

**Who am I ?
What is on my Head ?**



I am a SIKH and I believe in Sikhism.

Sikhism is:

- **FIFTH LARGEST RELIGION** in the world.
- **Originated in northern INDIA (Punjab)** about 500 years ago.
- **DISTINCT** from Islam and Hinduism.
- The word **SIKH** means **DISCIPLE** or **STUDENT**.
- **Sikhs believe in ONE GOD** and we all are disciples of God.
- Teaches **EQUALITY** of all people and to **HELP OTHERS**.

Three Principles of Sikhism:

- 1. Always remember God throughout the day.**
- 2. Work hard and honestly.**
- 3. Share what you have with the needy.**

Keeping the uncut hair is one of the five articles of faith in Sikhism, which is kept covered by a PATKA.

A PATKA, a smaller version of a Sikh turban, is usually worn by young boys. A Sikh child's patka and hair should always be treated respectfully, as they are considered articles of faith.



More info: www.LittleSikhs.com

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