EMPOWER
THE CAREER TOOLS TO REACH YOUR GOALS

We help empower and support current and former ALU mothers to become job ready, to attain better jobs and to reach their career goals.

One-on-One Counseling
Meet with the Career Coordinator for career counseling and job search assistance.

Career Workshops
Attend monthly workshops on a variety topics such as resume writing, mock interviewing and career exploration.

Career Resources
Learn about job opportunities, academic resources needed for your success.

Apply for the program today!

The application form can be found on our website:
https://citymissionboston.org/a-path-to-employment

Esther Leonard, Career Coordinator, eleonard@citymissionboston.org
Program Participants will work with the Career Coordinator to create a job and a career action plan based on the participants goals and needs.

1. Meet with Career Coordinator for a minimum of 5 times within a three-month period or until they receive a job.
2. Attend every Career Development Workshop
3. Complete a Career Assessment and a Goal Statement
4. Update Resume and Cover Letter
5. Conduct 1 Mock Interviewing Session
6. Create a Job Search, and Networking Strategy Learn Mock Salary Negotiation strategies

Current and former ALU participants have access to the following career services:

- Set up a 30 minute one-one- meeting with Career Coordinator
- Attend monthly Career Development workshops
- Check out emails with job opportunities and updates

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What happens after the 5 meetings?

A minimum of 5 meetings is required to ensure that there is a consistent period of professional development. Participants can continue meeting with the career coordinator afterwards until to achieve their career goals. Inconsistent meetings lead to inconsistent results! We want you to get that job!

Can I do my 5 meetings in less than 3 months?

Participants can choose to meet once a week for 5 weeks straight or every other week for 10 weeks. The Career Coordinator is willing to work on your schedule in order to help you achieve your goals.

What if I get a job before the 5 meetings?

If participants, secure employment before or during the program, they can decide to leave the program or continue if they wish.

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