

## PERSONAL SURVIVAL KIT

Things to consider include:

Pocket/clasp Knife	Cutting, improvised fish hook, can opener, spearhead, screwdriver, etc
Picture frame wire or trip wire	Traps, snares, fishing trace, tying
SOL/AMK Survival Blanket	First aid, shelter, solar still, marking panel, survival advice
SG or SSG shotgun shell	Gunpowder for flash fire / starting, ball bearings for slingshot or fishing sinker
Condy's crystals	Medical, fire starting, water sterilisation and distress signal in snow
Cotton wool	Fire tinder, medical, water filtration
sewing needle (I like the curved ones)	Sewing, minor surgery, as an emergency compass and improvised fish hook
Water proof matches / disposable lighter	Fire lighting, contained illumination, sterilization of needles
Clear plastic bags	Water storage and collection (transpiration)
Condoms	Water storage, water filtration, food storage
Fishing hooks	Fishing, waterfowl capture
Fishing line (6kg)	Fishing, waterfowl capture and tying.
Signal mirror / flares	Air-to-ground recognition.
Magnifying glass	Fire-starting aid
First aid equipment	Medical use, tying, water filtration, firelighting
Flexible saw	Ground clearing, construction, cutting food.
Benadine	Medical care, water sterilisation.

Consider other items such as a compass, torch, GPS, CB radio and EPIRB / PLB can also be a bonus. But remember these things take batteries – make sure you have spares. And make it easy for yourself – when you buy these things try and get them with compatible battery sizes.