

Crisis and Mental Health Resources in Oak Park

If you need assistance locating housing, food, mental health, or domestic violence support, the following resources can help.

Are you in crisis?

Ascension Crisis Hotline
(708) 681-4357

Child Abuse & Neglect Hotline
(800) 252-2873

National Sexual Assault Hotline
(800) 656-4673

Homeless Prevention Suburban Call Center
(877) 426-6515

NAMI Metro Suburban Living Room Programs
365 days/year 12pm – 8pm
(708) 524-2582
4731 Willow Springs Rd
La Grange
1917 West Roosevelt Rd
Broadview
7602 63rd St, Summit

National Parent Helpline
(855) 427-2736

National Runaway Safe line
(800) 786-2929

Rape Crisis Hotline
(888) 293-2080

Sarah's Inn/Domestic Violence Hotline
(708) 386-4225 or text
(708) 669-6149

Suicide & Crisis Lifeline
(988)
988lifeline.org

Trafficking Hotline
(888) 373-7888

Veterans Crisis Line
Dial 988 then Press 1

Warming Centers

For detailed information, please visit www.endhomelessnessoakpark.com

Oak Park Library – Main
834 Lake St, Oak Park

Oak Park Library – Maze
845 Gunderson Ave
Oak Park

Oak Park Library – Dole
255 Augusta St
Oak Park

Rush Oak Park Hospital – Overnight
520 S Maple Ave, Oak Park
Open 24/7, December thru March when temperatures dip below 32 degrees

Shelter

A Safe Haven – Youth Overnight Shelter
2750 W Roosevelt Rd
Chicago
(773) 435-8300

Emergency Overnight Shelter at St. Catherine's – St. Lucy in Oak Park
38 N. Austin Blvd, Oak Park
Serves 15 guests per night.
Open 7 pm to 6:30 am seven days a week through April.

Please note: Due to limited bed capacity, a coordinated system is being set up for entry. This includes Housing Forward's Street outreach team, police and fire departments and area hospitals.

Street Outreach

Housing Forward
(847) 426-6515
outreachteam@housingforward.org

Support center hours
9:30 am - 3:30 pm
Maywood office (1851 South Ave, Maywood)
Wednesdays 9am-12pm at the main branch of the Oak Park Library.

Supplies, food, hygiene kits, warm winter wear, assessments for housing, social services, and case management. Showers and laundry available. By appointment only.

Mental Health Support

Ascension Behavioral Health Drop-In Center
9845 W. Roosevelt Rd
Westchester
(708) 681-2383

Essential Health and Service Support
211 Metro Chicago (211)

NAMI Metro Suburban Drop-In Center
814 W Harrison St, Oak Park
(800) 950-6264
Monday - Friday
1:00 pm - 7:00 pm
Saturday - Sunday
2:00 pm - 6:00 pm

Oak Park Township Youth Services
(708) 445-2727
www.oakparktownship.org

Oak Park Public Library
(708) 697-6910
rsimmons@oppl.org
Free mental health assessments

Riveredge Hospital
8311 Roosevelt Rd
Forest Park
(708) 771-7000

Thrive Counseling Center
120 S Marion St, Oak Park
(708) 383-7500

The Oak Park Homelessness Coalition (OPHC) is made up of over 50 organizations and individuals working to end homelessness in Oak Park. The OPHC meets quarterly, with five work groups that meet monthly to execute a plan to end homelessness. Facilitated by a5 Branding & Digital and funded by the Community Mental Health Board of Oak Park, the Oak Park Community Foundation, and the Village of Oak Park, the OPHC is working to make homelessness in Oak Park rare, brief, and one time.

**OAK PARK
HOMELESSNESS
COALITION**

endhomelessnessoakpark.com

02.23

If you or someone you know
is experiencing homelessness,
contact:

Suburban Call Center

(877) 426-6515

-or-

outreachteam@housingforward.org

Employment Services

African American Christian Foundation
6707 North Ave, Oak Park
(708) 848-1700

Goodwill Workforce Connection Center North Riverside
1900 S Harlem Ave
North Riverside
(773) 627-5777

NAMI Employment Services
7604 63rd St Summit, IL
(708) 524-2582 ext. 104
IPS Supportive
Employment Center

Safer Foundation
571 W Jackson Blvd, Chicago
(312) 922-2220
Saferfoundation.org

Salvation Army USA Central Territory
[Service Extension - The Salvation Army USA Central Territory](#)

Substance Use Support

Abraxas Woodridge Intervention
2221 64th St, Woodridge
(630) 968-6477

Ascension Behavioral Health Drop-In Center
9845 W. Roosevelt Rd
Westchester
(708) 681-2383

Gateway Foundation
(312) 663-1130
(all levels of treatment)

Illinois Helpline for Opioids & Other Substances
(833) 234-6343

Live4Lalli
Harm Reduction Line:
(844) 584-5254

Oak Park Street Outreach Team: (872) 395-3548

Lurie Children's Adolescent Substance Abuse And Prevention Program
1440 N Dayton, Chicago
(800) 543-7362

Oak Park Street Outreach Team
(872) 395-3548

Renaissance Social Services
2501 W Washington Blvd
#401, Chicago
(773) 645-8900

Rosecrance LaGrange Intensive Outpatient
47 6th Ave Ste I, La Grange
(888) 928-0144

Rosecrance
Various locations
(866) 330-8729
(all levels of treatment)

Way Back Inn
(708) 345-8422 x1
www.waybackinn.org

Food Support

Beyond Hunger
848 Lake St, Oak Park
(708) 386-1324 x 106
Food support, SNAP, Medicaid, Medicare, Cash assistance, RTA Free or reduced fare permits, benefit access, ID financial assistance.
For food pickup information, please visit www.gobeyondhunger.org/need-help
For Benefits, email benefits@gobeyondhunger.org

Berwyn Ebenezer Food Pantry
1300 S Harvey Ave, Berwyn
Friday 5 pm - 7 pm

Cicero Catholic Charities West Suburban Center
1400 South Austin Blvd
Cicero
(708) 329-4046

Forest Park Howard Mohr Community Center
7640 Jackson Blvd
Forest Park
(708) 771-7737
Monday - Friday
7:30 am - 3:30 pm
Call first. Forest Park residency required.

Maywood St. Eulalia Quinn Center
1845 S 9th Ave Parking Lot
Maywood
Tuesday 4:30 pm - 6:00 pm

Utilities

CEDA
(800) 571-2332

Legal Support

Cabrini Green Legal Aid
www.cgla.net/get-legal-help

CARPLS
(312) 738-9200

Illinois Legal Aid Online
www.illinoislegalaid.org/get-legal-help

Legal Aid Chicago
(312) 341-1070

First Defense Legal Aid
(800) LWA-REP4

Greater Chicago Legal Clinic
(312) 726-2938

Children and Family Support Services

The Collaboration for Early Childhood
171 S Oak Park Ave, Oak Park
Intake: (708) 613-6122 x 8
Text: (708) 177 6647

Easterseals - Partnering with Parents
171 S Oak Park Ave, Oak Park
(708) 434-2560
partneringwithparents@eastersealschicago.org
www.easterseals.com

Hephzibah Children's Association
(708) 649-7113

New Moms
206 Chicago Ave, Oak Park
(773) 252-3253 x 128
intake@newmom.org

Sarah's Inn/Domestic Violence Hotline
(708) 386-4225 or text
(708) 669-6149

The HUB

The HUB is an online resource directory and referral platform that can connect you to free and reduced-cost programs and services with a broad network of local agencies who can help.

healthconnectionhub.org

The purpose of this flier is to enhance access to information and resources available to Oak Park and nearby residents. However, it is not intended to be an exhaustive list. While efforts have been made to ensure the accuracy of information, we acknowledge that information may change. Please email additions or corrections to John Harris at jharris@a5inc.com

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