

## Books

- [This Isn't What I Expected: Overcoming Postpartum Depression](#) by Karen Kleinman
- [Pregnancy Blues: What Every Woman Needs to Know About Depression During Pregnancy](#) by Shaila Misri
- [Down Comes the Rain](#) by Brooke Shields
- [The Mother to Mother Postpartum Depression Support Book](#) by Sandra Poulin
- [Sleepless Days: One Woman's Journey Through Postpartum Depression](#) by Susan Kushner Resnick
- [Postpartum Depression for Dummies](#) by Shoshana Bennett, PhD
- [The Postpartum Husband: Practical Solutions for living with Postpartum Depression](#) by Karen Kleinman
- [Perinatal and Postpartum Mood Disorders: Perspectives and Treatment Guide for the Health Care Practitioner](#) by Susan Dowd Stone
- [Tokens of Affection: Reclaiming Your Marriage After Postpartum Depression](#) by Karen Kleinman and Amy Wenzel

## Websites

- PSI International: [www.postpartum.net](http://www.postpartum.net)
- Marce Society: [www.marcesociety.com](http://www.marcesociety.com)
- Online PPD support: [www.ppdsupportpage.com](http://www.ppdsupportpage.com)
- PTSD After Childbirth: [www.angelfire.com/moon2/jkluchar1995/](http://www.angelfire.com/moon2/jkluchar1995/)
- Childbirth PTSD: [www.solaceformothers.org](http://www.solaceformothers.org)
- Seleni Institute: [www.seleni.org](http://www.seleni.org)
- Women's Mental Health: [www.womensmentalhealth.org](http://www.womensmentalhealth.org)