

Consciousness Is Energy Is Matter: Activating our Quantum Power for Planetary Transformation in a Holographic Cosmos



In these extraordinary times of upheaval, many are feeling bewildered, in limbo; we have lost our accustomed reference points, and are grappling for new directions. The old stories are breaking down, revealing rot beneath the floorboards. But what do we have to replace them with? How do we forge a new future?

Underneath the clamor and chaos of conflicting and confusing narratives, there are subtle clues that point the way. They rise from the stillness, silence and space that is actually our true nature. Our calling today is to tune into that space, and birth into being the new world already contained in its potentials.

Today we know, from cutting-edge quantum physics as well as ancient sacred traditions, that consciousness, energy and matter are interchangeable, existing on a continuous spectrum. Consciousness, as the fundamental basis for all that is perceived, expresses itself as energy frequencies, which constellate as the apparent world of solid, separate bodies, objects and events, much as a movie is projected from a single stream of light. Since we ourselves exist on all three dimensions, if we can access the deeper levels of consciousness and energy within us we can transform their expression as our material reality, the “outer” world we see.

In short, we change the movie on the screen by changing what is projecting it. (In the end even the division between inner and outer, seer and seen, falls away, into that singular essence, boundless and eternal. We *are* that eternal unity, as well as its self-transformative power. To understand and embody this is the key to both our transformation and our liberation -- our highest power and highest freedom.)

This opens up a tantalizing possibility, at a time when it is much needed – when the movie appearing on the screen has become, let’s face it, one that no-one wants to see, a dystopian nightmare. Can we draw on the subtle levels of consciousness and energy within us to meet our global crises and create a healthier, just, humane, and more enlightened society? Can we cultivate our deepest connection to the ground of evolutionary possibilities, the quantum potentials, at our core, and enact those possibilities with others to transform our world from one of crisis and fragmentation to one of coherence, integrity, caring, love and regeneration, alchemizing the descending darkness through the true light of consciousness that we are?

The Secret Roots of Power and How We Can Reclaim Them: Consciousness and Energy as the Levers of Radical Social Transformation

The most powerful levers for our healing and transformation in fact lie in the inner levels of consciousness, energy and psyche. It is by tapping into these inner, invisible levels – pure unconditioned consciousness, quantum energies and bio-fields, worldview and cultural thought-forms -- that we access the deepest leverage to transform ourselves and our world, aligning our intentions with the evolutionary blueprint latent in our DNA, activating its dormant potentials into manifestation.

When confronted with harsh challenges, our instincts are for flight or fight – withdrawing completely, or meeting force with force. We see this today – and feel it – in fear and anger, distraction and denial, suppression and despair. But we can transcend these instinctive reactions, and learn to leverage the unseen powers within us that can alchemize our crises, catapulting a leap in consciousness that delivers us to a new reality, whole new dimensions of perception.

“Reality” itself is far more malleable than we think, depending on how we see it, and meet it. As Nikola Tesla famously said “If you want to find the secrets of the universe, think in terms of energy, frequency and vibration”. The world we see is made of frequencies, and as we refine and up-level our own, we open the portal to new potentials. We are entering into a quantum world, leaving behind the linear one. In this world, we are creators, not victims.

The crises we face are not just of our physical world, but a crisis of consciousness, behind it. And that crisis is not just one of breakdown, but also of transformation – a breakthrough of quantum dimensions. An extraordinary opportunity is before us, if we can consciously recognize it, and ride it to its fullest potentials. Consciousness and energy are the secret roots of our power, and now is the time to reclaim them.

By Tapping into the Quantum Powers of Consciousness and Energy, We Can Change our World

Within every atom of this creation lies consciousness and energy, including every atom and cell of our own being. These three levels – consciousness, energy and matter -- live simultaneously and superimposed within us, though most people, especially in the materialistic modern world, recognize only the latter, blind to our deeper nature and our deeper capacities. In fact, the physical and material patterns of our bodies and our world are merely outer reflections of these inner patterns of consciousness and energy. The patterns at these inner levels pre-figure and determine the outer appearance of our existence: our bodies, brains, senses and the objects and events that appear to them as our world.

Today we are starting to realize that we can access these deeper levels and therefore have far greater power over our body, brain, senses and the events/effects that occur in that world. When we join neuroscience to quantum physics, a vision emerges of how we can access that unseen field of quantum potential that underlies the events in our world. We do this through altering our brainwaves, creating whole-brain and heart-brain coherence, and activating latent DNA that hooks up our electromagnetic field with the greater Cosmic and planetary fields. Mystics, shamans and yogis have always done this intuitively, but now we are beginning to explain it with modern science and activate these powers in ourselves.

We are standing on the brink of a massive shift in our perception of “reality” -- *what we are, what our world is, and how we can affect it.*

It is fascinating that this knowledge and the powers it accords are emerging now. I believe it is because we have reached such a critical point in our evolution – a potential end-point for humanity – that we need to either develop these innate inner technologies, and reclaim our power to change our world, or be

destroyed by the dystopian outer technologies that are now being forced upon us. We will come back to this later, but first let us take a look at how these inner breakthroughs can be ignited.

A Quantum Leap from Linear to Holographic Reality

How can we accelerate that quantum leap, that will both potentize our creative powers and deliver us to our true freedom?

Evolution could be said to be the progressive widening of our perceptual frameworks, letting the light and vastness of our true nature, which encompasses all creation, shine through. Most of us live within a very narrow frame of perception, limited by both our biological and social conditioning; we see only what we have been programmed, or taught, to see. Interestingly, at this time of huge evolutionary upheaval, this narrow framing of our reality is breaking down – or rather we are at a revolutionary choice-point: either to let it completely close in on us, obliterating all our freedoms, or break it open and break free, into the wider levels of consciousness and creative potential that are our birthright and ultimate true being.

In fact an explosion in consciousness is primed now to take place, displacing our old perception of reality, both through the revelations of modern science and from within our own being. Key to this is the recognition that we are not separate, finite, merely material bodies, living briefly and departing, but part of a conscious, energetic, holographic universe, connected with, and containing within ourselves, the entirety of creation and its infinite potentials.

Just as each cell in our body contains the DNA for the creation of our whole body, so it is possible that our body, like a cell in the wider universe, contains the DNA for the whole universe, both its past and future. Indeed, we know that our body, and each cell within it, contains the cumulative evolution of all past life-forms on the planet, right from the first burst of Cosmic star-dust; and that this process is ongoing, as our latent DNA holds instructions yet to be activated in the future. It may be then that, just as our DNA enfolds and unfolds the entire evolution, past and future, of the human race, so each of us are nodes, holographically, of the greater evolution of the whole Cosmos, both its past and future. The implications of this are tremendous. Our genes contain the seeds of the genius that created – and continues to create – the entire evolution of the universe.

It means that as we unfold the latent codes of DNA within us, we co-create in the evolution of the Cosmos, including our collective and planetary evolution. Our DNA strands entrain, holographically, with the Universe's own currents, streams of energy, exchanging information – and acts of creation – between us. This means that we are far more powerful than we thought, for if we align with the greater fields of Cosmic intelligence, they have our back and propel us. We are fractals of the Whole, that contain the codes for the Whole; we are called in these extraordinary times to recognize that this is so, and in this very recognition begin to decode and unfold them.

So what are the conditions that activate these codes into manifestation? How do we unfold those latent DNA strands and hook up with the tapestry of the ever-unfolding Cosmos?

How Heart-Brain Coherence Activates our DNA, Spins Consciousness into Matter, and Ignites our Quantum Powers of Transformation

Advanced quantum physics, the neurophysics of consciousness, and new cosmological discoveries are shedding new light on the conditions that activate our quantum powers to affect our world. Practices to synchronize both hemispheres of the brain and create heart-brain coherence, activating gamma waves and latent DNA, set off a holographic cascade of toroidal fractals at all scales that spin (literally “turn”) consciousness into energy and matter. Positive, coherent emotions and intentions activate these toroidal

patterns in our DNA, which in turn entrain the light photons in the energetic field and material world around us to replicate these coherent harmonious patterns at the manifest level. Thus, through a chain of energetic, psychological and biological effects we affect the world around us, including at the physical, social, ecological and even global planetary levels.

Our own internal coherence and harmony creates the same in the world around us, via the activation of our inherent DNA that holds the codes for the highest potentials of both. Contrary to what we've been taught, we do not stand in competition with the world, but oneness with it, and therefore our highest interests converge.

The way out of our evolutionary impasse, then, is actually within us, for each of us contains the evolutionary codes of the future of humanity in our latent DNA. We cannot afford to be derailed by the dystopian transhuman agenda currently being touted; we need to reclaim our power before it is too late. The urgency of this choice-point cannot be overstated, for once such a system is in power, it would crush our free will, human rights and our very humanity. Thus the opportunity of unprecedented dimensions before us is not just an opportunity, it is also an ultimatum.

The current agenda in power is global, systematic, leveraging consciousness and energy but for the wrong purposes, their own profits and world-domination. Modern technologies are being deployed, often through subliminal programming (much of it through our cell phones, social media and mainstream media, as well as ubiquitous EMF radiations), to control our brainwaves, our thoughts, feelings and behaviors. The rising technocratic new world order only intends to "augment" that direction, with brain micro-chips, "injectables" and "implantables", hooking up the entire global population to the electromagnetic frequencies and signals of the AI grid – a dystopian nightmare of total control and surveillance, from the inside out.

We need to overcome this through an even more powerful global systemic network and movement, likewise leveraging consciousness and energy, but for the good, for our liberation. This would start with the decentralization of the current systems of material power, and the re-centering of our power in our own communities and our own hearts. This power can then ripple out into a new emergent consciousness, new systems and a New Earth, of caring, love, freedom, cooperation and regeneration, igniting new creation from the deepest source of our own infinite potential, coded in our very DNA, for the highest good of humanity and the highest good of all life. If human evolution is not to be subverted into a mutated, transhuman nightmare, now is the time to make this vital quantum evolutionary leap.