

# Appamada: Circles of Care and Commitment

This map should be understood as representing not categories of people, organizational levels, hierarchical structures, or positions of rank, but domains of practice and offerings at Appamada. It suggests a path, a journey from the periphery to the center, and at the same time, from the center to the world. Everyone is always everywhere included, nourished, and warmly connected.

## Relationships and Responsibilities

Each circle has relationships and responsibilities both toward the nearest "outer" circle and the nearest "inner" circle, and all are part of the whole, connected and mutually supportive

## Boundaries

The boundaries of each circle are empty, illusional, yet they exist, even if only in the mind, and people need intention and commitment, support and willingness to cross them.

