

Version 1.1  
July

# 2024 AUSCYCLING GRAVITY ENDURO STATE CHAMPIONSHIP

## TECHNICAL GUIDE



## EVENT INFORMATION

<b>Host Club</b>	Gravity Enduro South Australia
<b>Event Date</b>	Sunday, 21st July 2024
<b>Event Start Time</b>	8:30 AM
<b>Venue Address</b>	<a href="#">Eagle MTB Park - Mount Barker Rd, Leawood Gardens SA 5150</a>
<b>Parking Information</b>	Limited Parking Available
<b>Entries Closing Date &amp; Time</b>	Wed, 17 Jul 2024 7:30 PM ACST
<b>More Information</b>	<a href="https://auscycling.org.au/sa/events/2024-auscycling-gravity-enduro-sa-state-championships">https://auscycling.org.au/sa/events/2024-auscycling-gravity-enduro-sa-state-championships</a> <a href="https://www.gravityendurosa.com">https://www.gravityendurosa.com</a> <a href="https://entryboss.cc/races/21396">https://entryboss.cc/races/21396</a>

The 2024 AusCycling Gravity Enduro South Australia State Championships will be held at Eagle Mountain Bike Park on Sunday 21<sup>st</sup> of July. AusCycling would like to thank Gravity Enduro South Australia for hosting this event which will showcase the high-level Gravity Enduro riders in the state, and nation-wide.

## CATAGORIES

You should enter based on the State Championship categories not the GESA categories, a table has been provided below to assist.

There will be no Series Race Podiums or Point allocations as this is not a GESA Series round.

State Championship podiums & medals will only be awarded to South Australian permanent residents as per AusCycling General Technical Regulations 2.03.02.

<b>State Championship Category</b>	<b>Age (at 31 Dec 2024)</b>	<b>Stages</b>
Elite Men & Women	21+ years	6
Elite Under 21 Men & Women	17-20 years	6
E-Bike Elite Men & Women	19+ years	7
Masters 1 Men & Women	35 – 44 years	5
Masters 2 Men & Women	45 – 54 years	5
Masters 3 Men & Women	55 – 64 years	5
Masters 4 Men & Women	65 + years	5
Under 17 Men & Women	15-16 years	5
Under 15 Men & Women	13-14 years	4
Under 13 Men & Women	11-12 years	4

All categories are State Championship categories and therefore must have an All-Discipline or Off-Road racing AusCycling membership. Further information can be found in the Membership section below, in Section Three – Event Details.



# EVENT SCHEDULE

The schedule for the event day is as follows:

## SUNDAY 21<sup>st</sup> July

Time	Event Schedule	Location/Trails
8:30am – 9:45am	Registration	Event Village
9:45am	Rider Briefing	Event Village
10:00am	Wave 1	Elite and E-Bike (Men & Women)
10:15am	Wave 2	Elite U21 (Men & Women)
10:30am	Wave 3	All Masters (Men & Women)
10:45am	Wave 4	U17, U15 & U13 (Men & Women)
2:45pm	Tracks Close	
3:00pm	Timing Closes	
3:15pm	Timing Closed	
3:45pm	Presentations	

## START ORDER & PROCESS

Riders will be called to scrutineering no earlier than 10 minutes before the scheduled start of the race for each wave. Once riders have been scrutineered, the wave will be called when ready to leave to stage 1. Riders will start stationary at the start of the yellow tape and will be told when to go by the Race Marshall. A 30 second gap will be given between riders. A larger or shorter gap will be given upon request and is at the race marshal's discretion. Ideally riders will self-seed fastest 1st.

The typical start order is determined as follows:

Time	Category
10:00 am	Elite and E-Bike (Men & Women)
10:15 am	Elite U21 (Men & Women)
10:30 am	All Masters (Men & Women)
10:45 am	U17, U15 & U13 (Men & Women)

## PRESENTATIONS

Presentations will be conducted as soon as possible after the finish of each event. All placegetters must present to the podium immediately following their race finish. Athletes must stand on the podium in their correct attire (race kit).



# EVENT ENTRIES

## ENTRY PROCESS & COST

Rider registration for the event will be via EntryBoss.

<b>Event Entries Link</b>	<a href="https://entryboss.cc/calendar/gesa">https://entryboss.cc/calendar/gesa</a> <a href="https://entryboss.cc/races/21396">https://entryboss.cc/races/21396</a>
<b>Entries Close</b>	Wed, 17 Jul 2024 7:30 PM ACST

Fees for race entry will be outlined on the EntryBoss event portal.

**Please note:** On the day entries will not be accepted.

## MEMBERSHIP REQUIREMENTS

Riders must be covered by AusCycling insurance whilst participating in the event through either a AusCycling Off-Road Membership or AusCycling All Discipline Membership. No temporary memberships are permitted for any category in these Championships. Further information regarding AusCycling memberships can be found at the following link [AusCycling | Memberships](#)

The riders must have a valid EntryBoss account which must have the correct AusCycling membership details, including AusCycling membership number.



# RACE INFORMATION

## VENUE DETAILS

[Eagle Mountain Bike Park](#) is located southeast of Adelaide via the freeway.

Once on the freeway look out for left hand turn off to Eagle MTB Park. (only a couple of minutes up the freeway).

From there, follow Mount Barker Road to the top of the hill (looking out Inside Line flags). There is a U-turn located just past the park entrance if approaching this way. Then follow the dirt road to the quarry.

## COURSE DETAILS

*Course information will be released 7.30 PM on the Friday prior to race.*

## MEDICAL SERVICES

Paramedic personnel will be present on site with 4WD for access. Course Marshalls will be located at the start & finish of stages with basic first aid kits and radios for direct communications with the Race Director and Medical. If there is an incident, the medical staff can be reached over the two-way radio communications. In the case of a serious emergency, please call '000'.

Stirling Hospital is located 9km from Eagle MTB Park and is approximately a 11-minute drive. The hospital can be contacted on (08) 8339 0200.

## RESULTS

Results will be posted on the Gravity Enduro South Australia website [here](#). Live timing will be available after the race chips are returned. QR code available at GESA Timing Tent.

The protest period is 15 minutes after posting, after which time they become final. All protests should be conducted through the President of the Commissaire Panel.



# TECHNICAL REGULATIONS

The event will be conducted under the rules and regulations of AusCycling and the Union Cycliste Internationale (UCI). The AusCycling & UCI scale of penalties will apply. For more information, please refer to the AusCycling website [www.auscycling.org.au](http://www.auscycling.org.au) and UCI website [www.uci.org](http://www.uci.org).

## RACE PLATES

Riders will use their existing 2024 series race plates. New riders will be issued a race plate at registration. Race plates must not be cut, folded, or modified in any way.

Replacement plates for existing series participants will be \$10

## TIMING TRANSPONDERS

Riders will be issued a timing chip at registration, which is to be worn on the right wrist using the wrist strap provided. **Do not mount it on your handlebars.** Riders must activate their chip upon registration. If you don't activate it, it won't work, and you won't get any results. Practicing with the timing chip on may activate the chip and record a time. The chip is the rider's responsibility to keep safe for the duration of the race. If lost or broken, the rider will be charged for the replacement (\$150). Upon completing the course, riders must go straight to the timing tent to download their times and return their timing chip within the specified time limit for the event.

## BIKE REGULATIONS

- You may only use one bike during the event.
- Wheel rims, bike frame and fork cannot be changed. The Race Director has the discretion to prohibit unsafe or unsuitable bikes.
- All bikes must be in perfect working order.
- Bikes can be repaired during the event, but no extra time will be granted.
- Competitors are not to modify race plates.

## FEED/TECH ZONE

A designated Feed/Tech Zone will be located in the Race Village/Carpark. Feeding and Technical support may only be provided in this Zone.

## EXTREME WEATHER

The safety of the athletes, spectators, staff, and volunteers is the utmost priority when considering severe weather conditions. In all cases the event will follow the [AusCycling Extreme Weather Guidelines](#).

## COMPETITOR RESPONSIBILITIES

All participants shall:

- Follow instructions from the Event Organisers, Commissaires and Event Marshals & officials
- Employ correct etiquette and ride safely in all situations
- Be required to wear the minimum safety equipment, including appropriately approved helmet.
- Ensure that their bicycling is in good working order.



- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.

**Please Note:** POV Cameras are permitted and shall only be worn on. All riders must sign a waiver available [here](#)

## **DOPING CONTROL**

Anti-Doping Testing may be conducted at this event. It is the responsibility of the rider to ensure they are not required for testing prior to their departure post-race. A list of riders to be tested will be posted at the timing marquee. Anti-Doping facilities will be located at various locations, please see an event official or staff member for assistance on accessing these locations.

### Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships

If you are currently taking any medication, please check whether this substance is banned in or out of competition here. Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website [here](#) or by calling 13 000 27232.

### Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind.

The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes with a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.



## CONTACT INFORMATION

Gravity Enduro South Australia		
President	Cain Branston	0408 748 565
Event Manager	Joe Fairlamb	0437 272 317
Secretary	Nerissa Button	hello@gravityendurosa.com
Registration	Nicki Hacquoil	hello@gravityendurosa.com
Race Management		
President of the Commissaires' Panel (PCP)	Lorraine Schutz	
Technical Delegate		
Race Director	Jordan Littlefair	
Timing & Results Coordinator	Jason Madden	
Event Medical		
AusCycling Management		
State Operations Manager	Jake Thomas	0434 499 963
Event Operations Lead	Hayden Beelitz	0410 168 872

## FURTHER INFORMATION

For further information please contact:

### Gravity Enduro South Australia

Website: <https://www.gravityendurosa.com>

Facebook: <https://www.facebook.com/GravityEnduroSA>

Instagram: [https://www.instagram.com/gravityenduro\\_sa](https://www.instagram.com/gravityenduro_sa)

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