



Lectio Divina

Always begin by quieting yourself and asking the Holy Spirit to give you wisdom as you read God's Word.

1

Lectio - Read

Read the passage and note what word or phrase stands out to you.

2

Meditate

Read the passage. Why did the word/phrase stand out to you, how does it connect with your life?

3

Pray

Read the passage. What do you want to say to God in response? What is God calling you to do?

4

Contemplate

Rest in God's presence and contemplate what He has said and how you will respond.

