



Bug-Out Bags

A Bug-Out-Bag is an extension of your Personal Survival Kit and could be defined as a “vehicle survival kit”, “grab and go bag” or a “Get out of Dodge bag”. Regardless of what you call it, it’s the portable bag that contains all the gear you will need to survive for up to 72 hours (your personal survival kit, by contrast, is for immediate use up to 24 hours).

Your Bug-Out-Bag should be designed to provide provisions, tools, communications and first-aid to help you get through an emergency situation should it arise. It should be lightweight, durable, and portable – sounds like a backpack, right? And as per the name, and short description so far, a Bug- Out-Bag is used in a scenario where you need to grab the bag and “bug out”.

The primary purpose of a Bug-Out-Bag is to allow you to evacuate quickly if a disaster should strike. So your Bug-Out-Bag should always be stored in an easy-access location. Always leave it in exactly the same place so you know instinctively where it is in an emergency.

The bag's contents will vary according to your location and purpose. For example, if it’s for your home and you live in a flood, cyclone or bushfire prone area, the contents of your Bug-Out-Bag might be different to the bag that you keep in your vehicle for remote area touring.

Common items to consider for any Bug-Out Bag:

Food for 72 hrs (non-perishable)	Lightweight water proof jacket
Water (minimum 6 litres) in varied containers	Knives – fixed, folding and a multi tool
Cooking materials - kidney cup or Dixie set	Parachute cord – 550 cord (minimum 5 metres)
First aid kit	Roll of duct or silicone tape
Medicine for those on prescription	Copies of your birth certificate and passport
Survival flip cards	A change of lightweight clothes
Maps of the area	Combination battery and dynamo radio
Transpiration bags	Electronic rescue aids (PLB and hand-held CB)
Distress day/night flares and signal mirror	Entrenching / camp tool or machete
Emergency/micro blanket or bivvy bag	Snare wire
Shelter – tarpaulin, Army hoochie or pup tent	Compass