

A black and white photograph of ancient sandals in a desert setting. The sandals are made of dark material, possibly leather or palm-leaf, and are arranged in a line across the sand. The background is a vast, flat desert landscape under a bright sky. A teal geometric overlay, consisting of several overlapping triangles and lines, is superimposed on the image. The word "FOLLOW" is written in a white box in the center, and "MARKERS OF A DISCIPLE" is written in a teal banner below it.

FOLLOW

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April - June 2019

Overview

The call of Jesus for every person is an invitation to follow; to learn, to change, to discover, to grow. In this series, we consider seven markers of a disciple. Seven areas where we can take proactive steps. And as we grow, we'll be more prepared to help those around us too.

Outline

1. Introduction to Follow
2. Christ-like Character
3. Bible-based Life
4. Consistent Community
5. Humble Service
6. Joyful Generosity
7. Worship & Prayer
8. Organic Outreach



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Intro: Follow • 28 April 2019 • Matthew 4:19-20

Reflect

What things have contributed most to your growth as a Jesus follower?

Remember

Matthew 16:24

Engage

1. Matthew 16:24-28
2. Matthew 7:24-29
3. Psalm 23:1-6
4. 2 Peter 1:3-11
5. Philippians 1:3-11

Watch

Follow - Andy Stanley

Read

Follow Me by David Platt



Life Group Questions

1. If your Life Group watched some video highlights of your life 10 years ago, what differences would stand out compared to the person they know now?

2. Read 1 Peter 1:3-11
 - a. What reasons does Peter give for the importance of growing in our faith?
 - b. What clues does this verse give for how growth happens?

3. If you woke up tomorrow and had been made complete in your faith, fully like Jesus...
 - a. What would be the first thing you'd notice?
 - b. What difference would it make to the people around you?
 - c. How does this raise your desire to be intentional about becoming mature?

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Christ-like Character • 5 May 2019 • Romans 12:1-2

Reflect

If I asked someone close to me where they see the most progress in my character, what would they say? Where is the most room for improvement?

Remember

Galatians 5:22-23

Engage

1. Galatians 5:16-26
2. John 15:1-17
3. Ezekiel 36:22-30
4. Romans 5:1-11
5. 1 Timothy 4:6-16

Watch

Developing Christian Character - RC Sproul

Read

Spiritual Maturity by J Oswald Sanders

Life Group Questions

1. Have you ever tried to grow something? How successful were you? What did you learn?

2. Have a look at John 15 - fruitfulness comes not from focusing on the fruit but on cultivating a healthy plant. What do these verses teach us about cultivating a 'healthy plant?'
 - a. What step could you take to pursue this more intentionally?

3. Read Philippians 2:12-13.
 - a. What is the relationship between God's work and our intentionality?
 - b. What is one step you are going to take out of this week to pursue Christ-like character more actively?

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Bible-based Life • 12 May 2019 • Psalm 119:105

Reflect

What evidence is there in my life that demonstrates that I trust the Bible?

Remember

Matthew 4:4

Engage

1. Proverbs 2:1-22
2. Psalm 1:1-6
3. Psalm 119:33-40
4. 2 Timothy 3:10-17
5. James 1:19-27

Watch

Why We Trust The Bible - Stephen J Nichols

Read

The Divine Mentor by Wayne Coderio



Life Group Questions

1. Describe a time when a verse of the Bible came to mind and helped you know what to do in a situation.

2. Read Matthew 7:24-29.
 - a. What was the same and what was different between the two men in the story?
 - b. How does this teaching of Jesus affect the way you see the importance of reading and applying Scripture?

3. When has been a time or season when you have got the most out of reading the Bible? What contributed to that?

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Consistent Community • 19 May 2019 • Acts 2:42-47

Reflect

How much of a priority do I put on community? What is one step I can make to expand my borders?

Remember

John 13:34-35

Engage

1. Psalm 133
2. Hebrews 10:19-25
3. 1 John 4:7-21
4. Acts 1:12-14
5. Philippians 2:12-18

Watch

Building Church Community - Henry Cloud

Read

Life Together by Dietrich Bonhoeffer

Life Group Questions

1. Acts 2:42-47 is often seen as the ultimate church community.
 - a. What would be different if we did community like they did?
 - b. What would help us to move towards this?

2. Read Ephesians 4:16-17. What relationship do you see between our growth as followers of Jesus and church community? Why do you need the church and why does the church need you?

3. “For far too many people, loneliness is the sad reality of modern life.” (Theresa May - UK Prime Minister)
 - a. What do you notice in our society about why this might be the case?
 - b. What would it take for us as a church to see change in this area?

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Humble Service • 2 June 2019 • Romans 12:3-8

Reflect

Do I know what my spiritual gifts are and how am I currently using them in the church to help others grow as a follower of Jesus Christ?

Remember

1 Corinthians 14:12

Engage

1. 1 Corinthians 12:1-11
2. 1 Corinthians 12:12-30
3. Philippians 2:1-11
4. 1 Peter 4:7-11
5. John 13:12-17

Watch

Your Divine Design - Chip Ingram

Read

The Beginners Guide to Spiritual Gifts by Sam Storms

Life Group Questions

1. Read Ephesians 4:11-16. What benefits would we see in a church community where people are using the gifts God has given in the right way?

2. Review Romans 12:6-8 and 1 Corinthians 12:7-11 (and Ephesians 4 above)
 - a. What gifts do you see in you?
 - b. What gifts do you see in others?
 - c. In what ways do you think God wants to use those gifts?

3. Read Luke 22:24-30
 - a. What is the point that Jesus is making?
 - b. What would your relationship with others in our church be like if you were more like Jesus here?

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Joyful Generosity • 9 June 2019 • Romans 12:8

Reflect

Think about the resources you have and what you give away. Do you feel this reflects a generous nature? What is one thing you can do to increase in generosity?

Remember

Proverbs 11:24

Engage

1. Psalm 24
2. Malachi 3:7-12
3. 2 Corinthians 8:1-24
4. 2 Corinthians 9:1-14
5. Matthew 10:1-8 6:19-24

Watch

Money, Purpose, Joy - Matt Bell

Read

I Like Giving: The Transforming Power of a Generous Life by Brad Formsma

Life Group Questions

1. If God asked you to give away all of your possessions, what objection would rise up in you?

2. Read Proverbs 11:24 and Acts 20:35.
 - a. How does it feel when you give gifts or possessions to others?
 - b. Why do you think it's more blessed to give than to receive?

3. Have a look at Matthew 6:24-34
 - a. What is the relationship between generosity and faith?
 - b. How does this passage encourage you to trust God?

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Worship & Prayer • 16 June 2019 • John 4:23-24

Reflect

How would I describe my engagement in prayer and worship? What steps can I take to deepen my devotion to Jesus?

Remember

James 5:13-16

Engage

1. Psalm 146
2. Philippians 1:3-11
3. Revelation 5:8-14
4. Colossians 1:9-14
5. Acts 13:2-3

Watch

Prayer - Francis Chan

Read

The Air That I Breathe: Worship as a Way of Life by Louis Giglio

Life Group Questions

1. “If I could get a transcript of... what you prayed over this week, what would be the one thing I would see that you kept asking for?”
Francis Chan

2. Read Philippians 1:3-11
 - a. What does it show about the things Paul praised God for and the things he prayed for?
 - b. How does this shape our view of prayer and worship?

3. Read Luke 10:38-42
 - a. Who do you think you are more like in this picture - Mary or Martha?
 - b. Who would you prefer to be more like and what is one step you could take towards that?

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Organic Outreach • 23 June 2019 • Matthew 4:19

Reflect

How am I doing in outreach currently? What story can I tell of proactive outreach in the past month?

Remember

1 Peter 3:15

Engage

1. Matthew 28:18-20
2. Acts 1:4-8
3. Romans 1:16-18
4. Romans 8:1-11
5. Ephesians 3:14-21

Watch

Go Fish - Andy Stanley

Read

Organic Outreach for Ordinary People by Kevin Harney

