

# The Exe Estuary Trail

## Using the Trail

**Key to map:**

- - - - **Footpath** off road only recommended for walkers
- **Footpath** on road only recommended for walkers
- - - - **Cycle route** off road suitable for walking, cycling, wheelchairs, mobility vehicles and pushchairs
- **Cycle route** on road suitable for walking, cycling, wheelchairs, mobility vehicles and pushchairs
- - - - **Foot Ferry**

Railway / Station	Cycle hire
Parking available	Bus stops
Key viewing point	Bathing area
Tourist Information	Nature Reserve
Toilet	Wildlife Refuge Areas Vital area for birds, please avoid where safe to do so (marked with yellow buoys, with black "WR") <b>Dawlish Warren:</b> avoid all year round <b>Exmouth:</b> avoid mid-September to end of December. More information: <a href="http://www.exewildliferetuge.org.uk">www.exewildliferetuge.org.uk</a>
Waymarkers	
Refreshments	

**Distances:**

- 1 to 2 Exeter Quay to Topsham Ferry**  
4 miles (6.4km) 80 minutes walk - 24 minutes cycle
- 2 to 3 Topsham Ferry to Turf Hotel**  
1.5 miles (2.4km) 30 minutes walk - 9 minutes cycle
- 3 to 4 Turf Hotel to Starcross**  
3 miles (4.8km) 60 minutes walk - 18 minutes cycle
- 4 to 5 Starcross to Dawlish Warren**  
2.5 miles (4km) 50 minutes walk - 15 minutes cycle
- 4 to 6 Starcross to Exmouth**  
Ferry Crossing approx 20 minutes
- 6 to 7 Exmouth to Lymestone**  
2.5 miles (4km) 50 minutes walk - 15 minutes cycle
- 7 to 8 Lymestone to Exton**  
1.5 mile (2.4km) 30 minutes walk - 9 minutes cycle
- 8 to 9 Exton to Topsham**  
2 miles (3.2km) 40 minutes walk - 12 minutes cycle

