

Chi-Town Shakti Training Agreement: 200 Hour Teacher Training/Yoga Immersion

Mission Statement

We believe that yoga teacher training should be a life-changing experience. One of the first yoga schools in America, Shambhava Yoga™ has always emphasized that becoming a great teacher means becoming a great student. You don't just learn how to teach yoga here, you learn how to deepen your practice and grow. Shambhava Yoga's 200-hour, 500-hour and specialty certifications are registered with the Yoga Alliance.

At Chi-Town Shakti we provide students in the urban environment with this transformative experience while helping them learn tools for balancing yoga and their practical commitments. We are living examples of using your life as an arena for your growth along a yogic path. We hold the highest standards of training through ethical interactions, open debate and exploration, providing a crucible; or mentally, emotionally and physically safe container in which the student teacher can explore their own connection to yoga. We are not interested in making cookie cutter teachers but rather in facilitating an experience of becoming the best teacher you can be.

Objective

Chi-Town Shakti will provide a quality educational experience that prepares graduates to join the yoga teaching community and become members of the Yoga Alliance if they so choose.

Admission Requirements

Chi-Town Shakti considers an applicant to be enrolled as a trainee when they meet the following criteria:

1. Submits application
 - a. Application form is completed including photograph.
 - b. This form is signed and received.
 - c. Application fee is paid. \$100 non refundable (if the student is rejected by the studio the Application Fee is refunded in full)
2. The student receives an email confirmation of their acceptance.
3. The tuition deposit is received. \$700 non-refundable.
4. Arrangements are made for payment of tuition and other fees. (This may include the attached payment plan contract.)

Once these steps are complete the student is considered enrolled.

Course Description

Topics covered in the Chi-Town Shakti 200 hour level program exceed all the required standards set forth by Yoga Alliance in every areas described by the Alliance.

The first half of the 200-hour training builds the foundation. The curriculum includes the basics of safe and effective asana practice, anatomy, teaching methodology, and an in-depth study of 45 fundamental asanas. The second half of the training digs deeper and includes training in hands-on assists, verbal cueing, and more. Meditation, ethics, philosophy, and teaching styles are topics explored throughout the training. Through meditation, you learn to reach deeper inside and teach from a place of clarity and depth. When the training ends, you will have the tools you need to bring the practice into your life, and to help others do the same.

Attendance

You are permitted three absences from Teacher Training. If you exceed these absences no certification can be awarded. However, your continued participation may be allowed pending the decision of the training staff.

Remaining Tuition after Application Fee and Deposit

Remaining Tuition for the Shambhava Yoga™ Teacher Training after Application Fee and Deposit are made is graduated based on when you submit your Deposit.

- 6 Months prior to the Teacher Training start date \$2,100
- 3 Months prior to the start date \$2,380
- Anytime after 6 Weeks up to one Week prior to the start date \$2,800.

Enrollment closes two weeks prior to the start date.

Tuition Payment

Satisfactory arrangements for payment of tuition and other fees must be made between the student and Chi-Town Shakti prior to the student's official start date. Students utilizing a payment plan should review, sign, attach and return the Payment Plan Contract at the end of this document. Payments plans allow for monthly credit card payments dividing the student's remaining tuition over the duration of the training. Students who plan to pay in full instead should submit their remaining tuition payment via the website, check or money order two weeks prior to the session start date.

1. Application Fee of \$100 non-refundable/non-transferable

2. Deposit Fee \$700 holds your place in the training and is nonrefundable/non-transferable
3. Remaining tuition payment must be arranged prior to the session start date.

Payment Policies

1. Returned checks, auto-debit, or credit card denials subject to a \$20 return fee.
2. Those not accepted into the course by the studio will be given a full refund.
3. Payment plans do NOT alter the financial obligations undertaken by enrollment in the training and are non-refundable/ alterable/ transferable regardless of the student's completion of the program.

Tuition Provisions

1. Tuition Includes:
 - a. All Shambhava Yoga™ teacher training classes as scheduled.
 - b. Free unlimited access to studio classes during the training period (start date to graduation) provided there is space in the class. Trainees are not permitted to take the place of a paying student.
 - c. 20% discount on all workshops and special events from start date to end date.
2. Tuition does not include:
 - a. Yoga classes beyond those described above.
 - b. Required Textbooks

Rejection

An applicant rejected by the school is entitled to a refund of all fees paid.

Withdrawal

A student choosing to withdraw from the school after the session start date must provide written notice to the Aasha Elliott & Elena Tinaglia, Directors. Notice must be signed and dated by the student.

If a student is unable to complete the required training hours due to a medical emergency, prolonged illness, death in the family or other extenuating circumstance to be determined by the Director of Chi-Town Shakti, that student may be granted an exception to complete these in a future training without additional tuition. For a student who is on authorized Leave of Absence, the withdrawal date is the date the student was scheduled to return from the Leave and failed to do so.

A student will be determined to be withdrawn from the institution if the student has not attended 4 consecutive training days.

Certification will not be issued until all program requirements are met.

Textbook Fees

There is no refund for equipment, books and supplies received by the student. Any workshops or special events paid for and attended by the student are non-refundable. Textbooks can be purchased via the “Textbook” page of our website. Textbooks must be purchased prior to the first class and will be handed out at that time.

Refund Policy

Approved tuition refunds are determined as follows:

- Written withdrawal up to one month prior to the Training Start Date Full refund less the non refundable deposit and application fee.
- Written withdrawal up to two weeks prior to the Training Start Date 50% refund less the nonrefundable deposit and application fee.
- Written withdrawal anytime two weeks prior to the Training Start Date to the first day 25% refund less the nonrefundable deposit and application fee.
- Written withdrawal anytime after the first class, no refunds, credits and no transfers. Be advised that if you opted for a payment plan you will be held to your full financial obligations. No exceptions.

Any tuition refunds according to above policies will be issued within 30 days of the date of student written notification. or date of school determination (withdrawn due to absences of other criteria as specified in this document).

Scholarships:

Work Study participants are entitled to 50% off the Full Tuition (including Application Fee and Deposit) at the end of their 6 month commitment. More information about Work Study can be found on our website.

Disclaimer

Chi-Town Shakti, LLC reserves the right to amend, add, or delete classes, requirements, topics, programs, policies, tuition and/or facilities with or without prior notice. Chi-Town Shakti, LLC also reserves the right to cancel classes due to insufficient numbers of students. Enrollment agreements, informational handouts, and training manuals are prepared for the purpose of furnishing prospective students and other interested parties with information about the training program. Material contained within these sources are subject to change with or without notice and may not be regarded in the same nature of binding obligations.

Waiver of Liability

I, the undersigned student in a program offered by Chi-Town Shakti, LLC to be conducted by an instructor assigned by Chi-Town Shakti, do hereby certify that I have revealed to that instructor and to Chi-Town Shakti all pertinent information about my physical and mental health and have not been otherwise informed by a physician. I

further acknowledge that I am aware of all the risks inherent in participating in this session, including, but not limited to permanent disability, and agree to assume all of those risks.

I hereby waive all claims for injury, loss or damage of any nature (including personal property) arising out of my participation in this session or any activities incident thereto against Chi-Town Shakti its agents, employees, and volunteers as a condition of my participation in this session.

I have read and agree to the above.

Signature _____ Date _____

Media Release

I hereby grant Chi-Town Shakti and Shambhava Yoga™ permission to use my likeness in a photograph in any and all of its publications, including website entries, without payment or any other consideration. I understand and agree that these materials will become the property of Chi-Town Shakti and Shambhava Yoga™ and will not be returned. I hereby irrevocably authorize Chi-Town Shakti and Shambhava Yoga™ to edit, alter, copy, exhibit, publish or distribute this photo for purposes of publicizing Chi-Town Shakti or Shambhava Yoga’s™ programs or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph. I hereby hold harmless and release and forever discharge Chi-Town Shakti and Shambhava Yoga™ from all claims, demands, and causes of action which I, my heirs, representatives, executors, administrators, or any other persons acting on my behalf or on behalf of my estate have or may have by reason of this authorization. I am 21 years of age and am competent to contract in my own name. I have read this release before signing below and I fully understand the contents, meaning, and impact of this release.

(Signature)

(Date)

(Printed Name)

(Date)

Training Agreement

I have carefully read this agreement and fully understand its contents. I have signed this release freely and voluntarily. I hereby acknowledge receipt of Chi-Town Shakti, LLC’s enrollment agreement which contains information describing the Teacher Training Program. I have carefully read and received an exact copy of this enrollment agreement. I

understand that the School may terminate my enrollment if I fail to comply with attendance, academic and financial requirement or if I disrupt the normal activities of the Chi-Town Shakti Teacher Training Program. While enrolled in the Teacher Training Program, I understand that I must maintain satisfactory academic progress as evaluated throughout the training and that my financial obligation must be paid in full before a certificate may be awarded. I also understand that this institution does not guarantee job placement to graduates upon program/course completion or upon graduation.

Program Enrollment

I, the undersigned, here referred to as student/ trainee have read and understand this agreement. It is further understood and agreed that this agreement supersedes all other verbal or written agreements and may not be modified without the written agreement of the student and the director of Chi-Town Shakti LLC. I also understand that if I default upon this agreement I will be responsible for payment of any collection fees or attorney fees incurred by Chi-Town Shakti LLC. My signature below signifies that I have read and understand this agreement in it's entirety and recognize my legal responsibilities in regard to this contract. By submitting this agreement I recognize my intent to enroll in the program described above. I acknowledge that until I have fulfilled the application requirements described my enrollment status is pending.

Please return signed and initialed document via email to info@chi-townshakti.com
If you are unable to return by email, you may bring a hard copy to the studio. Your signed agreement MUST be received before training begins at 9:45 am on Sunday.

Name of Program: _____

Start Date of Program: _____

Printed Name of Student _____

Name of School Official: Aasha (Amanda) Elliott and Elena Tinaglia, Lead Trainers _____

Signature of Student _____

Signature of School Official _____

OPTIONAL PAYMENT PLAN:

As described in the tuition segment of this agreement, students have the option to pay Remaining Tuition in full or choose to apply for a Payment Plan.

Payment Plans are available to all students and must be submitted via this form along with this agreement in application process. They can be applied to the balance after the Application Fee and Initial Deposit.

There is an additional \$150 fee for payment plans. This fee along with the remaining balance is divided evenly into monthly payments due on the first training day of each month.

If you would like to use a Payment Plan for your Remaining Tuition please fill out the form below.

CHI-TOWN SHAKTI PAYMENT PLAN AGREEMENT revised 8/2016

HYTT Level 1 200 Hour Training

DATE: _____

STUDENT NAME: _____
(last) (first)

ADDRESS: _____

CITY/ST/ZIP: _____

TEL. # _____

I promise to pay Chi-Town Shakti all payments detailed in this payment agreement by the established deadlines. I understand that the payment agreement can be established for only one teacher training at a time. No amendments to the plan will be accepted.

No training services will be granted if the payment is not received on time. I understand and agree that failure to pay all charges by the due date will leave my account subject to a hold being placed on my account and for financial penalties, including collection and legal fees.

I understand and agree that any payments made to Chi-Town Shakti will be credited first to any delinquent charges.

I also understand that any courses dropped will not warrant a credit to my account and will not terminate this agreement nor change my regular payment amount. I understand

Student Initials: _____

and agree that withdrawal from the Teacher Training program does not release me from this payment plan obligation, any financial penalties or other collection cost.

Late fees are assessed at the time of billing for accounts that are 7 or more days past due. At 15 days past due, there will be a \$20 late fee. The late penalty indicates that your account is past due. Unless you resolve the debt immediately, Chi-Town Shakti will advance the matter to the next step in the collection process.

Once an account is 30 days past due and forwarded to collections, repayment arrangements must be made directly with the collection agency, and the account holder bears the costs associated with collection efforts. The cost associated with collection efforts is 29.87% of the outstanding balance, which can add substantial additional charges. We encourage you to make payment in a timely manner and avoid financial penalties. We encourage communication in the event of financial hardship.

The makers and endorsers of this agreement hereby waive protest, presentation, and notice of dishonor and hereby agree to remain bound for the payment of this agreement. The makers and endorsers of this agreement hereby waive the benefit of their homestead exemption as to this debt and agree to pay all expenses incurred in the collection of this agreement.

Signature of Student (required) _____

Printed Name of Student (required) _____

CHI-TOWN SHAKTI OFFICE USE ONLY:

FULL PAYMENT PLAN TOTAL AMOUNT: Tuition "A" (based on date of enrollment)
+ \$150 fee over the ten month program

Payment 1	_____	_____
Payment 2	_____	_____
Payment 3	_____	_____
Payment 4	_____	_____
Payment 5	_____	_____
Payment 6	_____	_____
Payment 7	_____	_____
Payment 8	_____	_____
Payment 9	_____	_____
Payment 10	_____	_____

APPROVED BY: _____

Student Initials: _____