

Blog Post Titles

Click on a listing to take you to that post.

The Virus Is Getting Smarter — Not So Much For The Humans

August 2, 2024

<https://www.kohlerandlewis.com/covid-19blog/20248/2the-virus-is-getting-smarter-not-so-much-for-the-humans>

Mid Summer Safety Reminders

July 19, 2024

<https://www.kohlerandlewis.com/covid-19blog/20247/19mid-summer-safety-reminders>

For The Next Heat Wave - Or Smoke Wave

June 21, 2024

<https://www.kohlerandlewis.com/covid-19blog/20246/21/for-the-next-heat-wave-or-smoke-wave>

Health In The Workplace

May 31, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/5/31health-in-the-workplace>

Where We Are - And Where We Need To Go

May 9, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/5/9where-we-are-and-where-we-need-to-go>

Entering The Summer Slowdown (It's A Good Thing!)

April 18, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/4/18enteringthesummerslowdown>

How To Find The Good Air

March 28, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/3/28how-to-find-the-good-air>

Getting Close To The Edge Of The Woods

March 15, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/3/15getting-close-to-the-edge-of-the-woods>

A Covid-Free Solar Eclipse

February 29, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/2/29a-covid-free-solar-eclipse>

Whoops - A Double Hump?

February 9, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/2/9whoops-a-double-hump>

Over The Hump ...

January 25, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/1/25overthehump>

The Covid-19 Silent Surge Is Here

January 4, 2024

<https://www.kohlerandlewis.com/covid-19blog/2024/1/4the-covid-19-silent-surge-is-here>

A Jump Start To The Winter Surge - And A New Meter To Help

December 15, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/12/15a-jump-start-to-the-winter-surge-and-a-new-meter-to-help>

The Fourth Covid Winter

December 1, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/12/1thefourthcovidwinter>

We Gather Together - 2023 Version

November 16, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/11/14we-gather-together-2023-version>

"The Coronavirus Still Doesn't Care About Your Feelings"

November 2, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/11/2the-coronavirus-still-doesnt-care-about-your-feelings>

The Best Masks For The Immunocompromised

October 19, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/10/19-the-best-masks-for-the-immunocompromi1>

Long Covid - A Year Of Bad News

September 29, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/9/29-long-covid-a-year-of-bad-news>

Practical Steps To Healthy Fresh Air Ventilation

September 15, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/9/14-practical-steps-to-healthy-fresh-air-ventilation>

Your School Can Minimize Covid--Without Masks Or Remote Learning

August 31, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/8/31-your-school-can-minimize-covid-without-masks-or-remote-learning>

News And Views As We Approach The Fall

August 17, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/8/17-news-and-views-as-we-approach-the-fall>

The Covid-19 2023 Summer "Bump"

August 3, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/8/03-the-covid-19-2023-summer-bump>

It's All About The Air!

July 20, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/7/20-its-all-about-the-air>

Summer Tips - A/C AND Fresh Air - Wildfire Smoke Protection - A "New" Mask

July 6, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/7/5-summertips-a/candfreshair-wildfiresmoke-protection-anevmask>

It's Time To Make Good Air Quality The New Normal

June 22, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/6/22itstimetomakegoodairqualitythenewnormal>

When "Fresh" Air Is Full Of Smoke

June 8, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/6/8-when-fresh-air-is-full-of-smoke>

Flying Blind - And Low?

May 25, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/5/25-flying-blind-and-low->

The Covid-19 "Emergency" Is Over, But We Still Have Lots To Learn

May 11, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/5/11-the-covid-19-emergency-is-over-but-we-still-have-lots-to-learn>

Schools Yearning To Breathe Free

April 27, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/4/27-schools-yearning-to-breathe-free>

Singing Safely

April 17, 2023

<https://www.kohlerandlewis.com/covid-19blog/2022/4/17-singingsafely>

The Covid-19 End(emic) Game

March 31, 2023

<https://www.kohlerandlewis.com/covid-19blog/2022/3/31-the-covid-19-endemic-game>

To Avoid Covid-19, Do As They Do, Not As They Say

March 2, 2023

<https://www.kohlerandlewis.com/covid-19blog/2022/3/2-to-avoid-covid-19-do-as-they-do-not-as-they-say>

You Can Isolate And Not Spread Covid-19

February 9, 2023

<https://www.kohlerandlewis.com/covid-19blog/2022/2/9-you-can-isolate-and-not-spread-covid-19-geanc>

Here Is My Outlook On The Three Main Covid-19 Themes For 2023

January 20, 2023

<https://www.kohlerandlewis.com/covid-19blog/2022/1/20-here-is-my-outlook-on-the-three-main-covid-19-themes-for-2023>

Highlights Of The 2022 Blogs

January 5, 2023

<https://www.kohlerandlewis.com/covid-19blog/2023/1/5-highlightsofthe2022blogs>

To Slow The Surge, Pick Your Percentage

December 16, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/12/16-to-slow-the-surge-pick-your-percentage>

Low-Tech Healthy Air - "Sweet Spot" Humidity

December 1, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/12/1-low-tech-healthy-air-sweet-spot-humidity>

A Happy Healthy Thanksgiving

November 11, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/11/11-ahappyhealthythanksgiving>

Pivoting For Covid-19 Safety

October 28, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/10/28-pivotingforcovid-19safety>

Join The Ventilation Revolution

October 14, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/10/14-jointheventilationrevolution>

Covid-19 News Collection

September 29, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/9/29-covid-19newscollection>

The Pandemic Is Not Over

September 15, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/9/15-thepandemicisnotover>

Safe Airplane Flying

September 2, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/9/1-safeairplane-flying>

Can We Please Have An Intelligent New Normal?

August 18, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/8/18canwepleasehavean-intelligentnew-normal>

Finally--A Simple Way To Know If You Are Contagious

August 5, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/8/5simplewayto-knowif-youarecontagious>

Someone In The Room Has COVID-19

July 21, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/7/21someoneintheroom>

(Bad) News Roundup

July 8, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/6/30-36d4d>

Letters From Readers

June 30, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/6/30>

Avoiding A Superspreading Summer Camp

June 22, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/6/22/avoidingasuperspreadingsummercamp1>

How Not To Infect Others With Your Covid-19

June 10, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/6/10/howtonotinfectotherswithyourcovid-19>

Top Ten Covid Myths - Busted

May 31, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/5/31/toptencovidmyths-busted>

Levity And Gravity

May 20, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/5/20/levityandgravity>

Hosting A Minimal-Risk Gathering

May 10, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/5/10/hosting-a-minimal-risk-gathering>

Managing The Spring Surge

April 29, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/4/29/managing-the-spring-surge>

The Spring Surge Is Here

April 19, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/-hwtx8-2kt53-lnt52-sah68-ef29y-eapmd-rs8dp-sredh>

Comprehensive Covid-19 Testing Policy

April 7, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/-hwtx8-2kt53-lnt52-sah68-ef29y-eapmd-rs8dp>

Keeping Your Balance In The New Normal

March 29, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/-hwtx8-2kt53-lnt52-sah68-ef29y-eapmd>

"The 60-Year-Old Scientific Screwup That Helped Covid Kill"

March 21, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/-hwtx8-2kt53-lnt52-sah68-ef29y>

Three Simple Steps For The New Normal

March 10, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18-5hmd5>

One. Million. Deaths.

February 25, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/mechanicalengineeringrecommendations-hwtx8-2kt53-lnt52>

Beware Of Clear Masks

February 23, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/mechanicalengineeringrecommendations-hwtx8-2kt53>

Masks Off! (Not)

February 21, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/18/mechanicalengineeringrecommendations>

A New Way To Think About Air

February 16, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/16/mechanicalengineeringrecommendations>

When Will It Be Safe To Go Back In The Water?

February 11, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/11/mechanicalengineeringrecommendations>

BinaxNOW On The Shelf At Walgreens In Keene!

February 3, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/3/mechanicalengineeringrecommendations>

Covid-19 Testing--You're Doing It Wrong

February 2, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/2/2/mechanicalengineeringrecommendations>

Three Is The Magical Number

January 27, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/27/mechanicalengineeringrecommendations>

2022 - Interesting Times Continue!

January 21, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/21/mechanicalengineeringrecommendations>

**Do You Need A Safetulator™ Fresh Air Meter?
(includes video: “Fresh Air Meters”)**

January 20, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/20/mechanicalengineeringrecommendations>

Good News / Bad News / Future News

January 12, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/12/mechanicalengineeringrecommendations>

Air Purifiers On Sale

January 11, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/11/mechanicalengineeringrecommendations>

Our Revised Company Policy On Covid-19 Safety

January 10, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/10/mechanicalengineeringrecommendations>

**“The Latest COVID-19 Testing Worry? A Rapid Test That Can’t Detect Omicron
In The Early Days Of An Infection”**

January 7, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/7/mechanicalengineeringrecommendations>

Masks Unmasked

(includes the following 4 videos:

“Masks”

“Safetulator Fresh Air Mask”

“Modifying Mask”

“Sterilizing Masks”)

January 4, 2022

<https://www.kohlerandlewis.com/covid-19blog/2022/1/4/mechanicalengineeringrecommendations>

Good News Amid The NFL Super Spreading

December 29, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/29/mechanicalengineeringrecommendations>

An Invitation To Our Professional Friends Throughout New England

December 22, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/22/mechanicalengineeringrecommendations>

“Cancel Holiday Plans” Says A California Doctor – San Francisco Chronicle

December 21, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/21/mechanicalengineeringrecommendations>

Our Company Policy On Covid-19 Safety

December 17, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/17/mechanicalengineeringrecommendations>

New Tips For Gathering 100% Safely For The Holidays

December 16, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/16/mechanicalengineeringrecommendations>

Could We Cut Our Covid-19 Cases In Half Simply By Not Doing Indoor Restaurant Dining?

December 15, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/15/mechanicalengineeringrecommendations>

A Christmas Message

December 14, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/14/mechanicalengineeringrecommendations>

9 Omicron COVID-19 Symptoms Infectious Disease Experts Say You Shouldn't Ignore - Good Housekeeping

December 13, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/13/mechanicalengineeringrecommendations>

Simple Air Filtration Of Virus

December 10, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/10/mechanicalengineeringrecommendations>

Appendices Now Added To “Improving COVID-19 Safety Within Buildings - A Do-It-Yourself Guide For Building Operators”

December 9, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/9/mechanicalengineeringrecommendations>

They've Had To Make The Graph Taller

December 8, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/8/mechanicalengineeringrecommendations>

Early Data From South Africa Hints Omicron Variant May Cause Less Severe Covid, But More Research Is Needed - STAT

December 7, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/7/mechanicalengineeringrecommendations>

Roy's Video: The Solution To Pollution Is Dilution (includes video: “The Solution To Pollution Is Dilution”)

December 6, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/6/mechanicalengineeringrecommendations>

America's Pandemic Star Loses Some Luster - Vermont's COVID-19 Surge Could Point The Way Toward An Uncertain Endemic Future - The Atlantic

December 3, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/3/mechanicalengineeringrecommendations>

New Hampshire Leads The Nation ...

December 1, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/12/1/mechanicalengineeringrecommendations>

**What's Known And Unknown About Omicron,
The Coronavirus Variant Identified In South Africa - STAT**

November 30, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/30/mechanicalengineeringrecommendations>

**Roy's Healthy Gathering Tips For The Holidays
(includes video: "Roy's Healthy Gathering Tips for the Holidays")**

November 29, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/29/mechanicalengineeringrecommendations>

Two-Meter COVID-19 Rule Is 'Arbitrary Measurement' Of Safety - PHYS.Org

November 24, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/24/mechanicalengineeringrecommendations>

Increase In Covid-19 Hospitalizations - The Washington Post

November 18, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/18/mechanicalengineeringrecommendations>

How Does This End? Thinking About Covid And Normalcy. - The New York Times

November 15, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/15/mechanicalengineeringrecommendations>

Healthy Buildings Can Help Stop Covid-19 Spread And Boost Worker Productivity - CNBC

November 12, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/12/mechanicalengineeringrecommendations>

Keene, NH - New Sign-Up Method For PCR Testing

November 3, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/11/3/mechanicalengineeringrecommendations>

**Only 3 States Averaging More COVID-19 Cases Now Vs. 2 Weeks Ago -
Becker's Hospital Review**

October 26, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/10/26/mechanicalengineeringrecommendations-1>

Belgium Braces For Another Surge In COVID-19 Cases - The Seattle Times

October 26, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/10/26/mechanicalengineeringrecommendations>

**Improving COVID-19 Safety Within Buildings - A Do-It-Yourself Guide For Building Operators
(includes video: "Covid-19 Fresh Air Ventilation Intro")**

October 15, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/10/14/mechanicalengineeringrecommendations>

**COVID-19 Mechanical Engineering Recommendations By Roy Swain, P.E.
(includes video: "Covid-19 Fresh Air Ventilation Intro")**

October 14, 2021

<https://www.kohlerandlewis.com/covid-19blog/2021/10/13/mechanicalengineeringrecommendations>