**A Message From President Maurie McInnis**

This past year, Stony Brook University and our larger community have worked together, thought critically, and ultimately persevered through one of the most challenging times in contemporary memory. Like many of you, we’ve learned important collective lessons about who we are and the future we want to build. So it is with a renewed vigor that we welcome you to Fall 2021!

There’s nothing quite like a bustling, busy campus in fall. It’s a place of growth, meaning, and inspiration (not to mention some stunning scenery)! In fact, some of my most profound moments as an undergraduate took place in my campus bookstore, when I was simply sifting through the titles and letting my curiosity lead the way. I’m so happy to offer you this same kind of opportunities: to pursue your interests while discovering new ones; to make friends and allies and find mentors; to collaborate with different disciplines; to gather, organize, and celebrate; to stand face-to-face with great art and artists; to debate and challenge each other across a study group table; to do hands-on research and arrive at new knowledge. Access to a strong intellectual community is a key part of a world-class education, and we’re proud to provide this at Stony Brook University.

As we kick off the academic year, know that your health and well-being are integral to the dynamic education for which Stony Brook is renowned. We will continue to be compliant with all NYS and CDC guidelines in protecting against COVID-19 and deliver transparent communications in this effort. We’ll be hosting a Welcome Week with activities to help our new students settle in and get to know their new home, and we’ll also be offering many opportunities for returning students to reconnect and participate, once more, in campus life. You can expect further details in the coming months. It’s true that there’s a bit of a social learning curve as we all see friends, meet new people, and engage again in our communities. But in many ways, this sense of newness is present at the start of every semester. That’s what makes this time so special, and thrilling. I look forward to meeting you and, finally, seeing our campus mall filled with students on their way to class.

Welcome to Stony Brook!

---

**NEW SEAWOLF WELCOME WEEK • AUGUST 16 TO 22**

The Seawolves community is excited to welcome all our new first-year and transfer students to the start of what we hope will be an incredible year of self-discovery, friendship and growth. This year, we have created an all-new Welcome Week, giving you more opportunities to connect with other like-minded students and have time to get to know your new home before classes start on August 23. Below is the initial schedule you will receive when you arrive for your Move-In Day or your first commuter-required activity. (Please go to page 2 for a sneak peek at the 100+ Choose Your Own Programming activities.)

<table>
<thead>
<tr>
<th>MONDAY, AUGUST 16</th>
<th>WEDNESDAY, AUGUST 18</th>
<th>FRIDAY, AUGUST 20</th>
<th>SATURDAY, AUGUST 21</th>
<th>SUNDAY, AUGUST 22</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First-Year (FY) Move-In Day 1 (assigned times)</strong></td>
<td><strong>FY Seawolf 101, 10:30 am to 12 pm</strong></td>
<td><strong>Transfer Tell All, 10:30 am to 11:30 am or 1 pm to 2 pm</strong></td>
<td><strong>Service Projects, 10 am to 3 pm</strong></td>
<td><strong>CYOP, all day</strong></td>
</tr>
<tr>
<td><strong>Family Lunch, 12:30 pm to 3 pm, Staller Steps</strong></td>
<td><strong>FY New Student Convocation, 2 pm to 3:15 pm</strong></td>
<td><strong>Transfer This is Us, 10:30 am to 12 pm or 12:30 pm to 2 pm</strong></td>
<td><strong>Wolfe's Welcome FY Pep Rally and Dinner, 9:30 pm to 7 pm, LaValle Stadium</strong></td>
<td><strong>Campus Resource Fair, Academic Mall, 3 pm to 5 pm</strong></td>
</tr>
<tr>
<td><strong>Evening Program, 9 pm</strong></td>
<td><strong>Playfair and Choose Your Own Programming (CYOP) Rotation FY Undergraduate Colleges Dinner Event, 6 pm to 8 pm</strong></td>
<td><strong>Evening Program, 7 pm to 11 pm</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
</tr>
<tr>
<td><strong>TUESDAY, AUGUST 17</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>CYOP, all day</strong></td>
</tr>
<tr>
<td><strong>FY Move-In Day 2 (assigned times)</strong></td>
<td><strong>FY CYOP, 1:30 pm to 6 pm</strong></td>
<td><strong>Transfer Community Meetings, 4 pm to 5:30 pm</strong></td>
<td><strong>SATURDAY, AUGUST 21</strong></td>
<td><strong>CYOP, all day</strong></td>
</tr>
<tr>
<td><strong>Family Lunch, 12:30 pm to 3 pm, Staller Steps</strong></td>
<td><strong>New Transfer Community Meetings, 4 pm to 5:30 pm</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Service Projects, 10 am to 3 pm</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
</tr>
<tr>
<td><strong>Commuter Student Expo, Union Ballroom, 5 pm to 6 pm</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Wolfe's Welcome FY Pep Rally and Dinner, 9:30 pm to 7 pm, LaValle Stadium</strong></td>
<td><strong>CYOP, all day</strong></td>
</tr>
<tr>
<td><strong>First Night Out, 7 pm to 11 pm</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>Evening Program, 7 pm to 12 am</strong></td>
<td><strong>CYOP, all day</strong></td>
</tr>
</tbody>
</table>

---

**FY Seawolfs This Is Us, 10:30 am to 12 pm**

**FY CYOP, 1:30 pm to 6 pm**

**New Transfer Community Meetings, 4 pm to 5:30 pm**

**Transfer Tell All, 10:30 am to 11:30 am or 1 pm to 2 pm**

**Transfer This is Us, 10:30 am to 12 pm or 12:30 pm to 2 pm**

**Transfer New Student Convocation, 2:15 pm to 3 pm**

---

**FY Move-In Day 1**

**Family Lunch, 12:30 pm to 3 pm**

**Staller Steps**

**Evening Program, 9 pm**

**FY Move-In Day 2**

**Family Lunch, 12:30 pm to 3 pm**

**Staller Steps**

**Commuter Student Expo, Union Ballroom, 5 pm to 6 pm**

**First Night Out, 7 pm to 11 pm**

---

**FY Seawolf 101**

**10:30 am to 12 pm**

**FY New Student Convocation**

**2 pm to 3:15 pm**

**Playfair and Choose Your Own Programming (CYOP) Rotation**

**FY Undergraduate Colleges Dinner Event, 6 pm to 8 pm**

**Evening Program, 7 pm to 11 pm**

---

**FY Seawolf This Is Us, 10:30 am to 12 pm**

**FY CYOP, 1:30 pm to 6 pm**

**New Transfer Community Meetings, 4 pm to 5:30 pm**

**Evening Program, 7 pm to 12 am**

---

**Transfer Tell All, 10:30 am to 11:30 am or 1 pm to 2 pm**

**Transfer This is Us, 10:30 am to 12 pm or 12:30 pm to 2 pm**

**Transfer New Student Convocation, 2:15 pm to 3 pm**
NEW UGC communities: The Class of 2025 will be the first to engage in some of the most pressing, and vital, issues that directly impact the wellness of the environment and people around the world. These new communities provide ample room for robust conversation, are each inclusive of a wide range of academic disciplines and personal interests, and will empower you to engage in some of the most pressing, and vital, issues facing our society today.

The communities have undergone a transformation with reimagined themes centered around global issues, increased advising support with smaller advisor-to-student ratios, and more connections to campus resources. These new communities provide ample room for robust conversation, are each inclusive of a wide range of academic disciplines and personal interests, and will empower you to engage in some of the most pressing, and vital, issues facing our society today.

The Class of 2025 will be the first members of one of these three new UGC communities: Social Justice, Equity and Ethics (SJE), located in Mendelssohn Community, focusing on the pursuit of diversity and inclusion, while creating a language of equal human rights for the 21st century. Creativity, Technology and Innovation (CTI), housed in Roosevelt Community, focusing on addressing the grand challenges of society by exploring curiosities, identifying possibilities, and creating change utilizing the arts and humanities, entrepreneurship and technology. Global Health, Wellness and Community (GWCC), part of H Community, focusing on exploring the notion of communities, while addressing the challenges and vulnerabilities that directly impact the wellness of the environment and people around the world.

Many new events in your home UGCs await you and are currently being planned for Welcome Week. For more details, visit stonybrook.edu/undergraduate-colleges.

“CHOOSE YOUR OWN PROGRAMMING” SNEAK PEEK

For the first time ever, the entire SBU community has banded together to create more than 100 different workshops and programs just for YOU!

Do you want to get to know SBU better? Make liquid nitrogen ice cream? Go on a scavenger hunt? Or practice taijiquan meditation?

You get to choose what activities you want to do during Welcome Week!

Here’s a sampling of the fun that awaits you:

- Wang Center
- Staller Center
- Stony Brook Union
- Stony Brook Village/Port Jefferson
- Mechanical Engineering Lab
- Newsroom
- WUSB Radio Station

TOURS

OUTDOOR/HEALTHY ACTIVITIES

- Bike Safety Tour
- Avalon Park Hike
- David Weld Nature Sanctuary
- Shinnecock Bay Boat Trip
- Swim for Success
- Yoga
- Meditation
- Major in Tennis
- Self-Defense

GET CREATIVE

- CREATE Tour
- DIY Decor
- Tie-Dye Shirts
- Art Enthusiast Tour
- Cross-Stitch 101

FOR FOODIES

- Earth Bowls
- Kitchen Warriors
- Shark Week Desserts
- Allergen-Friendly Cooking
- Garden Harvest
- Instagram-Worthy Meals

Huyen Tran, administrative coordinator from Microbiology and Immunology, will talk about Vietnamese cuisine with its different tastes and vibrant colors and will demonstrate how to make fresh summer rolls. Experience firsthand how cooking Vietnamese foods is fun, simple and healthy.

Join staff from Undergraduate Admissions on a pizza tour of Stony Brook. They will have a variety of different pizza styles delivered to campus from several local pizza shops. Students will do a blind taste test and rank their favorite options. Who will be the winner?

Go “Beyond the Breach” with a boat tour led by Marvin O’Neal from Undergraduate Biology. Explore, by boat, the breach at Otis Pike Fire Island High Dune Wilderness to observe eco-system diversity and interconnectedness. This four-hour journey will bring students, science and faculty together for a memorable adventure to our nearest national park.

Do you love a good mystery? Unraveling riddles and solving puzzles? Bring your inner Sherlock Holmes (and Harry Houdini) to the Breakout Challenge. Working in teams, you’ll have to follow the clues and open a lot of locks in a race to be the first team to the answer.
Emerging Stronger After a Year Like No Other

With unparalleled determination, Stony Brook’s resilient students, faculty, staff and healthcare heroes went above and beyond this past year to battle COVID and keep our community safe. Thanks to the efforts of so many (and to quick implementation of vaccines), our campus reopens to almost full capacity in-person learning on August 23.

Even as we roll out the welcome mat and plan many of our traditional back-to-school activities, the University realizes that for many, COVID continues to cast a shadow. You or a loved one may have become ill with the virus; you or a family member may have been impacted by unemployment; or perhaps you are still adjusting to being around crowds. Rest assured that we will continue to be proactive and do everything we can to protect your health.

The University is also committed to keeping you informed and providing you with all the support you may need as you adjust to returning to in-person learning.

The maintenance and custodial teams have been working incredibly hard to prepare each of Stony Brook’s 200+ buildings for occupancy and to ensure your health and safety.

BUT WE STILL NEED YOU TO DO YOUR PART TO KEEP US ALL SAFE.

• Wash your hands often.
• Stay home if you don’t feel well.
• Follow all University guidelines for safe gatherings.

Save the Date!

Saturday, September 25

More details to be announced soon!
stonybrook.edu/familyserviceandsupport

STALLER CENTER’S FIRST ON US

Comedian Wayne Brady and actor Alan Cumming will be here to entertain you.

Be Entertained.
The Staller Center for the Arts is back this fall with a lineup of shows you’ll LOVE.

Student tickets to live events are always $10. And if you’ve never been to a show, now’s your chance to try the first one on us with a First On Us ticket.

That’s right, new students can see their first Staller show FOR FREE!

To redeem your First On Us ticket, just bring your student ID to the box office and request your ticket to the show.

Upcoming shows include comedian Wayne Brady, actor/ Broadway star Alan Cumming and our own Grammy-winning Emerson String Quartet.

For more information, visit stallercenter.com/seawolves.

STONYBROOK.EDU/STUDENTS | AUGUST 2021 WELCOME
THE CENTER FOR PREVENTION AND OUTREACH

Helping You Take Care of Your Mental Health

Taking care of our mental health is vital to academic, personal and professional success. At SBU we want to make sure that you have the tools and the skills to support your mental wellness. The Center for Prevention and Outreach (CPO) offers programming and resources to educate, connect and empower all Seawolves to take care of themselves and each other. Get to know CPO and the programs and resources available to you throughout the year.

Need to unload some emotional baggage? Through CPO’s Let’s Talk program you can connect with a counselor for a free, brief, confidential conversation to obtain support and direction, ease concerns, answer questions and decrease stress. Virtual talks are available, but in-person sessions will be returning this fall, offering you more ways to discuss your concerns.

Looking to expand your network and connect with like-minded people? Drop in to a Global Minda Alliance peer-led space where undergraduate and graduate students engage in great conversation while gaining insights about SBU and the surrounding area. Want to become an upstander and a leader in our community? Register for CPO’s Bystander Intervention training and learn how to be an active, caring member of our community by recognizing signs of peers who are struggling and the resources to help.

Do you want to make a sustained impact on campus? Check out CPO’s Peer Education internships to learn how to get involved and make a difference. These are just a few of the many programs and services available to you. Take advantage of them. Stop by CPO’s new space in the Stony Brook Union, suite 108, to meet the team that’s here to support you. Visit stonybrook.edu/CPO for more information and keep an eye out for CPO events on SB Engaged.

THE BEST WAY TO LEARN THE INS AND OUTS OF BEING A COMMUTER!

Are you a new commuter and eager to learn the best ways to navigate our sprawling campus and find ways to connect to other commuters? Then you need a Commuter Assistant! Signing up for a Commuter Assistant (CA) is a great way to get a head start and set yourself up for success your first semester. Your CA will be your guide to all things SBU by serving as a friend, a mentor and a resource! They’ll help you navigate everything from how to master the art of online classes, to how to stay involved, both virtually and on campus.

To sign up for your Commuter Assistant visit stonybrook.edu/commuters. Each CA has a video you can watch to learn more about them so you can choose someone who shares similar interests.

COMMUTER STUDENT SERVICES DRIVING YOU TO SUCCESS

Whether your commute is two hours or five minutes, or you’re an international student looking for an apartment, the Office of Commuter Student Services & Off-Campus Living (CSS/OCLi) is here to help you navigate your college journey.

The office, now located within the Student Life suite in the new Stony Brook Union, is a centralized location for all things related to commuter life. Whether it’s your first semester or your fifth, there’s always something we can do to make your experience better. Stop by when you are in the Union and we’ll be happy to help answer your questions or connect you with a Commuter Assistant who can be your personal guide to succeeding as a commuter on our campus. Look for specific commuter events during Welcome Week to help new commuters connect, plus events throughout the semester just for you, like our popular Drive in Movie.

If you are looking for an apartment or have other off-campus living questions, check out all the detailed resources we have available on our website at stonybrook.edu/commuters.

SEARCHING FOR OFF-CAMPUS HOUSING?

Visit the only housing listing website recognized by Stony Brook University to access legal local rental listings, apartment complexes and roommate requests.

stonybrook.edu/offcampusliving

PARKING ON CAMPUS?

Our campus parking situation has continued to evolve during the pandemic to accommodate a drive-thru testing in the South P lot and vaccination efforts in the R&D Park. And it is still evolving.

Before you return to campus this August, please visit stonybrook.edu/parking for the latest updates on where you can park.

• Non-Traditional Student
• Health Science Major
• Veteran Students Organization; Health Technology & Management Club
• Commuter
• Global Minds Alliance

THE STAFF OF CPO IS READY TO SUPPORT YOU IN THEIR NEW OFFICE SPACE IN THE UNION.

Laura Kuramoto ’23
(she/her/hers)
Supporting Parents With Lactation Rooms

Stony Brook University’s brand-new lactation rooms are now available across campus, offering state-of-the-art breastfeeding amenities to all members of the campus community.

The Department of Student Community Development in the Division of Student Affairs designed these lactation rooms with the goal of fostering a safe and relaxing environment for breastfeeding parents who need a space to express, collect and store breast milk or nurse their child.

These new lactation rooms are provided throughout the campus footprint, offering greater convenience for student-parents who have classes in different buildings, as well as easy accessibility for faculty and staff. Lactation rooms are located on the lower level of the Stony Brook Union (L06-14) and the second level of the Health Sciences Center (2-295). Additional locations at the Student Activities Center (SAC), as well as the Social and Behavioral Sciences Building (SBS), are set to open in Fall 2022.

Stony Brook’s lactation room amenities include a hospital-grade, multiuser, electric double breast pump (Medela Symphony), a baby changing table, cleaning and personal care supplies; noise-suppressing sound machine; privacy screen; full-length mirror; and a comfortable seating area with a pillow and blanket.

Additionally, a mini-refrigerator is accessible in each space for daily milk storing purposes, as well as a microwave for steam cleaning, when needed. Mini storage lockers are available in some locations, where users can temporarily store personal breastfeeding accessories.

In addition to the lactation rooms, other efforts to provide more support to parents on campus have been put in place. Six new baby-changing stations have recently been installed in high-traffic restrooms in the SAC, in addition to the six restrooms in the Stony Brook Union, which already feature space for this purpose.

For more information, details about current locations, terms and conditions of use, and how to gain access to active spaces throughout campus, visit stonybrook.edu/lactation.

A Q&A WITH THE NEW PROVOST

Recently, SBU welcomed its new executive vice president and provost, Paul M. Goldbart. As SBU’s chief academic officer, he oversees the academic mission of the university. Originally from the United Kingdom, he spent over 25 years as a theoretical physicist.

What would you most like students to know about you? The magic of outstanding public research universities like Stony Brook happens when our educational mission combines with the opportunity for students to discover how they can contribute to the world. Both happen in partnership with our faculty – marvellously accomplished people who are exploring new ideas at the edge of human experience and understanding. I feel immensely fortunate to have the opportunity to witness and relish the creativity of our faculty, too, as I do my best to help build the platform on which they teach and work. As you may know, my own field is theoretical physics. What may surprise you is that many of my colleagues in the field feel as much intellectual kinship with poets and historians as we do with our fellow scientists.

What are your hopes for this year? Coming back to campus is going to be fascinating and exciting but also a complicated time. We have to be especially mindful of this last point. Perhaps the best way to ensure as positive an experience as possible for us all is to talk about it openly. I’ve been for us to have plenty of opportunities that bring us together over the fall semester as we create the new version of normal at Stony Brook.

What are you looking forward to? Getting to know the faculty, staff and students here. It’s important for us all that our community feels comfortable sharing ideas with me and my colleagues in the Provost’s Office. That will happen most readily once we get to know one another.

What are your hobbies/interests? History, especially 20th-century history, the era that shaped the experiences of my parents and grandparents. Cycling, for the exercise, but also for two equally important reasons. First, it gives the chance to let my mind roam, away from email and Zoom; and, second, it gives me the opportunity to learn about my new home, Long Island, at a pace where the vistas actually register. Then there’s drumming, which has been a lifelong passion of mine. Especially in high school and college I played in all sorts of bands, most of them pretty awful. But it was a great experience and there was something quite serious about it, too: You have to get on with other folks and you’d better get things more or less right. Otherwise, when the lights go down and the curtain goes up it’s going to be embarrassing.

What can a CA help new students? The CA Program pairs incoming freshman and transfer students with a CA who provides support and mentorship during their first year at the university. As a CA, our primary goal is to make sure that commuters adjust by providing advice based on our own unique university experience. We understand how difficult it is to transition to a new environment, so the program focuses on providing tips to new students and ensures that they feel a sense of connection on campus.

Activities you do with your commuters: Once I’m paired with a mentee, I schedule an in-person or online meeting so that I can answer questions that they have, provide my insights, and help them navigate resources available on campus prior to the start of the semester. Once the semester starts, I continue to keep in touch through phone calls or texts. I always encourage my mentees to attend events that I host or participate in, ranging all the way from professional workshops to trivia nights. My mentees have really enjoyed this in the past, and I plan on continuing this approach in the upcoming year.

Tips to help new commuters: One tip that continues to help me is to time this approach in the upcoming year. Mentees have really enjoyed this in the past, and I plan on continuing it.

How can a CA help new students? The CA Program pairs incoming freshman and transfer students with a CA who provides support and mentorship during their first year at the university. As a CA, our primary goal is to make sure that commuters adjust by providing advice based on our own unique university experience. We understand how difficult it is to transition to a new environment, so the program focuses on providing tips to new students and ensures that they feel a sense of connection on campus.

Activities you do with your commuters: Once I’m paired with a mentee, I schedule an in-person or online meeting so that I can answer questions that they have, provide my insights, and help them navigate resources available on campus prior to the start of the semester. Once the semester starts, I continue to keep in touch through phone calls or texts. I always encourage my mentees to attend events that I host or participate in, ranging all the way from professional workshops to trivia nights. My mentees have really enjoyed this in the past, and I plan on continuing this approach in the upcoming year.

Tips to help new commuters: One tip that continues to help me is to time this approach in the upcoming year. Mentees have really enjoyed this in the past, and I plan on continuing it.
The University Libraries comprise six distinct locations, including the Melville Library, Math/Physics, Chemistry, Marine and Atmospheric Sciences, Southampton, and Health Sciences libraries.

Did You Know?

Every SBU college/school/unit has a Diversity, Equity and Inclusion (DEI) committee representing it. This is a great opportunity for undergraduate and graduate students who have a shared interest in further creating a diverse, inclusive and more equitable academic environment and discipline. These committees were established to foster more open communication, representation and engagement, offering students a collective platform to voice their concerns with leadership and school administration, create educational and social programming, and collaborate with faculty and staff. DEI committees serve as a space for students to participate in crucial conversations and decisions. Stony Brook encourages all students to make their voices be heard.

Department committees are just one way you can make a difference. For more information on how you can join the DEI committee in your area, visit stonybrook.edu/diversity.

SUPPORTING YOU

University Libraries: At Your Service

Our librarians provide students with in-person and virtual reference and research assistance. Students with reference questions and research projects can meet with the reference librarian during business hours throughout the semester. They can also chat with a librarian via the “Ask Us” button on the library homepage or receive assistance through email.

Additional library services include Interlibrary Loan and the Laptop Loan Program. For graduate students who are teaching, we offer information literacy instruction, course reserves and in-depth, subject-specific research guides. Reach out to your library liaison at guides.library.stonybrook.edu/profiles for all your research and teaching needs! There are a number of group study rooms and quiet study spaces at several branches. The Central and North Reading Rooms of the Melville Library offer enclosed, collaborative learning spaces for groups of two to six people. Reading rooms also feature computer workstations, comfortable seating and additional outlets for those needing to charge their devices.

The libraries also offer a variety of campuswide events such as the STEM Speaker Series, Art In Focus, Pet Therapy Day, citation style workshops and many more!

For upcoming events and workshops, visit library.stonybrook.edu/library-events.

SUPPORTING GRADUATE STUDENTS

WELCOME FROM THE GRADUATE STUDENT ORGANIZATION

The Graduate Student Organization (GSO) welcomes all graduate students to the Fall 2021 semester! As the graduate student government at Stony Brook, the purpose of the GSO is to identify and protect the rights of graduate students, advance their interests, provide a forum for public debate, and promote graduate student participation in university affairs.

We also provide funding and reimbursement for many graduate student activities. And check out our new GSO lounge opening this fall in the Student Activities Center!

Follow us on social media: Instagram and Twitter: @STONYBROOK_GSO facebook.com/SBGso

The GSO invites you to get involved! Learn more at stonybrookgso.org.

TOP 5 WAYS TO ENGAGE WITH THE GRADUATE STUDENT ORGANIZATION

1. Subscribe to the GSO Newsletter

   The GSO sends out a weekly newsletter during the academic year announcing events and opportunities for graduate students, spotlighting graduate student achievements, and sharing information relevant to graduate students. Subscribe now at stonybrookgso.substack.com.

2. Attend a GSO Event

   Throughout the year, GSO hosts and sponsors events to enrich graduate student experiences such as the Storytelling Event, mental health symposiums and game nights. Look for event announcements in our weekly newsletter, on our social media pages, and in our student newsletter.

3. Represent your Department

   Become a senator or alternate senator for your department and represent your fellow graduate students at monthly senate meetings. If your department already has a senator, reach out to them and have a conversation.

4. Listen to the Grad Radio Hour

   Biweekly, the GSO hosts a radio program on WUSB featuring interviews with Stony Brook scientists and researchers. The show returns in the fall. You can listen to the radio at 90.1 FM or online at wusb.fm. Fall 2021 time/day TBA.

5. Apply for Funding

   GSO provides reimbursement for many activities such as professional development and travel, cultural events, and recreational activities. Visit stonybrookgso.org to see all that GSO has to offer.

NEWSLETTER

ICYMI
The Inside Scoop on Campus Dining

The Faculty Student Association offers two all-you-care-to-eat dine-in locations and more than a dozen retail locations offering delicious, sustainable food.

Resident and commuter students save money every day because all meal plans are tax-exempt! Resident students’ meal plans will be used during Welcome Week. Commuter students can choose a meal plan with bonus meal swipes to use at dine-in locations, plus they save 10% on the door rate of dine-in when paying with Dining Dollars.

WELCOME WEEK WILL INCLUDE:
• Freight Farms tours to learn how we grow lettuce hydroponically on campus
• Workshops on Eating Sustainably and Growing Your Own Herbs
• Hands-on Teaching Kitchens with Campus Dietitian Laura Martorano
• An opportunity to become a better baker and Create Shark Week Desserts with Lisamarie Gonzalez, award winning pastry chef at Stony Brook University Hospital.
• A chance to meet Celebrity Chef Barton Seaver at his sustainable seafood lecture. Be sure to stop by for his book signing on August 18!

CRAVEABLE MENUS
View menus before going to the dining locations by downloading the Nutrislice app, which gives nutrition content and sends notifications about special events. You can also view maps that show how busy dining locations are.

MOBILE ORDERING
Use the GET Mobile app to preorder pizzas, salads, sandwiches and even Starbucks! You will also use this app for touchless payment when you scan your student ID at the cashier station from your mobile device.

VEGETARIAN OPTIONS
Head over to East Side or West Side to try all new plant-based recipes at Rooted. This 100% vegan platform has options that are focused on wellness and sustainability. Follow @sbu_eats for the latest news from Campus Dining.

THE WOLF RIDE BIKE-SHARE PROGRAM IS BACK

Wolf Ride is SBU’s on-campus bike-share system that provides students, faculty, staff and visitors with a sustainable, healthy transportation alternative. Thirteen solar-powered bike stations are located across campus, with 85 bikes in circulation. See a map of bike stations and learn more about the program online at stonybrook.edu/sustainability.

GET TO KNOW YOUR PRESIDENT!
Follow President Maurie McInnis on Twitter and Instagram: @sbuprez

Val Marzulli ’22
• Psychology Major
• Resident

ACTIVITIES Stony Brook Chorale; Psychology Student Alliance; SBU Cat Network; Senior Vice President, Residence Hall Association

Best advice: Live in the moment! Of course, certain circumstances or academic paths may require some planning ahead, but it is so draining to constantly be trying to map out the future when it’s so far away. You’ll save yourself so much stress by taking everything one step at a time.

Best way for residents to get involved: Go to Hall Council! It’s a great way to connect with people in your building! You could also join your Hall Council’s Executive Board, which is a great leadership opportunity.

What do you wish you knew your first year? I wish I had known how accepting everyone is at SBU. I had come into college being so preoccupied as to what people thought of me, but everyone here is so supportive and encouraging of everything we do. As a result, I’ve learned to be more unapologetically me!

Favorite place to study: I love going to the Tabler Arts Center to get work done. It was a nice walk from where I lived on campus (H Community), and it has such a gorgeous view overlooking Tabler Community.

WINNING WAYS
Three of our athletic teams brought home America East trophies this past spring. Congratulations to women’s basketball, women’s soccer and women’s lacrosse on their incredible seasons. And don’t forget SBU full-time students can attend every home game of all our athletic teams for FREE!
Get Ahead With SoCJ

The School of Communication and Journalism (SoCJ) has several programs that can help you get ahead or even find a new career.

**BREAK SCIENCE OUT OF THE LAB**
Share the wonders of science and research with SoCJ's newly approved major’s in Science Communication. Designed for students with backgrounds in science, engineering, math and the social sciences. Learn more at stonybrook.edu/sharescience.

**NEW MAJOR**
As a mass communication major at the SoCJ, you will study real-world examples of mass communication; dissect how and why they were created; and conduct research to better understand what works, why and how. You will test your knowledge by creating your own messages using the School’s state-of-the-art newsroom and a TV studio. Learn more at stonybrook.edu/journalism.

**EARN YOUR SPK CREDITS**
Fundamentals of Public Speaking, JRN 120, is the only intro-level, online course that fulfills the Stony Brook Curriculum’s public speaking requirement. Multiple sections offered every semester.

**SOCJ WELCOME BACK DAY**
Join staff and instructors from the School of Communication and Journalism for a special Welcome Back Day on August 17. Take this time to reacquaint yourself with the campus, and tour the School’s newsroom and studio. Registration is required. For more information on this event, please email journalism@stonybrook.edu.

**SOCJ WELCOME BACK DAY**

Top 5 Reasons to Visit the Career Center

1. Discover tools to help you learn more about your skills and interests, choosing a career path, and the major-to-career connection.

2. Join a Career Community and receive personalized support from experienced coaches dedicated to a specific career field.

3. Find on-campus and off-campus job and internship opportunities using Handshake, the Career Center’s recruitment and job posting platform. (Access to Handshake is available to new Stony Brook students one week after registrations.)

4. Learn how to prepare for the job search and articulate previous experiences in a resume, cover letter, or interview.

5. Connect with employers and alumni across all industries through job and internship fairs and other networking and preparation events.

Visit the Career Center today, either in person (at the foot of the Zebra Path in Melville Library) or at stonybrook.edu/career.

**Get Creative!**

Did you know that there’s a space on campus where you can make almost anything?

iCREATE is the campus’s makerspace where students engage in hands-on learning with technology such as 3D printing, Laser cutting, Design Thinking, VR, Cricut, and associated equipment in a variety of engaging facilities.

To learn more, including on when the space will open this fall, visit stonybrook.edu/icreate.

**Free Tutoring!**

The Academic Success and Tutoring Center (ASTC) is YOUR resource for all your tutoring and academic support needs. In addition to matching you with the right tutor for a course, ASTC offers sessions on study skills, time management and more. Sessions may be held virtually or in person.

The schedule for course-based tutoring opens on Monday, August 30. The first day of tutoring will be Tuesday, September 7.

To find out more or to schedule a session, visit stonybrook.edu/tutoring. Look for them to be open soon in their new and expanded home in the Stony Brook Union (see students working in the new space at left).
Campus Dining Update

Roth Food Court Adds New Concepts

Authentic and craveable dining experiences await students at the reimagined Roth Food Court, soon to be featuring three delicious new restaurant-quality concepts.

Celebrity Chef Jet Tila’s Modern Asian Kitchen is a fast, fresh and flavorful quick-serve concept based on traditional Southeast Asian cuisine. This concept features rice and noodles, lean meats marinated in spicy and savory sauces, and an infinite combination of fresh vegetables topped with tangy seasonings. Chef Tila highlights the Thai principle of yum – the magical point where hot, sour, salty, and sweet collide for a perfectly balanced meal.

Mumbai Market features traditional spices and ingredients from the five main regions of India with a menu that offers bold flavors and vegetarian meals. The authentic Indian cuisine includes an array of fresh vegetables, herbs, and grains, providing a diverse, healthy menu.

Mac & Cheesology offers American comfort foods with custom creations that redefine mac and cheese. Students can embrace their inner creativity and build their own bowl. The fun, signature menu items lend themselves to an international palate and explore the flexibility and versatility of a timeless classic.

Follow @sbu_eats to find out the date of the Grand Opening Celebration and meet celebrity chef Jet Tila!

SBU launches one book, one community

All students, faculty and staff, along with the Three Village community, are invited to join together in SBU’s new shared reading program, One Book, One Community. The program seeks to connect the campus and the local community through a shared reading experience focusing on themes of diversity, equity and inclusion. The book selected is Interior Chinatown, a New York Times bestseller by Charles Yu. This novel explores race, pop culture, immigration and identity with heart, anger and dazzling wit.

In collaboration with Emma S. Clark Memorial Library, SBU will be distributing free copies of the book for those who wish to participate, available on a first-come, first-serve basis. Seawolves are encouraged to read the book in September in preparation for a series of free events from October to November 2021, including a visit from the author.

Please visit stonybrook.edu/onebook for details about how to get your copy of the book and the events associated with the program.

Science or the arts? Why not both?

The Bachelor of Arts (BA) in biology has expanded its list of eligible minors for the program. It now includes History of Health, Science and the Environment, STEM in Literature and Culture, Theatre Arts, and the new Globalization Studies and International Relations minor.

The BA in biology allows students to complete all the science/math requirements for professional schools in the health sciences. It requires fewer science credits than the Bachelor of Science (BS) in biology, replacing a concentrated four-course specialization in biology with a minor in a nonoverlapping, liberal arts program in the College of Arts and Sciences. With the biology BA degree, students can combine a science/biology major with a non-science program such as writing and rhetoric, anthropology, economics, or Spanish, to name only a few. This interdisciplinary experience can be valuable for a career in medicine, as well as those in business, law and more.

The choice of whether to pursue a BA or a BS is about what best fits individual goals. If you prefer to specialize in the sciences, the BS is likely for you. However, if you wish to combine complementary skills with your science training, the BA may be an attractive option.

For more information and for a look at the 40+ minors associated with the BA in biology, visit stonybrook.edu/BiologyBA.

Meet the new dean of students

On July 12, SBU welcomed Ric McClendon as its new assistant vice president and dean of students. He’s here to help make your SBU experience the best it can be.

Tell us a little about yourself. I am a native of Charleston, South Carolina. I am a first-generation college student and the first in my family to receive both a master’s degree and doctorate. Before starting a career in higher education, I served six years in hospitality management, working for various hotels. It’s where I learned and later practiced servant leadership principles. I am a proud member of the Sigma Chi International Fraternity serving in various leadership, faculty and advisory capacities. My expertise in higher education focuses on restorative justice principles, leadership development and student engagement.

What are you looking forward to? Engaging with undergraduate and graduate students to learn about their SBU experience; discovering how I can best support students during their academic journey; and having an opportunity to enhance their experience through co-curricular engagement, leadership and well-being activities.

How do you plan to connect with students? An important priority is to attend as many student-organized events, meetings and social gatherings I’m invited to. My goal is to engage with students to learn about their interests and what brings life to the spirit of Stony Brook. I hope to also gain perspective on how I can collaborate with students, faculty, and staff to not only continue the great work that is already being done, but to further expand our programs, services and resources to foster a sense of pride and belonging, meet the changing needs of students and create opportunities that enhance student success.

Favorite music? I enjoy everything from R&B to hip-hop to country to jazz. I have an array of favorite artists that include Hozer, Beyoncé, Kane Brown, Adele, Kings of Leon and Luther Vandross.

Favorite food? When you’re from the South there are too many names to name just one. My favorite food types are Southern comfort foods and Cajun-style seafood.

To learn more about Dean McClendon, follow him on Instagram @sbudeanofstudents.
The SB Engaged website, along with the companion Corq app, has made it easier for students to get involved in campus life and for all student groups and organizations to plan, implement and share upcoming activities and events. SB Engaged also lists events from the Career Center, CFO, CAPS, Campus Rec and other offices. If it’s happening on campus and of interest to students, it’s on SB Engaged. Visit stonybrook.edu/sbengaged for the complete guide to all recognized student groups.

**Corq App**
Find information about all student groups and upcoming events with the Corq app.

- **Download Corq** from your phone’s app store. It’s free.
- **Select Stony Brook University**. It should come up automatically if you open the app for the first time while on campus.
- **Sign in using your NetID.**
- **View all events/clubs or use filters to narrow down your search.**

**HOMECOMING**
October 18 to October 23

Homecoming will be back in person with all the events you love!
- **Cheer on the Royal Court during the Creative Explosion.**
- **Show off your talents at the Seawolves Showcase.**
- **And, of course, cheer on your football team on Saturday, October 23, as they face the Richmond Spiders at 3:30 pm in LaValle Stadium.**

More details will be announced at the start of the semester. stonybrook.edu/homecoming

**GET YOUR REC ON!**
The Department of Recreation and Wellness is excited to offer traditional programming for the Fall 2021 semester! In addition to the three floors of all the equipment you could want at the Walter J. Hawrys Recreation Center, we will be offering group fitness classes, intramural sports and opportunities to join our many sport clubs.

As you prepare to come to campus, we encourage you to download our new app, RecOnTheGo (compatible with Android and iOS phones). With the touch of your screen, you will have access to everything the Rec offers. This includes your membership card, fitness class schedule, personal training purchases, intramural sign-ups, events and more! Use the app to sign up in advance for popular group fitness classes such as spin, yoga, total body, cardio blast, Pink Gloves Boxing and Zumba.

Intramural sports are also back this fall and will include outdoor soccer, flag football, volleyball and basketball (fingers crossed!). For more information, or to register, visit IMLeagues.com.

Did you know SBU offers more than 35 active sport clubs? These clubs range from ice hockey and rugby to Quidditch and Ultimate Frisbee. No experience is necessary to join a sport club. For a comprehensive list of sport clubs, visit stonybrook.edu/sbengaged.

If you have any questions about opportunities and services within Recreation and Wellness, please stop in or email us at recreationandwellness@stonybrook.edu.
Monday, August 16 to Saturday, September 25

MONDAY, AUGUST 16
First-Year (FY) Move-In Day (assigned times)
Family Lunch, 12:30 pm to 3 pm, Staller Steps
Farm-to-Table Guest Chef Budd Cohen/
Dinner at East Side, 5:30 pm to 8 pm
Vendor Pop-Up: Argo Tea at East Side dine-
in, 5:30 pm to 8 pm
Welcome Week Evening Program, 9 pm

TUESDAY, AUGUST 17
FY Move-In Day 2 (assigned times)
Family Lunch, 12.30 to 3 pm, Staller Steps
Commuter Student Expo, SB Union Ballroom/
Parking Lot, 5 pm to 6 pm
Vendor Pop-Up: Peet’s Coffee at West Side
dine-in, 5:30 pm to 8 pm
First Night Out, 7 pm, location TBA

WEDNESDAY, AUGUST 18
Celebrity Chef Barton Seaver Sustainable
Seafood Lecture, Wang Center Theater, 9:30 am to 11 am
FY Seawolf 101, 10:30 am to 12 pm
FY New Student Convocation, 2 pm to
3:30 pm, LaValle Stadium
Chief Barton Seaver Sustainable Seafood
Dinner, East/West Side, 5:30 pm to 8 pm
Vendor Pop-Up: Alaska Seafood at East Side
dine-in, 5:30 pm to 8 pm
Playfair and Choose Your Own Programming
(CYOP) Rotation, times TBA
FY Undergraduate Colleges Dinein Event,
6 pm to 8 pm
Welcome Week Evening Program, 7 pm

THURSDAY, AUGUST 19
New Resident Transfer Move-In Day
(assigned times)
FY Seawolves This Is Us, 10:30 am to 12 pm
Women’s, Gender and Sexuality Studies
Welcome Back/Drop In Office Hours,
Humboldt 2248, 1 pm to 3 pm
CYOP: 1:30 pm to 6 pm
New Transfer Community Meetings, 4 pm
Global Night Dinners at East and West
Side dine-in, 5:30 pm to 8 pm
Tasting Table with Dietitian Laura Martorano
at East Side and West
New Transfer Community Meetings
4 pm
FY Undergraduate Colleges Dinner Event,
7 pm to 12 am, location TBA

FRIDAY, AUGUST 20
Returning Undergraduates Move-In Day 1
(assigned times)
Transfer Tell All, 10:30 am to 11:30 am and
1 pm to 2 pm
Transfer This Is Us, 10:30 am to 12 pm and
12:30 pm to 2 pm
Transfer New Student Convocation, 2:15 pm
to 3:30 pm
CYOP: all day
Campus Resource Fair, Academic Mall, 3 pm
to 5 pm
Welcome Week Evening Program, 7 pm to
12 am, location TBA

SATURDAY, AUGUST 21
Returning Undergraduates Move-In Day 2
(assigned times)
Community Service Day, various locations,
10 am to 3 pm. Sign up on SB Engaged.
Wolfe’s Welcome First Year Pep Rally,
5:30 pm to 6 pm, LaValle Stadium
Wolfe’s Welcome FY Stadium Dinner,
6 pm to 7 pm, LaValle Stadium
Wolfe’s Welcome Candlelight Ceremony.
7 pm, LaValle Stadium

SUNDAY, AUGUST 22
Returning Undergraduates Move-In Day 3
(assigned times)
CYOP: all day

MONDAY, AUGUST 23
FIRST DAY OF CLASSES
WEDNESDAY, AUGUST 25
Virtual On-Campus Job and Internship Fair,
11 am to 2 pm. Register on Handshake or
visit stonybrook.edu/career for more info.
French Club First Meet, 5:30 pm to 6:30 pm,
location TBA

THURSDAY, AUGUST 26
Class of 2024 Event, Tinker Patio, 3 pm to 7 pm
FRIDAY, AUGUST 27 & SEPTEMBER 1
Virtual Accounting Job and Internship Fair, 10 am to 12 pm, and
Virtual IT and Engineering Job & Internship Fair, 5:30 pm to 6:30 pm.
Welcome Week Dinner Event, 7 pm to 12 am, location TBA

SATURDAY, SEPTEMBER 25
Family Day Details TBA

For the most-up-to-date calendar, please visit
stonybrook.edu/engaged or download the
Conq app for more details.

WOLFIELAND IS BACK!
Saturday, September 11
The carnival rides and games you’ve been missing will all be back! Don’t miss this epic day of fun!
More details to be announced soon!

FRIDAY, SEPTEMBER 17
Virtual Accounting Job and Internship Fair,
10 am to 12 pm, and Virtual Business,
Communications, and Journalism
Job and Internship Fair, 1 pm to 4 pm.
Register on Handshake.

SATURDAY, SEPTEMBER 18
Craft Night, Zuccaire Gallery, 7:30 pm.
Explore an artist’s work followed by an
art-making activity inspired by their art.

FRIDAY, SEPTEMBER 24
Virtual IT and Engineering Job & Internship
Fair, 1 pm to 5 pm. Register on Handshake.

SATURDAY, SEPTEMBER 25
Family Day Details TBA

Spanish Open House
Wednesday, October 6 • 1 pm

Horticulture Majors and Minor and our free Spanish conversation groups!
Lunch will be served.

Katie McCombs ‘23
University Honors College

ACTIVITIES Peer Assistance Leader,
Hall Council

Best advice: Manage your
time and don’t forget to have fun.
There is a way to balance your
academics and your social life,
so figure out what works best for you.

Tips for new residents: Go to
the events hosted by your
Hall Council. They are super
engaging and usually involve
free food/items, as well as
great people that you can get to
know. Hall Council will allow you to have
a leadership position on the
Executive Board and a way to
get to know other people in your
building.

What do you wish you knew
your first year? College is not
as scary as it may seem. You
will find your friends, find
people you enjoy, and
find the things that make you
happy at Stony Brook. It may
take some time, but you’ll get
there in due time. Patience
is key.

Favorite campus activity: Going
to Jazzmine with my friends
and using our leftover
Dining Dollars or spending
time on Staller Steps.

FILL IT FORWARD
Did you know you can win prizes
while helping the environment?
Through the Fill It Forward
rewards program, students are
encouraged to use reusable water
bottles on campus rather than
plastic, disposable bottles. Students
can become eligible for prizes by
scanning their tag at any of SBU’s
100+ water bottle filling stations
and scanning their tag using the
Fill It Forward app.

It’s easy!
1. Download the Fill It Forward
app to begin scanning your tag
each time you refill. It is easily
trackable, waste diverted, see
emissions saved, and observe how much
waste diverted, see emissions
saved, and observe how much
time you refill, then easily track
prizes supplied by FSA and the Office of
Sustainability include Wolfie
Walter gift cards, water bottles,
lanyards and more.

2. You are then entered into weekly
prize drawings following your
20th refill, so always remember
to scan your tag!

3. A Water Bottle Filling Station
Dashboard is live on the
Sustainability website. Use the
Dashboard to find the closest refill
station to you.

For more information, visit
stonybrook.edu/sustainability.

SAVE THE DATE
Learn All About French Club
Wednesday, August 25
5:30 pm to 6:30 pm
Location TBD
The Department of European
Languages, Literatures and
Cultures invites you to learn
more about French Club.
Refreshments will be served.
Membership is open for the
entire undergraduate community:
French majors, minors or anyone
who wishes to expand their
horizons and engage in the
francophone culture.
Follow the French Club on
Instagram @sbu.frn and
stay connected with us at
linktr.ee/sbu.frn.
Where Wolfie Banks
SBU West & East Campus Branches¹ • NO-FEE ATMs² Campus-wide
Official Banking Partner of Stony Brook University

SIMPLY FREE CHECKING

• No monthly fees or balance requirements
• Debit Mastercard®³ issued on the spot. Earn uChoose Rewards® points with every swipe and redeem for travel, gift cards, cash back and more
• 105,000 NO-FEE ATMs worldwide including more than 1,000 on Long Island. Access at:

MOBILE BANKING

• Check Balances/Transfer Funds
• Free Mobile Check Deposit
• Fraud Protection with CardSecure™ lets you turn your debit card “off” if lost or stolen

TO OPEN AN ACCOUNT: Schedule an appointment by emailing SBUAppt@islandfcu.com or visit The Student Activities Center branch or any Island branch

Island Federal
631-851-1100 • islandfcu.com

Bellmore / Brooklyn / East Setauket / Hauppauge / Hicksville / Massapequa / Riverhead / Sayville / Selden / Stony Brook University¹

¹The West and East Campus Island branches are open to students, faculty, staff and alumni of Stony Brook University only. ²Available for Island cardholders. ³Subject to credit approval. Membership eligibility applies.

Federally Insured by NCUA