The mission of the San Francisco Wellness Initiative is to improve the health, well-being, and educational outcomes of SFUSD high school students.

<table>
<thead>
<tr>
<th>Total Number of Youth Served</th>
<th>7,597 (unduplicated)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>52% of the student population (14,531 in 2016-17)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Number of Service Hours</th>
<th>56,748 hours (an average of 7.5 hours per student)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Drop-Ins</td>
<td>1,120 students visited the Wellness Program during drop-in hours on a typical day. Over the entire school year, that equals 201,312 student contacts.</td>
</tr>
</tbody>
</table>

Across the 18 Wellness Program sites, Wellness staff:

- Provided individual 1:1 services to 9,386 students (82% of the total students served).
- Offered 206 groups and clubs reaching 3,511 students (46%).
- Collaborated with 198 community agencies and universities to provide individual and group services reaching 4,095 students (53%).
- Partnered with the Student Intervention Team (SIT) and Richmond Area Multi-Services, Inc. (RAMS) to supervise 32 interns & volunteers who provided behavioral health services to over 2,925 students (39%).
- Organized over 963 health promotion activities reaching 91,134 students (duplicated).

Service Highlights

Top Five Types of Services by number of students served

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Number of Students (Duplicated)</th>
<th>Average Number of Service Hours per Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Counseling</td>
<td>3,722 (2.0 hrs*)</td>
<td></td>
</tr>
<tr>
<td>Case Management</td>
<td>3,275 (2.5 hrs*)</td>
<td></td>
</tr>
<tr>
<td>Medical Services</td>
<td>2,889 (2.6 hrs*)</td>
<td></td>
</tr>
<tr>
<td>Behavioral Health Counseling</td>
<td>2,457 (3.1 hrs*)</td>
<td></td>
</tr>
<tr>
<td>Sensitive Services</td>
<td>415 (1.1 hrs*)</td>
<td></td>
</tr>
</tbody>
</table>

Comparison of Student Demographics in School and Wellness Program Population

"I like the friendly atmosphere and it’s a safe place where students can share the things that are bothering them."

- Academy-SF @ McAteer Student

Core funding for the Wellness Programs comes from the City of San Francisco’s Children’s Fund and the Public Education Enrichment Fund (PEEF) of the San Francisco Unified School District.
The Wellness Program has given me the opportunity to express myself and my feelings, and become a stronger person mentally, physically, and emotionally.

- Thurgood Marshall Student

Top Six Neighborhoods of Students Served

- Ingleside/Excelsior, 15%
- Bayview/Hunters Point, 14%
- Sunset, 5%
- Mission/Bernal Heights, 11%
- Visitacion Valley, 10%
- Richmond District, 8%
- Other, 41%

Contact

San Francisco Wellness Initiative Team

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Chart data was obtained from the Contract Management System (CMS) managed by the San Francisco Department of Children, Youth and Their Families and CALPADS data from the California Department of Education at http://dq.cde.ca.gov/dataquest. The CALPADS and CMS information reflects data available during the 2013-14 school year.

In “The Top Five Types of Services” chart, Medical Services refers to services primarily provided by the school nurse. General Counseling refers to non-clinical counseling provided by non-licensed staff. Behavioral Health Counseling refers to clinical counseling services provided by a licensed or license-eligible counselor. Case Management refers to coordination of care to meet students’ health needs. Sensitive Services refers to reproductive health services.

In the “Comparison of Student Demographics” chart, the “Other” race/ethnicity category may include the identities American Indian, Alaska Native, Native American, Pacific Islander, Middle Eastern, or Multiracial/Multiethnic.

In the “Top Six Zip Codes” chart, the following zip codes are referenced: Ingleside/Excelsior = 94112; Bayview/Hunters Point = 94124; Mission/Bernal Heights = 94110; Sunset = 94122 & 94116; Visitacion Valley = 94134; Richmond = 94121 & 94118; and Other = all other, unknown, or missing zip codes.