The first 12 cities to change urban diabetes
Representing more than 100 million people

- VANCOUVER
- LEICESTER
- COPENHAGEN
- TIANJIN
- SHANGHAI
- XIA MEN
- HOUSTON
- MEXICO CITY
- ROME
- JOHANNESBURG
- BEIJING
- HANGZHOU
Today, over two thirds of people with diabetes live in cities

2017
66% OF PEOPLE WITH DIABETES LIVE IN URBAN AREAS¹

2045
75% OF PEOPLE WITH DIABETES WILL LIVE IN URBAN AREAS¹

References
Cities influence how people live, travel and eat, which all have an impact on diabetes risk.

References
We work in partnership to fight the rise of urban diabetes

**MAP**
- Map the problem in cities across the world.
  - Local factsheet
  - Rule of Halves
  - Diabetes Q-Assessment
  - Vulnerability assessment

**ACT**
- Initiate solutions to tackle diabetes in cities.
  - Health promoting policy
  - Urban planning
  - Community involvement in health
  - Health system strengthening

**SHARE**
- Advocate and share solutions in order to fight urban diabetes
  - Media outreach
  - Exchange visits
  - Global knowledge networks
  - City stakeholder Meetings
  - Publications
  - Summit
  - Speaker opportunities
Four distinct risk profiles are most vulnerable to develop diabetes in Houston²:
SHARE: Stakeholder Engagement

- 400+ Cities Changing Diabetes stakeholders
- 92 Action Workgroup participants
- 20 Key Stakeholder Organizations
- 12 Core Team Members
- Anchor Partner
- Houston Health Department
ACT: Current Initiatives

- Faith and Diabetes
- Disaster Preparedness
- Houston Diabetes Resource Center
- Employer DPP
- Peer Support
Evaluation and Translation

The Healthy Cities Research Hub will extract, translate and share community-led efforts with other cities.