

	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
<p>Like & Follow us on social media for fun and engaging learning activities for you and your child.</p> <ul style="list-style-type: none"> • Childreach Facebook Page • Knollwood Facebook Page • Wild Child Facebook Page • Childreach on Instagram 		<p>10:00 am Songs & Stories with Lara via Knollwood FB LIVE</p> <p>11:00 am Stories with Omayra via Childreach FB page</p>	<p>10:00 am Songs + Stories with Paula & her guitar via Childreach FB page</p> <p>11:00 am Backyard Adventure with Lotus via Wild Child FB page</p>	<p>10:00 am Backyard Adventure and Story-time with Tandy via Wild Child FB page</p>	<p>10:00 am Loose parts play with Joanna via Childreach FB page</p> <p>June 5 Loose Parts June 12 Messy Play June 19 Build a Story Table</p> <p>10:00 am Music with Marg June 26 via Childreach FB page</p>	

PARENT & CHILD ACTIVITIES – Registration required.

Virtual Kitchen Pantry Science – Outdoor Edition

Join us for this **five-week session** on ZOOM to experiment and explore with your senses. You will receive a list of accessible art supplies you can source from home when you register. For parents and their children 3-6 yr. Use this [link to sign up all five weeks](#). Uncomfortable appearing on camera? You can turn your camera off. You can see us, but we cannot see you!

Monday, June 1, 10:30am – Process Art - Explore with liquid watercolour paints and use a fun technique to make art prints with natural materials!

Monday, June 8, 10:30am - Process Art - Experiment with a fun painting technique - pour painting

Monday, June 15, 10:30am – Backyard Art Project – Create and personalize a magic wand using pieces of nature you find around your backyard!

Monday, June 22, 10:30am – Magic Mud -Grab some bowls, pails, shovels, and spoons and join us outside as we explore and make magic mud pies, cakes, or muffins using real mud!

Monday, June 28, 10:30am – Edible Edition - Bring a salad lunch and your favourite teddy or stuffed animal. We will shake, shake, shake our way to a dressing, and a refreshing drink! A mix of yummy edible chemistry and fun!

Pyjama Party Story-time with Lorena & Brooke

It's a pajama party, so come in your pajamas and join Lorena & Brooke via Zoom for a special story-time before bed. For parents and their children 0-6 yr.

[Thursday, June 4 at 6:30pm](#) - Where's My Teddy? by Jez Alborough.

[Thursday, June 11 at 6:30pm](#) - Row, Row, Row Your Boat by Jane Cabrera

[Thursday, June 18 at 6:30pm](#) - Bedtime for Baby Shark by John Bajet

[Thursday, June 25 at 6:30pm](#) - Goodnight Moon by Margaret Wise Brown

Just Beginning: The First 6 Months

A 4 week program for first time moms with an infant under 6 months via Zoom. Topics include infant development, sleep and crying, infant nutrition, safety, and community resources. Registration required. [Tuesday, June 2 – 23, 10-11am.](#)

PARENT SUPPORT GROUPS & SERVICES

Young Parents Group

Are you a parent 23 years old or younger? Connect with other young **parents**, share your challenges, strengthen your parenting skills, and find support. Zoom Group. No registration required. On-line support via a private Zoom group. Email pdibbits@childreach.on.ca for more information. New parents are always welcome. **Mondays at 4 pm.**

Mother Reach

A support group for pregnant and new moms who are experiencing depression & anxiety. No registration required. On-line support via a private Zoom group. Email cborn@childreach.on.ca for more information. New Moms are always welcome. **Tuesdays & Thursdays, 1 pm**

One on One Parenting Support

Meet virtually, one on one with a Parent Support Educator via Zoom to ask your parenting questions, problem solve and gain another perspective. Arrange a time that works best for you with Paula at pdibbits@childreach.on.ca or Charity at cborn@childreach.on.ca.

Ask an Early Childhood Educator

Email or meet virtually, with a Parent Support Coach to ask questions about your child's development and learn about play-based activities you can do at home. Arrange a time that will that works best for you by emailing Marg at mshannon@childreach.on.ca, Joanna at jkata@childreach.on.ca, Omayra at oyoung@childreach.on.ca or Anne at adale@childreach.on.ca

Sleep and Your Baby

Meet virtually, one to one with Paula, a Parent Support Educator, who will help you get to know more about your baby's sleep patterns and how to respond. Email pdibbits@childreach.on.ca to arrange a time that works best for you.

Parenting Circle

Parenting is hard . . . especially when you can't even leave the house! Join other parents for a guided discussion on the ups and downs of real-life parenting. Topics will include positive discipline, mindfulness, transitions, routines, parenting as a team, and anywhere else the conversation may take us. Registration required.

[Monday, June 1, 1 – 2 pm – Terrific Toddlers](#)

[Monday, June 8, 1 – 2pm – Sharing - Do they have to do it?](#)

[Monday, June 15, 1 – 2pm – Self-Compassion](#)

[Monday, June 22, 1- 2pm – Big Emotions and Resiliency](#)

[Monday, June 29, 1 – 2pm - Body Talk](#)

Parent Café

Miss talking to other adults? Us too. Join us for coffee and conversation in our virtual Parent Cafe . Registration required.

[Wednesday, June 10, 1 - 2pm](#)

[Wednesday, June 24, 1 – 2pm](#)

Positive Discipline in Everyday Parenting – Virtual Edition

Positive discipline is an approach to parenting that teaches children and guides their behaviour while respecting their rights to healthy development and participation in their learning. Positive discipline is based in research on children's healthy development and effective parenting and founded on child rights. The course has been modified to be delivered in a virtual format, which includes watching a video online followed by coming together for facilitated group discussion via Zoom. Please watch the video prior to June 17 to prepare for the discussion.

[Wednesday, June 17, 1 – 2pm.](#)

Resource Centre & Toy Library Lending via curbside pick-up available Monday – Friday from 9 am to 12 pm. Put your items on hold at <http://library.childreach.on.ca/> or call 519-434-3644 x. 602.
