health issues in Vinton County and bring stakeholders together to collaborate and create an actionable plan to address those issues. This plan presents priorities and associated goals and objectives to improve the health of Vinton County. More detailed work plans can be found in Appendix A.

A charter has been established that outlines the roles and responsibilities of the community in regards to the CHIP and provides an organizational structure to support implementation moving forward. This charter can be in Appendix D.

This plan will be monitored and updated annually to reflect accomplishments and new areas of need. Vinton County residents and community organizations are encouraged to participate in this process. Agencies and organizations are also encouraged to align their agency strategic plans to this plan where appropriate. If you or your organization are interested in participating in the CHIP, please contact Janelle McManis, MPH, Vinton County Health Department, at 740-596-5233.
Appendices
**Priority #1: Substance Abuse**

Similar to other Ohio Communities, Vinton County has been adversely effected by substance abuse. While the area has been hard hit by the recent opioid epidemic, alcohol, methamphetamines, illicit and prescription drug overdose still remain issues in the community. Lack of access to effective treatment has left the region particularly vulnerable. We will leverage our existing assets to reduce overdose death by improving access to clinical interventions as well as increase our preventive efforts and community support system to prevent drug use and dependency.

**Goal 1.1: Reduce drug overdose deaths**

**Key Measure(s):** 18.3 drug overdose death rate in 2016 (Target: 16.5)

*Local data source:* [Ohio Drug Overdose Data: General Findings](#)

**Alignment with National Priorities:** *Healthy People 2020: Substance Use; National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use*

**Alignment with SHIP:** Priority Topic: Mental health and addiction; Priority Outcome: Drug overdose deaths

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<th>Objectives</th>
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<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
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| **Objective 1.1.1:** By December 31, 2020, Establish drug court for the purpose providing Medication-Assisted Treatment. | | Baseline: 0 current drug courts Target: 1 drug court Source: Vinton County Health Department | • Research eligible participants  
• Research steps required for the prosecutor’s office  
• Obtain funding to support drug court  
• Convene stakeholders | Start: 9/2017 | Drug Task Force | X Not yet begun □ In progress □ Completed |
| □ Policy Change  
□ Environmental Change  
X Systems Change  
□ Evidence Based Program | | | | | | |
| **Objective 1.1.2:** By December 31, 2020, conduct a feasibility study to establish a jail and detox facility in McArthur. | | Baseline: 0 feasibility studies Target: 1 feasibility study Source: Vinton County Health Department | • Conduct analysis of need  
• Research funding requirements, availability  
• Analyze data | Start: 9/2017 | McArthur Police Department | X Not yet begun □ In progress □ Completed |
| □ Policy Change  
□ Environmental Change  
□ Systems Change  
□ Evidence Based Program | | | | | | |
### Objective 1.1.3: By December 31, 2020 implement 1 new reporting system to improve overdose death reporting.

<table>
<thead>
<tr>
<th>Action</th>
<th>Baseline: 0 new reporting systems</th>
<th>Target: 1 new reporting system</th>
<th>Start: 9/2017</th>
<th>End: 12/2020</th>
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<tbody>
<tr>
<td>Source: Vinton County Health Department</td>
<td>• Align reporting—death in county reports out to county of residence to assist counties in tracking/reporting data</td>
<td>• Coroner to task force in each county</td>
<td>• Model after CFR - sending death certificates</td>
<td>Vinton County Coroner</td>
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**Notes:**
- X Not yet begun
- □ In progress
- □ Completed

- Align reporting—death in county reports out to county of residence to assist counties in tracking/reporting data
- Coroner to task force in each county
- Model after CFR - sending death certificates
Appendix A: Work Plans
Substance Abuse

**Priority #1: Substance Abuse**
Similar to other Ohio Communities, Vinton County has been adversely affected by substance abuse. While the area has been hard hit by the recent opioid epidemic, alcohol, methamphetamines, illicit and prescription drug overdose still remain issues in the community. Lack of access to effective treatment has left the region particularly vulnerable. We will leverage our existing assets to reduce overdose death by improving access to clinical interventions as well as increase our preventive efforts and community support system to prevent drug use and dependency.

**Goal 1.2: Reduce drug dependency/abuse**

**Key Measure(s):** 18.3 drug overdose death rate in 2016 (Target: 16.5)

*Local data source: Ohio Drug Overdose Data: General Findings*

Alignment with National Priorities: *Healthy People 2020: Substance Use; National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use*

Alignment with SHIP: Priority Topic: Mental health and addiction; Priority Outcome: Reduce drug dependency/abuse

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<tr>
<th>Objectives</th>
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<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
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</table>
| Objective 1.2.1: By December 2020, provide at least one prevention education program in for substance use/misuse in Vinton County Schools. | X Policy Change | Baseline: 0 prevention education program | • Inventory on what evidence based public health practices and programs are currently running – to present to school board on how to supplement info  
• Inventory funding to deliver programs  
• Attend school board/superintendent meetings to discuss ODE mandates on substance abuse education, on a quarterly basis | Start: 9/2017  
End: 12/2020 | Vinton County Drug Task Force Education Committee | X Not yet begun |

S. M. A. R. T.
## Objective 1.2.2: By December 31, 2020, create a resource guide of community support opportunities for users, friends, and family of Vinton County residents impacted by drug use.

<table>
<thead>
<tr>
<th>Policy Change</th>
<th>Environmental Change</th>
<th>Systems Change</th>
<th>Evidence Based Program</th>
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**Baseline:** 0 resource guides

**Target:** 1 resource guide

**Source:** Vinton County Health Department

- Create inventory of current running programs
- Create resource guide
- Distribute guide

**Start:** 9/2017

**End:** 12/2020

**Vinton County Drug Task Force**

X Not yet begun

☐ In progress

☐ Completed
Appendix A: Work Plans
Child Abuse and Neglect

Priority #2: Child Abuse and Neglect
Child Abuse and Neglect is a complex issue that requires a variety of interventions and many resources to address. It is a major public health issue in Vinton County, where despite a collaborative relationship among community agencies, lack of sufficient resources prevents the community from adequately addressing the issue. The issue is exacerbated by substance abuse issues in the area, with 202 child protective services drug-related investigations in 2016 alone. In addition, there are low numbers of parenting education resources, due to issues with attendance and funding. We will leverage existing community collaborations to increase services and home placement options for the children of Vinton County. In addition, we will improve access to funding options for agencies and residents in Vinton County.

Goal 2.1: Increase services for families to prevent child abuse and neglect.

Key Measure(s): 204 2016 drug related court filings (reduce to 186)

Local data source: Vinton County Jobs and Family Services

Alignment with National Priorities: Healthy People 2020: Injury and Violence prevention (Reduce child maltreatment deaths)

Alignment with SHIP: Cross-cutting outcomes: Public health system, prevention and health behaviors

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<th>Objectives</th>
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<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
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<tr>
<td>Objective 2.1.1: By July 1st, 2020 drug related court filings that lead to child abuse and neglect will decrease by 10%.</td>
<td>XS S. M. A. R. T.</td>
<td>Baseline: 204 investigated cases</td>
<td>X Policy Change</td>
<td>Target: 186 investigated cases</td>
<td>Hold a stakeholder meeting with Woodland Centers, Health Recovery, Hopewell, Sojourners, Integrated Services, 317 Board, CPS, Principals, Prosecutor, Hold quarterly Stakeholder meetings, Talk to service providers, Implement START program in Vinton County, Implement IHBT for intense family intervention</td>
<td>Start: 08/2017 End: 7/2020</td>
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### Objective 2.1.2:

By July 1st, 2020, Vinton County will increase emergency service providers for mental health from 1 provider to 2.

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- **Policy Change**
- **Environmental Change**
- **Systems Change**
- **Evidence Based Program**

**Baseline:** 1 emergency service provider

**Target:** 2 emergency service providers

**Source:** Vinton County Prosecutor

- Implement flexible hours for evaluations within mental health facilities
- Hold quarterly Stakeholder meetings
- Hold open discussions with Hopewell to utilized Integrated Services for client evaluation when Hopewell is not available.
- Hold discussion with Woodland Centers as possible 3rd service provider.

**Start:** August 2017

**End:** July 2020

**Trecia Kimes Brown (Vinton County Prosecutor)**

**Status:**
- Not yet begun
- In progress
- Completed
Appendix A: Work Plans
Child Abuse and Neglect

Priority #2: Child Abuse and Neglect
Child Abuse and Neglect is a complex issue that requires a variety of interventions and many resources to address. It is a major public health issue in Vinton County, where despite a collaborative relationship among community agencies, lack of sufficient resources prevents the community from adequately addressing the issue. The issue is exacerbated by substance abuse issues in the area, as there were 202 child protective services drug-related investigations in 2016 alone. In addition, there are low numbers of parenting education resources, due to issues with attendance and funding. We will leverage existing community collaborations to increase services and home placement options for the children of Vinton County. In addition, we will improve access to funding options for agencies and residents in Vinton County.

**Goal 2.2:** Improve out of home placement options for children.

**Key Measure(s):** 0 kinship program/service in 2016 (Target 1)

*Local data source: South Central Jobs and Family Services*

**Alignment with National Priorities:** Healthy People 2020: *Injury and Violence prevention* (Reduce child maltreatment deaths)

**Alignment with SHIP:** Cross-cutting outcomes: Public health system, prevention and health behaviors

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<th>Objectives</th>
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<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objective 2.2.1:</strong> By July 1, 2020, we will implement 1 kinship educational support service/program for families.</td>
<td>□ Policy Change □ Environmental Change ☒ Systems Change □ Evidence Based Program</td>
<td>Baseline: 0 programs Target: 1 program Source: Vinton County Child Protective Services</td>
<td>• Hire additional staff to implement Kinship support • Provide Professional Development for current kinship providers • Implement a support group for kinship providers</td>
<td>Start: September 2017 End: July 2020</td>
<td>Vinton County Child Protective Services and Integrated Services</td>
<td>☒ Not yet begun □ In progress □ Completed</td>
</tr>
<tr>
<td><strong>Objective 2.2.2:</strong> By July 1, 2020, increase available family foster homes in Vinton County from 3 to 6 homes.</td>
<td>□ Policy Change □ Environmental Change ☒ Systems Change □ Evidence Based Program</td>
<td>Baseline: 3 Target: 6 Source: Vinton County Child Protective Services</td>
<td>• Create, distribute and analyze interest inventory for foster care on parent night on Thursday, August 17th. • Hold a public awareness meetings during parent night on Thursday, August 17th.</td>
<td>Start: August 17, 2017 End: July 2020</td>
<td>Vinton County Schools Principals and Vinton County Child Protective Services Representative(s)</td>
<td>☒ Not yet begun □ In progress □ Completed</td>
</tr>
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**Objective 2.2.3:**
By December 31, 2020, pass the Social Service Levy in Vinton County.

<table>
<thead>
<tr>
<th>Policy Change</th>
<th>Environmental Change</th>
<th>Systems Change</th>
<th>Evidence Based Program</th>
<th>Baseline: Levy not passed</th>
<th>Target: Levy passed</th>
<th>Source: Vinton County Health Department</th>
</tr>
</thead>
<tbody>
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<td></td>
<td>S. M. A. R. T.</td>
</tr>
</tbody>
</table>

- Hold a stakeholder meeting with Woodland Centers, Health Recovery, Hopewell, Sojourners, Integrated Services, 317 Board, CPS, Principals, Prosecutor educate about levy, campaign with agencies and public
- Attend public meetings
- Promote levy via signs, social media, fliers, newspaper

<table>
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<tr>
<th>Start: July 2017</th>
<th>End: December 2020</th>
<th>Vinton County Child Protective Services and Vinton County Health Department</th>
<th>[\notyetbegun]</th>
</tr>
</thead>
</table>
Appendix A: Work Plans
Child Abuse and Neglect

Priority #2: Child Abuse and Neglect
Child Abuse and Neglect is a complex issue that requires a variety of interventions and many resources to address. It is a major public health issue in Vinton County, where despite a collaborative relationship among community agencies, lack of sufficient resources prevents the community from adequately addressing the issue. The issue is exacerbated by substance abuse issues in the area, with 202 child protective services drug-related investigations in 2016 alone. In addition, there are low numbers of parenting education resources, due to issues with attendance and funding. We will leverage existing community collaborations to increase services and home placement options for the children of Vinton County. In addition, we will improve access to funding options for agencies and residents in Vinton County.

Goal 2.3: Increase Social Support Funding

Key Measure(s): VCCS funding $350,000 in 2016 (Target $750,000)
Local data source: JFS

Alignment with National Priorities: Healthy People 2020: Injury and Violence prevention (Reduce child maltreatment deaths)

Alignment with SHIP: Cross-cutting outcomes: Public health system, prevention and health behaviors

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Impact</th>
<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Objective 2.3.1: Increase funding by $20,000 to increase Social Support Funding.</td>
<td>□ Policy Change □ Environmental Change □ Systems Change □ Evidence Based Program</td>
<td>Baseline: $350,000 Target: $750,000</td>
<td>• Meet with stakeholders to increase partners • Write a grant • Collaborate for resource allocation • Provide gas vouchers to attend a job fair</td>
<td>Start: July 2017 End: December 2020</td>
<td>South Central Job and Family Services</td>
<td>☒ Not yet begun ☐ In progress ☐ Completed</td>
</tr>
</tbody>
</table>

Local Data Source: JFS
Appendix A: Work Plans  
Access to Affordable Care

**Priority #3: Access to Care**  
Access to affordable, quality health care is an important component to overall health. Vinton County faces a striking lack of providers for their population, having no specialists, the highest primary care provider ratio in the state of Ohio at 13,239:1, and being 25 miles from the nearest urgent care facility. Exacerbating the problem, many residents lack adequate transportation options. The group will leverage current educational opportunities and the collaborative nature of agencies within the county to improve transportation and care options for the residents of Vinton County.

**Goal 3.1:** Expand transportation options for Vinton County Home Health Patients

**Key Measure(s):** 25% of home health clients report transportation issues in 2017 (Target: 22.5%)

*Local data source: Vinton County Home Health*

**Alignment with National Priorities:** [Healthy People 2020: Access to Health Services](https://www.healthypeople.gov/2020/)

**Alignment with SHIP:** Cross cutting outcomes: Healthcare and system access

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<tr>
<th>Objectives</th>
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<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
</tr>
</thead>
</table>
| Objective 3.1.1: By December 31, 2020, decrease Vinton County Home Health patients reporting transportation issues by 10%. | □ Policy Change  
□ Environmental Change  
☑ Systems Change  
☑ Evidence Based Program | Baseline: 25%  
Target: 22.5%  
*Source: Vinton County Home Health* | • Identify potential barriers to increasing transportation.  
• Measure success to determine next steps.  
• Determine # of face to face appointments missed due to transportation issues.  
• Plan a PDSA cycle to address a barrier  
• Link to transportation company | Start: 1/2018  
End: 12/2020 | Vinton County Health Department | ☐ Not yet begun  
☐ In progress  
☑ Completed |
Appendix A: Work Plans
Access to Affordable Care

Priority #3: Access to Care
Access to affordable, quality health care is an important component to overall health. Vinton County faces a striking lack of providers for their population, having no specialists, the highest primary care provider ratio in the state of Ohio at 13,239:1, and being 25 miles from the nearest urgent care facility. Exacerbating the problem, many residents lack adequate transportation options. The group will leverage current educational opportunities and the collaborative nature of agencies within the county to improve transportation and care options for the residents of Vinton County.

Goal 3.2: Expand capacity of current health care providers

Key Measure(s): 1 community health worker in 2016 (Target 5)
*Local data source: Vinton County Health Department*

Alignment with National Priorities: [Healthy People 2020: Access to Health Services](#)

Alignment with [SHIP](#): Cross cutting outcomes: Healthcare and system access

<table>
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<tr>
<th>Objectives</th>
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<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
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</thead>
<tbody>
<tr>
<td>Objective 3.2.1: By December 31, 2020, increase the number of community health workers serving Vinton County from 1 to 5.</td>
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<tr>
<td>☑ Policy Change ☑ Environmental Change ☑ Systems Change ☒ Evidence Based Program</td>
<td>Baseline: 1 CHW Target: 5 CHW</td>
<td>• Identify a least three agencies within Vinton County to survey about community health workers (CHW) • Survey identified agencies for interest levels in CHWs and/or their role in the agency • Facilitate hiring of CHWs within interested agencies • Assess impact of CHW on the goals of the agency/community</td>
<td>Start: 1/2018 End: 12/2020</td>
<td>Community Service Department – HRS Vinton County Health Department</td>
<td>☒ Not yet begun ☑ In progress ☐ Completed</td>
<td></td>
</tr>
</tbody>
</table>
## Appendix A: Work Plans
### Access to Affordable Care

<table>
<thead>
<tr>
<th>Objective 3.2.2: Establish a direct care facility in Vinton County.</th>
<th>Baseline: 0 facilities</th>
<th>Target: 1 facility</th>
<th>Source: Vinton County Health Department</th>
<th>Policies:</th>
<th>Start: 1/2018</th>
<th>End: 12/2020</th>
<th>Community Service Department – HRS Vinton County Health Department</th>
<th>Status:</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Policy Change X Environmental Change</td>
<td>□ Systems Change</td>
<td>□ Evidence Based Program</td>
<td>• Assess feasibility of establishing urgent care facility</td>
<td>• Identify funding sources for construction of facilities, hiring/staffing</td>
<td>• Prioritize services offered to the community through facility</td>
<td>• Creation of facility</td>
<td>• Assess impact of facility on community</td>
<td>Not yet begun</td>
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<tr>
<td>S. M. A. R. T.</td>
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<td>In progress</td>
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</table>

## Objective 3.2.2: Establish a direct care facility in Vinton County.

- **Baseline:** 0 facilities
- **Target:** 1 facility
- **Source:** Vinton County Health Department

- **Policies:**
  - Policy Change
  - Environmental Change
  - Systems Change
  - Evidence Based Program

- **Start:** 1/2018
- **End:** 12/2020

**Community Service Department – HRS Vinton County Health Department**

**Status:**
- Not yet begun
- In progress
- Completed
Priority #4: Chronic Disease

Vinton County ranks 83 out of 88 counties in Ohio within the annual County Health Rankings. This is due, at least in part, to a lack of opportunities for healthy living, including exercise, nutrition and tobacco free spaces. This lack of opportunity contributes to high rates of diabetes, heart disease, and obesity in the region. In addition, there is a lack of access to clinical care to address these conditions. We will utilize existing partnerships and resources throughout the region to increase opportunities for healthy living and the care needed to prevent illness and death.

Goal 4.1: Reduce the incidence of chronic disease in Vinton County

Key Measure(s): 2016 Heart disease rate: 8.3% (Target: 5%); 2016 diabetes rate: 12.1%(Target: 10%)

Local data source: Community Health Assessment

Alignment with National Priorities: Healthy People 2020: Heart Disease and Stroke; Diabetes

National Prevention Strategy Priorities: Tobacco Free Living, Healthy Eating, Active Living

Alignment with SHIP: Priority Topic: Chronic Disease; Priority Outcome(s): Reduce heart disease, reduce diabetes.

<table>
<thead>
<tr>
<th>Objectives</th>
<th>Impact</th>
<th>Measure</th>
<th>Action Steps</th>
<th>Timeframe</th>
<th>Lead</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Objective 4.1.1: By December 2020, increase physical activity rates in Vinton County residents by 10%.</td>
<td>☐ Policy Change ☐ Environmental Change ☐ Systems Change ☐ Evidence Based Program</td>
<td>Baseline: 67% of population is physically active Target: 77% of population is physically active Source: 2015 Vinton County CHA</td>
<td>• Create a resource guide that outlines the following: o Bike path/walking trail availability o Regional “map” to outline opportunities o Link with local businesses to create a list of resources/inventory of exercise opportunities o Create a list of regional resources available • Implement 4-H health challenge • Implement worksite wellness initiatives o Research potential work sites o Work with schools to include physical activity into daily activities o Meet with schools o Research programs</td>
<td>Start: 9/2017 End: 12/2020</td>
<td>Vinton County Health Department</td>
<td>☒ Not yet begun ☐ In progress ☒ Completed</td>
</tr>
</tbody>
</table>
### Objective 4.1.2:
By December 2020, increase access to healthy, fresh food among residents of Vinton County by 10%.

<table>
<thead>
<tr>
<th>Policy Change</th>
<th>Environmental Change</th>
<th>Systems Change</th>
<th>Evidence Based Program</th>
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<tbody>
<tr>
<td>☑️ Policy Change</td>
<td>☑️ Environmental Change</td>
<td>☑️ Systems Change</td>
<td>☑️ Evidence Based Program</td>
</tr>
</tbody>
</table>

- Baseline: 17.17% food insecure population
- Target: 15% food insecure population

**Source:** 2015 Vinton County CHA

- Collaborate with regional food banks and purveyors to better coordinate food distribution
  - Identify source
  - Develop call list
  - Coordinate food distribution
- Increase community gardens
  - Work with Extension
  - Research funding opportunities
- Start farmers market in McArthur
  - Research locations
  - Coordinate with Chamber of Commerce
  - Coordinate with commissioners
  - Recruit farmers

| Start: 9/2017 | End: 12/2020 | Vinton County Cooperative Extension |

### Objective 4.1.3:
By December 2020, decrease tobacco use in Vinton County by 5%.

<table>
<thead>
<tr>
<th>Policy Change</th>
<th>Environmental Change</th>
<th>Systems Change</th>
<th>Evidence Based Program</th>
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</thead>
<tbody>
<tr>
<td>☑️ Policy Change</td>
<td>☑️ Environmental Change</td>
<td>☑️ Systems Change</td>
<td>☑️ Evidence Based Program</td>
</tr>
</tbody>
</table>

- Baseline: 20.9% of population are current smokers
- Target: 15.9% of population are current smokers

**Source:** 2015 Vinton County CHA

- Certified Tobacco Treatment Specialists – Increase by 1
  - Increase education/prevention
    - Teens, Pregnant women
    - Promote quitline
    - Educate WIC clients

| Start: 9/2017 | End: 12/2020 | Vinton County Health Department |

☑️ Not yet begun
☐️ In progress
☐️ Completed
Appendix B: Key Terms and Acronyms

**CHA** – Community Health Assessment; the collection, analysis, and distribution of information on the health status and health needs of the community, including statistics on health status, community health needs/gaps/problems, and assets.

**CHIP** – Community Health Improvement Plan; a long-term and systematic plan to address health priorities that were drafted as a result of the CHA.

**EBPHP** – Evidence Based Public Health Practice; the implementation, and evaluation of effective programs and policies in public health through application of principles of scientific reasoning, including systematic uses of data and information systems, and appropriate use of behavioral science theory and program planning models.

**HP2020** – Healthy People 2020; the federal government’s prevention agenda that is updated every 10 years.

**National Prevention Strategy** – From the office of the Surgeon General, lays out a prevention-oriented society where communities work together to achieve better health for all Americans.

**ODH** – Ohio Department of Health

**OSU CPHP** – The Ohio State University Center for Public Health Practice

**PHAB** – Public Health Accreditation Board; the accrediting organization for local, state, and tribal public health in the United States.

**SHIP** – State health improvement Plan; a CHIP completed at the State level.
### Appendix C: List of Planning Committee/Work Group Members

**CHA PRIORITIZATION PARTICIPANTS**

<table>
<thead>
<tr>
<th>Name</th>
<th>Organization</th>
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<tbody>
<tr>
<td>MICHELLE STORMS</td>
<td>VINTON COUNTY HOME HEALTH</td>
</tr>
<tr>
<td>BILL DUNLAP</td>
<td>317 BOARD</td>
</tr>
<tr>
<td>JODI JONES</td>
<td>HOPEWELL HEALTH</td>
</tr>
<tr>
<td>CHERYL SCHRADER</td>
<td>SOAR</td>
</tr>
<tr>
<td>TAMI BAY</td>
<td>SOAR</td>
</tr>
<tr>
<td>COURTNEY NICHOLS</td>
<td>AREA AGENCY DISTRICT #7</td>
</tr>
<tr>
<td>PATTY WALTERS</td>
<td>JACKSON-VINTON HEAD START</td>
</tr>
<tr>
<td>RICK HENSELER</td>
<td>VCHD BOARD OF HEALTH</td>
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<tr>
<td>KIM WORTMAN</td>
<td>VILLAGE OF MCARTHUR</td>
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<tr>
<td>TERRY WALKER</td>
<td>ELK TOWNSHIP TRUSTEE</td>
</tr>
<tr>
<td>MARK FOUT</td>
<td>VINTON COUNTY COMMISSIONER</td>
</tr>
<tr>
<td>CASSIE CARVER</td>
<td>VINTON COUNTY HEALTH DEPARTMENT</td>
</tr>
<tr>
<td>MARGARET DEMKO</td>
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<tr>
<td>JANELLE MCMANIS</td>
<td>VINTON COUNTY HEALTH DEPARTMENT</td>
</tr>
<tr>
<td>KELLIE ABELE</td>
<td>VINTON COUNTY HIGH SCHOOL</td>
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<tr>
<td>KATE HOMONAI</td>
<td>OSU EXTENSION</td>
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<tr>
<td>TONYA KENNEDY</td>
<td>317 BOARD</td>
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<tr>
<td>JEAN GOODMAN</td>
<td>HOPEWELL HEALTH</td>
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<tr>
<td>CONNIE ZICKAFOOSE</td>
<td>HEALTH RECOVERY</td>
</tr>
<tr>
<td>TESSA PERRY</td>
<td>SCOJFS (JOB AND FAMILY SERVICES)</td>
</tr>
<tr>
<td>MICHELLE RIPPETH</td>
<td>VINTON COUNTY HIGH SCHOOL</td>
</tr>
<tr>
<td>DR. SUE CRAPES</td>
<td>VINTON COUNTY HEALTH DEPARTMENT</td>
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<tr>
<td>ASHLEY RIEGEL</td>
<td>ST. FRANCIS</td>
</tr>
<tr>
<td>CY VIERSTRA</td>
<td>INTEGRATED SERVICES</td>
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<tr>
<td>RICK BROOKS</td>
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</tr>
<tr>
<td>VAL RAHAMUT</td>
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**REGIONAL PRIORITIZATION PARTICIPANTS – VINTON COUNTY**

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>JODY WALKER</td>
<td>SOUTH CENTRAL JOBS AND FAMILY SERVICES</td>
</tr>
<tr>
<td>CY VIERSTRA</td>
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<tr>
<td>MATT KIGHT</td>
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<td>CASSIE CARVER</td>
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</table>
Appendix C: List of Planning Committee/Work Group Members

REGIONAL WORK PLAN MEETINGS – VINTON COUNTY PARTICIPANTS

<table>
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<tr>
<th>Name</th>
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<tr>
<td>DR. SUE CRAPES</td>
<td>VINTON COUNTY HEALTH DEPARTMENT</td>
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<tr>
<td>BILL DUNLAP</td>
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<td>VILLAGE OF MCARTHUR</td>
</tr>
<tr>
<td>JODY WALKER</td>
<td>SOUTH CENTRAL JOBS AND FAMILY SERVICES</td>
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SUBSTANCE ABUSE WORKGROUP

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<tr>
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<tbody>
<tr>
<td>CASSIE CARVER</td>
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<td>MATT KIGHT</td>
<td>MCARTHUR POLICE DEPARTMENT</td>
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<td>KIM WORTMAN</td>
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</tr>
<tr>
<td>LACEY COLEMAN</td>
<td>VINTON COUNTY PROSECUTOR’S OFFICE</td>
</tr>
<tr>
<td>DR. SUE CRAPES</td>
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</tr>
<tr>
<td>MARK FOUT</td>
<td>VINTON COUNTY COMMISSIONER</td>
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ACCESS TO CARE WORKGROUP

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<tr>
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<tr>
<td>KATE HOMONAI</td>
<td>OSU EXTENSION</td>
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<tr>
<td>CASSIE CARVER</td>
<td>VINTON COUNTY HEALTH DEPARTMENT</td>
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<tr>
<td>SARAH MACY</td>
<td>HEALTH RECOVERY SERVICES</td>
</tr>
<tr>
<td>COURTNEY NICHOLS</td>
<td>AREA AGENCY ON AGING DISTRICT #7</td>
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CHILD ABUSE AND NEGLECT WORKGROUP

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<tr>
<td>MARY ANN HALE</td>
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</tr>
<tr>
<td>MIRANDA SMITH</td>
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</tr>
<tr>
<td>TRAVIS WEST</td>
<td>OSU EXTENSION</td>
</tr>
<tr>
<td>TRECIA KIMES BROWN</td>
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</tr>
<tr>
<td>MARGARET DEMKO</td>
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### CHRONIC DISEASE WORKGROUP

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<td>CASSIE CARVER</td>
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<tr>
<td>MARK FOUT</td>
<td>VINTON COUNTY COMMISSIONER</td>
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Vinton County Community Health Improvement Plan Charter

Purpose

- Plan, implement, and evaluate a community-wide strategic community health improvement plan.

Objectives

- Expand and maintain a broad-based group of partners that include stakeholders and residents
- Plan, implement, and evaluate Community Health Improvement Plan initiatives to address strategic health-related priorities
- Gather ongoing data input from stakeholders and community members to inform future priorities
- Review and revise the Community Health Improvement Plan as necessary

Expected Outcomes

- A shared community vision for health
- A comprehensive understanding of health issues affecting the community
- Community health support for coordinated health improvement activities
- Enhanced collaboration and partnerships among system contributors

Vinton County: Healthy People + Healthy Environment = Healthy Empowered Community
Appendix D: Charter

Steering Committee
Chair: Vinton County Health Department

- Oversee implementation of Community Health Improvement Plan; including future revisions and updates
- Provide guidance to workgroups
- Identify resources; including financial support
- Communicate, educate, and promote this work throughout the community
- Maintain and expand community partnerships
- Meet annually for updates and revisions

Substance Abuse Work Group
Chair: Vinton County Drug Task Force

- Identify objectives and strategies to address priority area
- Establish and maintain a work plan
- Assist with implementation and evaluation of strategies
- Identify and engage partners who are critical to implementation
- Gather additional data, as needed, to support work
- Identify resources including financial opportunities for supporting implementation
- Provide updates on progress at advisory group meetings
- Meet monthly, or as needed

Access to Care Work Group
Chair: Vinton County Health Department

- Identify objectives and strategies to address priority area
- Establish and maintain a work plan
- Assist with implementation and evaluation of strategies
- Identify and engage partners who are critical to implementation
- Gather additional data, as needed, to support work
- Identify resources including financial opportunities for supporting implementation
- Provide updates on progress at advisory group meetings
- Meet monthly, or as needed

Child Abuse and Neglect Work Group
Chair: South Central Ohio Jobs and Family Services

- Identify objectives and strategies to address priority area
- Establish and maintain a work plan
- Assist with implementation and evaluation of strategies
- Identify and engage partners who are critical to implementation
- Gather additional data, as needed, to support work
- Identify resources including financial opportunities for supporting implementation
- Provide updates on progress at advisory group meetings
- Meet monthly, or as needed

Chronic Disease Work Group
Chair: Vinton County Health Department

- Identify objectives and strategies to address priority area
- Establish and maintain a work plan
- Assist with implementation and evaluation of strategies
- Identify and engage partners who are critical to implementation
- Gather additional data, as needed, to support work
- Identify resources including financial opportunities for supporting implementation
- Provide updates on progress at advisory group meetings
- Meet monthly, or as needed