Caroline Mattsson – Board Member

Great News! We are now affiliated with Meals On Wheels America

The national program is a great resource for information and statistics. Did you know...

- 59% of home-delivered meals recipients are 75 or older.
- 69% are women
- 59% live alone
- 35% live at poverty level
- 46% self-report fair or poor health
- 82% take 3+ medications daily

9 out of 10 recipients say Meals on Wheels helps them feel more secure.

The spotlight shines on Kenneth and Mabel Kim. Mabel and Kenneth have been volunteers for Meals On Wheels since 1995. Both were dedicated team drivers and truly enjoyed volunteering.

Ken and Mabel had careers as teachers. Ken also served 13 years as a school board member for the Hacienda-La Puente School District. Ken also served his country in the United States Army. He was stationed in Japan in 1946 during post-war peacekeeping efforts. Ken and Mabel were also supporters and volunteers for Kiwanis.

Mabel and Ken always had a smile for all they meet. We are grateful for their service.

We want to acknowledge One West Bank in Hacienda Heights for donating 1,500 reusable bags to our meal delivery program. Thanks to Ryan Wiese and his banking team at OneWest Bank!

February 5, 2019

Here are some more memories from a Volunteer Appreciation Event at the office. Looking forward to seeing you at other future volunteer events.

Visit our new website and like our Facebook page.

mealsonwheels411.org

https://www.facebook.com/mealsonwheelsindustry/

Serving the communities of Bassett, Diamond Bar, City of Industry, Hacienda Heights, La Puente, Rowland Heights, Valinda, Walnut and West Covina
MealsOnWheels411.org, (626) 333-4570