Volunteer Role Description
Adult Program Activity Assistant

In partnership with families, SOAR365 creates life-fulfilling opportunities for individuals with disabilities, annually serving over 1,400 people and their families.

<table>
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<tr>
<th>Category of Service: Program Support</th>
<th>Time Commitment: Ongoing (Ideal commitment is 3-4 hours per week for a minimum of three months)</th>
<th>Locations: SOAR365 @ Saunders SOAR365 @ Westwood SOAR365 @ Staples Mill SOAR365 @ Camp Baker</th>
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<td>Onboarding steps: Orientation, Application, Human Rights/Policies, Interview, Background Check, TB Test, Signed Documents</td>
<td>Appropriate for: Individuals (Adults &amp; Youths 16 and older)</td>
<td>Available Shifts: Monday-Friday 9-12 and 12-3</td>
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“I have found that SOAR365 participants, employees and volunteers are some of the most lovely and attentive individuals I’ve had the pleasure to play for.”
Cameron Girard, SOAR365 Adult Program Music Volunteer

**Adult Program Description:** [https://www.soar365.org/adult-program](https://www.soar365.org/adult-program)

**Interested volunteers can choose from one of the following categories:** Computer/IPad activities, Cooking (small snacks), Game Facilitation, Gardening, Health/Wellness, Independent Living skills, Math/Money Skills, Music, Nutrition, Safety Skills, Sensory activities, Sports & Physical activities

**Volunteer duties include:**

- Assisting Adult Program Supervisor or appropriate staff in developing lesson plans and facilitating activities related to activity category
- Helping to prepare supplies and materials necessary for implementation of lessons/activities
- Providing individualized or small group attention to individuals who require assistance in order to participate with activities as requested by the Adult Program Supervisor
- Assisting with lesson/activity clean-up and transitions between activities
- Socializing in a friendly manner with program participants and helping them to have a positive experience
- Helping to ensure the safety and well-being of the program participants at all times
- Ensuring that the values of independence, preferences, and decision-making are incorporated into each activity and resisting the temptation to “help” unless help is requested
The volunteer will report directly to the Adult Programs Supervisor.

To Apply please contact:

Alison Jones-Nassar, CVA                       804-665-1214
Volunteer Engagement Manager, SOAR365         alison.jones-nassar@soar365.org