CRISIS INTERVENTION HOTLINE
If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call 212-776-2177, the Crisis Intervention emergency hotline, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible.

GRAND CENTRAL FOOD PROGRAM
The Grand Central Food Program distributes meals and other items 7 days a week at the following times and places:
• 5:30-7:00pm St. Bartholomew’s Church • 108 E 51st St

SCHEDULE OF DOWNTOWN FOOD VAN
• 7:15pm 35th St under FDR Dr
• 7:30pm Lower East Side Harm Reduction (25 Allen St)
• 7:45pm Housing Court/Chinatown (Lafayette /Leonard)
• 8:00pm Staten Island Ferry
• 8:20pm Sunshine Hotel/Bowery Mission (Bowery, btw Stanton & Rivington)
• 8:30pm Union Square
• 8:45pm Madison Square Park (5th Ave & 27th St)
• 9:15pm Penn Station (NE Corner of 34th St & 8th Ave)

SCHEDULE OF UPTOWN FOOD VAN
• 7:15pm SW Corner of 51st St & Broadway
• 7:35pm Port Authority (40th St)
• 7:55pm 79th St Boat Basin (79th St & West Side Hwy)
• 8:15pm 86th St & West End Ave
• 8:30pm St. John the Divine (112th & Amsterdam Ave)
• 8:45pm Harlem Hospital (137th St & Lenox Ave)
• 9:00pm Lexington Ave & 124th St
• 9:15pm Central Park (5th Ave & 72nd St)
• 9:30pm SONY Building (55th St, Madison / 5th Ave)

SOUP KITCHENS
• St. Bartholomew’s Church • 108 E 51st St • Sun, M: 7-8:30am; M-Sun: 5:30-6:30pm; Sat: 9:30-11am • 6 to 51st St • No referral needed
• Grand Central Neighborhood • 120 E 32nd St • Daily: 6:30-7:30am; 12:15-1:15pm; 4:15-5:30pm • 6 to 33rd St • No referral needed
• The Bowery Mission • 227 Bowery • M-Sun: 8am-10am; 1pm • 6 to Spring St • No referral needed
• Holy Apostles Soup Kitchen • 296 9th Ave • Meals and social services, M-F: 10:30am-12:30pm • C/E to 23rd St • No referral needed
• New York Common Pantry • 8 E 109th St • Wed-Sat: 10am-2:30pm • 2/3 to Central Park North/110th St, 6 to 110th St • Must register first with photo ID, proof of address and proof of income/benefits
• Trinity Services & Food for the Homeless • 602 E 9th St • M-F: 11am-12pm • 6 to Astor Pl • No referral needed
• St. Joseph’s House • 36 E 1st St • M-S: 9:30 • F to 2nd Ave, 6 to Bleecker St • No referral needed
• Salvation Army Harlem Temple • 540 Lenox Ave • M-F: 10am-12:30pm • 2/3 to 135th St • No referral needed
• Broadway Community • 601 W 114th St • M, W, F: 12:30pm-1:30pm • 1 to 116th St • No referral needed
• St. Paul’s House • 335 W 51st St • M, W, F: 8:30am • C to 50th St • No referral needed

FREE MEALS AT PUBLIC SCHOOLS: MONDAY – FRIDAY 11:30am – 1:00pm
• Manhattan Acad. for Arts & Language: 111 E. 33rd St.
• Urban Academy Laboratory High School: 317 E. 67 St.
• Stephen T. Mather Blding Arts Crafts: 439 W. 49TH St.
• P.S. 111 Adolph S. Ochs: 440 W. 53rd St.
• High School for Environmental Studies: 444 W. 56th St.
• P.S. 130 Hernando De Soto: 143 Baxter St.
• P.S. 001 Alfred E. Smith: 8 Henry St.
• P.S. 002 Meyer London: 122 Henry St.
• P.S. 042 Benjamin Altman: 71 Hester St.
• M.S. 131: 100 Hester St.
• P.S. 126 Jacob August Riis: 80 Catherine St.
• Battery Park City School: 55 Battery Pl.
• School of the Future High School: 127 E. 22nd St.
• Amer. Sign Language & English Secondary Sch: 223 E. 23rd St.
• J.H.S. 104 Simon Baruch: 330 E. 21st St.
• P.S. 011 William T. Harris: 320 W. 21st St.
• High Sch. for Law, Advocacy & Comm’y Justice:122 Amstrdm Ave
• J.H.S. 054 Booker T. Washington: 103 W. 107th St.
• P.S. 163 Alfred E. Smith: 163 W. 97th St.
• Wadleigh Sch. for the Performing Arts: 215 W. 114th St.
• P.S. 036 Margaret Douglas: 123 Morningside Dr.
• Locke School of Arts and Engineering: 20 W. 112th St.
• Central Park E. High School: 1573 Madison Ave.
For full list, call 311 or visit: https://www.schools.nyc.gov/freemeals

COVID-19 Emergency Services
Manhattan Resource Guide
Updated April 6, 2020
FOOD PANTRIES

• New York Common Pantry • 8 E 109th St • Wed-Sat: 10am-2:30pm • 2/3 to Central Park North/110th St, 6 to 110th St
• Must register first with photo ID, proof of address and proof of income/benefits
• West Side Campaign Against Hunger • 263 W 86th St • Mon: 2:30-6pm; Tu-Fri: 9-1pm • 1 train to 86th St • No ID required

LEGAL SERVICES

• POTS - Part of the Solution Legal Clinic • 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117

DROP-IN CENTERS

ADULTS

• New York City Rescue Mission • 90 Lafayette St • Open daily • Women admitted 3-4:45pm • Men admitted 4-5:00pm
• 6 to Canal St
• Main Chance • 120 E 32nd St • Open 24 hours • Men & Women • 6 to 33rd St
• Antonio Olivieri Center • 257 West 30th St • A/C/E/1/2/3 to 34th St • Men & Women

YOUTH

• Safe Horizon aka Streetwork Harlem Drop-In Center 209 W 125th • (212) 695-2220 • M, Tu, Th-Sun: 12pm-4pm; Emergencies only; Intakes limited to under 18 • 2/3/A/B/C/D to 125th St
• Safe Horizon - Lower East Side Drop-In Center
33 Essex St • (646) 602-6404 • Intake: M, Tu, Th, F: 1-5pm • Intakes limited to 2 per day for 18+; no restrictions on under 18 • J/M/Z to Essex St, F to E Broadway • Ages 14-24
• Antonio Olivieri Center • 257 West 30th St • A/C/E/1/2/3 to 34th St • Men & Women

SHELTERS

SINGLE ADULT MEN

• 30th Street Men’s Shelter • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

SINGLE ADULT WOMEN

• Brooklyn Women’s Shelter (BWS) • 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave

ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN

• Adult Family Intake Center (AFIC) • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

FAMILIES WITH CHILDREN

• PATH • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

COVID-19 GUIDANCE

• If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you’re experiencing symptoms of Coronavirus.
• Please practice social distancing guidelines and keep 6 feet away from others whenever possible.
• Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.
• If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

EMERGENCY NUMBERS

• NYC Well (888) NYC-WELL
• Suicide Hotline (800) 273-8255
• SAMHSA’s Disaster Distress Helpline (800) 985-5990
• Alcoholics Anonymous (212) 647-1680
• Safe Horizon Crime Victim Hotline (212) 577-7777
• Domestic Violence Hotline (800) 621-4673