

HANDLEBAR

APPETIZERS

Fried Pickles 8.00
cornmeal breaded dill pickles, house-made ranch

Black Bean Tostadas 8.50
hand pressed tostadas, salsa verde, onion, cilantro, guacamole, jack cheese **or** vegan cashew queso

Nachos 13.25
black beans, seitan chorizo, pico de gallo, guacamole, queso **or** vegan cashew queso

Chili Cheese Fries 8.00
ancho spiced veggie chili, jack cheese **or** vegan cashew queso

Chips & Guacamole 8.00
avocado, serrano, lime, pico, tortilla chips – add side of queso **or** vegan cashew queso 3

SANDWICHES

served with a pickle & choice of side - upgrade to a premium side 2 - add avocado 3 or fried avocado 4.5

Sloppy Joe 11.00
carne de soya, tangy BBQ sauce, creamy cabbage slaw, pretzel bun

Buffalo 'Chicken' Wrap 11.00
fried chicken seitan, wing sauce, romaine, onion, tomato, ranch, flour tortilla

Green Meanie 11.00
avocado, herbed goat cheese **or** vegan cheese, spinach, tomato, sprouts, agave-mustard spread, multigrain – add blackened tofu 2

Fried Avocado Grilled Cheese 12.00
sautéed mushrooms, onions, spinach, tomato, breaded avocado, muenster **or** vegan cheese, sourdough

Grilled Cheese 8.00
muenster **or** vegan cheese, tomato, multigrain

Nashville Hot Fried 'Chicken' 12.00
breaded hen of the woods mushroom, bread & butter pickles, hot sauce, slaw, ranch, brioche bun

SIDES

Freshly Cut French Fries 3.00
Garlic Mashed Potatoes
Sesame Broccoli
Collard Greens
Organic Black Beans
Cup of Chili

PREMIUM SIDES

Smoked Gouda Mac 5.00
Vegan Dream Mac
Bowl of Chili
Mixed Greens
Fried Plantains
Queso Fries
Mashed Potatoes & Gravy

ENTREES served after 3pm

Fried Avocado Tacos 12.75
cabbage slaw, tomatoes, refried beans, house-made ranch, flour tortillas, brown rice, salsa verde

Black Bean Maduro 11.75
sweet plantains, brown rice, cheese, pico, black beans, spicy chipotle sauce – add avocado 3

Sambal Tofu 13.25
spicy garlic chili sauce, kale, broccoli, collards, mushrooms, edamame, peanut sauce, brown rice

Chili Mac Attack 13.75
smoked gouda mac, veggie chili, aged cheddar, sour cream, pickled jalapenos, pico, tortilla crisps

Vegan Chili Mac Attack 13.75
vegan dream mac, veggie chili, cashew queso, pickled jalapenos, pico, tortilla crisps – add buffalo seitan chicken seitan 5

FISH served after 3pm

Blackened Catfish 14.75
tarragon tartar sauce, choice of two sides – upgrade to a premium side 2 each

Grilled Fish Tacos 14.75
char-grilled catfish, jack cheese, cabbage slaw, avocado, salsa verde, chili, brown rice

Seared Tuna Steak Sandwich* 14.75
medium rare tuna, arugula, sprouts, tomato, roasted garlic aioli, multigrain – upgrade to a premium side