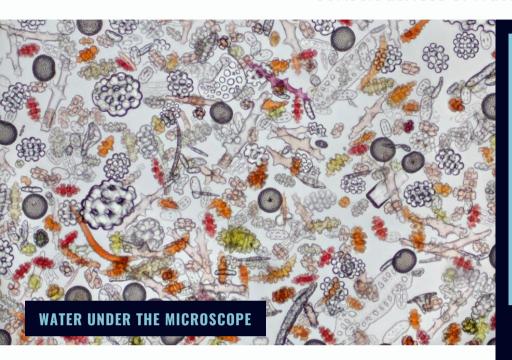
EMERGING RESEARCH

on the hidden consciousness of water



Our last newsletter covered the hidden consciousness of plant life; now let's turn to the *medium* of all consciousness: water. Water is the ultimate carrier of information. For that very reason, our brains are composed of up to 83% water. Neurons transmit electrical signals through water, and research at the National Institutes of Health demonstrates that neurons even absorb and release water as a way of communicating. Water also acts as the ultimate neurotransmitter between all parts of the natural world. All ecosystems are connected by water, and damage to one ecosystem causes ripple effects throughout the world.

A documentary by Anna Popova called *Water: The Great Mystery* covers the work of several key scientists in the field of water study. This documentary reveals surprising characteristics of water—specifically, that it carries a footprint, or memory, on a molecular level. In the best-selling *Other Minds: The Octopus, the Sea, and the Deep Origins of Consciousness*, author Peter Godfrey Smith dispels with our land-centric ideals of intelligence and examines octopuses and other cephalopods to answer the question, *what happens when water shapes intelligence?*

Water is earth's neurotransmitter. We must take this into account as we work to restore earth's living systems. Next time you see a body of water, ask yourself: what message is this water carrying? From where, and to whom?

CON-SCIOUS

From Latin, con- (together) + scire (to know)

In other words, "to know together"

CONSCIOUSNESS IN NATURE: A READING LIST

Water, Pure and Simple by Paolo Consigli, MD Water Consciousness

by Tara Lohan

Hidden Messages in Water by Dr. Masaru Emoto

Other Minds: The Octopus, the Sea, and the Deep Origins of Consciousness by Peter Godfrey Smith

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